"Neurulation"

- 'Neurulation is the process whereby neural plate forms the neural tube'
- Occurs during third to eight week of development -> Most congenital abnormalities occur during these weeks because most organs start to form in this period
 - » Step 1: Thickening of Ectoderm
- Notochord -+ Prechordal plate signal the overlying ectoderm and cause its thickening
- Thickened ectoderm -> Forms neural plate
 - Cells of the neural plate make up the neuroectoderm
 - >> Step 2: Lengthening of Neural Plate and Body Axis
 - Occurs by the phenomenon of convergent extension
- Lateral to medial movement of cells in the plane of ectoderm and mesoderm takes places

- Regulated by signaling through planar cell polarity pathways
- If VINGL gene is defected, normal planar cell polarity pathways are disrupted
 - >> Step 3: Formation of Neural Folds and Neural Groove
- As neural plate lengthens -> Its lateral edges elevate to form neural folds and;
- Depressed midregion forms neural groove
 - » Step 4: Formation of Neural Tube
 - Neural folds approach each other in the midline where they fuse
 - Fusion begins in cervical region at 5th somite level
 - Neural tube formed

Step 5: Formation of Neuropores

- Before fusion is completed, two pores called neuropores are present:

- 1) Anterior Neuropore: Connected with amniotic fluid -> Closes at Day 25 If it does not close -> Anencephaly
- 2) Posterior Neuropore: Connected with secondary yolk sac -> Closes at Day 28 If it does not close -> Spina bifida (at lumbo-sacral region)