SAMPLE SCHEDULE

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|-----|---|-------|---|-----|
| | Orders open at 8:00am | Or | ders open for next w | eek - | Orders close at 5:00pm | |
| | Receive text message with your assigned delivery day for the week | Or | Pick Up at Summit Nutrition from 6:30am to 4:00pm | | Pick Up in Piedmont from 1:30pm to 3:30pm | |

^{*}Deliveries and Pick Up occur every week, this is just an example of the full order process.