The Researcher as a Detective

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Agenda

- Acquiring Knowledge
- Scientific Method
- The Experiment
- Research Process & Idea
- Literature Search
- Critiquing the Research
- The Hypothesis



Acquiring Knowledge (C. Peirce)

- Tenacity: Repetition of information
- Authority: Experts
- Experience: Direct personal experience
- Reason and Logic



The Scientific Method

Scientific Approach (W. Wundt):

- Objective measurement of phenomenon under construction
- Ability to verify or confirm measurements made by others "ability to replicate"
- Self-correction of errors and faulty reasoning
- Exercising control to rule out the influence of unwanted factors



The Experiment

- **Experiment** An attempt to determine the cause-and-effect relations that exist in nature.
 - Involves the manipulation of an independent variable (IV), recording of changes in a dependent variable (DV), and control of extraneous variables.





The Experiment (cont.)

The three factors in more detail:

- Independent variable (IV): Factor that is directly manipulated. "causal" part
 - Two or more values (levels)
- **Dependent variable** (DV): Recorded information or results. Changes in DV are dependent on manipulation of IV.
- Extraneous variables: Factors other than IV that could influence the DV.



The Research Process

- Finding a problem or question
 - Gap in knowledge, or wonder about a relationship
- Literature review
 - Current knowledge and/or information
- Theoretical considerations
 - Current beliefs relating to problem or question



The Research Process (cont.)

- Hypothesis
 - Hypotheses that contribute to problem or question
 - Experimental hypothesis Predicted outcome of experiment
- Research design
 - Detailed plan for conducting research
- Conducting experiment
 - Data collection

The Research Process (cont.)

- Data analysis & statistical decisions
 - Validate assumptions, conduct appropriate analysis
- Decisions in terms of past research and theory
 - Interpretation of results based on theories and findings
- Preparation of research report
 - Prepare content for dissemination

The Research Process (cont.)

- Sharing your results: presentation and publication
 - Poster sessions, professional society meetings, publication
- Finding a new problem
 - Results uncover (hopefully) another problem or question

The Research Idea

 Identification of a gap in the knowledge base or an unanswered question in an area of interest.





- Similar to decisions in investing in stocks, or where to buy a home, or even at the poker table, early decisions matter most!
 - Be sure not to rush the process of developing your research idea.
 - Rushing into a research idea is among the biggest mistakes in research.



- Characteristics of a good research idea (testable):
- How *reasonably* testable are the following activities
 - Measuring neural activity while playing basketball
 - Measuring time it takes to run 100 yards
 - Measuring how someone feels after watching a video
 - Measuring neural activity while watching a video
 - Measuring ability at decision making

- Characteristics of a good research idea:
 - Likelihood of Success
 - Measuring stress related to gambling
 - Associating IQ with decision making ability
 - Associating physician fatigue and cognitive performance



Sources of Research Ideas

- <u>Nonsystematic</u> Ideas present themselves in an unpredictable manner.
 - Inspiration Ideas pop into your mind
 - Serendipity Situations where we look for one phenomenon but find something else. E.g., Pavlov's dog and classical conditioning
 - Everyday Occurrences
 - Daily encounters Observations of patient behaviors based on length of time in the waiting room.



- Sources of Research Ideas (cont.)
 - Systematic Purposeful examination of a topic
 - Past Research Review of literature
 - Based on current hypotheses
 - Somatic marker hypothesis
 - Professional lectures
 - Hearing about research or content that sparks interest



- <u>Selection of Index Terms</u>: List all relevant terms related to your topic of interest
 - E.g., Social groups: related terms include, Cadres, Cliques, Groups, Ingroup, outgroup, Reference groups, Social networks.





- What are some relevant terms for the following:
 - Memory
 - Emotion
 - Health
 - Pain





• <u>Computerize Search of the Literature</u>:

- Google scholar
- PsycINFO
- Always evaluate the Internet source!



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- <u>Obtaining Relevant Publications</u>: Obtain relevant documents
 - Reading
 - Note taking
 - Photocopying
 - Interlibrary loan

* See Reviewing the Literature document for details on documenting relevant information.



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- Integrating Results of Literature. Search:
 - Summarize articles in a consistent manner
 - Copy reference list (needed for your own reference list)
 - Introduction Why did the researchers conduct this study?
 - Methods Participants, Apparatus, Procedure
 - Results What did they find
 - Discussion What conclusions did the authors reach? What do you think about the conclusions (agree, disagree)

Critiquing Research

• Guidelines:

- Are the literature reviews within the article consistent with the research question?
- Are the research questions clearly stated? Should have a clear understanding after reading introduction.
- Are hypotheses clearly stated and appropriate?
- Are key terms defined? IV, DV, extraneous variables, details of any apparatus



• Are the IV's and their levels appropriate?

- Asking how much coffee a participant drank that morning is not as accurate as directly providing the coffee to the participant.
- Levels should relate to research question.
 - Gender & intelligence should not have three levels
- Does the DV appear to be appropriate?
 - Would GPA be a good measure of intelligence?

- Can you think of any uncontrolled variables that could influence the results?
 - The influence of diet on BMI.
 - Blood pressure and exercise
 - Test anxiety and gastrointestinal symptoms



- Did author use an appropriate design to test the specific hypothesis?
 - Compare research question with design.
- Does the Method section provide enough detail for you to replicate the research?
 - Assuming you had access to all materials



- Did researchers use appropriate sampling procedures to select participants and assign them to groups?
 - Select participants from 1 location or specific time?
 - Survey individuals at a mall on a weekday in the afternoon
 - Was the assignment to groups random?

- Sufficient number of participants?
 - Comparing intelligence of two groups would require a larger sample (typically due to effect size see effect size presentation).
 - Studying the neural activity of individuals watching emotional videos might require fewer participants.
 - Formula's are used such as G power to generate an estimate of participants needed



• Did authors report appropriate statistical results?

- Mean Average of group
- Standard Deviation (SD) Deviation from mean
- Confidence intervals
- p value
- Effect Size Amount of variance explained by the IV
 - Very Important! See Effect size presentation

- Did author appropriately interpret the results?
- Are conclusions justified by data results?
 - Did they consider other possible conclusions?
- Do all references cited in text appear in reference section?
- Were ethical procedures followed?



• Last but not least!

• Was the article easy to read or did it seem like you were reading another language?



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The Research Hypothesis

The experimenter's predicted outcome of a research project. What you believe will occur.

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Characteristics of the Research Hypothesis (cont.)

- General format of the hypothesis, If/then
 - If portion relates to IV manipulation, then portion relates to the DV changes we expect
 - If students receive candy each time they spell a word correctly, then their spelling performance will be better that that of a group who does not receive candy for each correctly spelled word.
 - What's the IV and DV in this statement?



Characteristics of the Research Hypothesis (cont.)

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<u>Principle of falsifiability</u> – Hypothesis can be considered as a scientific theory only if it can be disproved



Characteristics of the Research Hypothesis (cont.)

- Types of Reasoning Must be aware of type of reasoning when stating a hypothesis
 - Inductive logic Reasoning that proceeds from specific cases to general conclusions.
 - **Deductive logic** Reasoning that proceeds from general theories to specific cases.





Characteristics of the Research Hypothesis (cont.)

Directional vs. Non-directional

- Directional Prediction to the direction of the outcome
 - Group A will score significantly higher than group B
- Non-directional No direction is predicted.
 - Group As scores will differ significantly from group Bs





