



# FEEL LIKE YOU, AGAIN.

Relax. Unwind. Free yourself from the burdens of daily stress, if even only for an hour. Enjoy the rejuvenating benefits of our holistic wellness services designed to refresh your body and mind. From restorative massage therapies to luxurious, organic skin and nail care treatments, our spa technicians will pamper you in style and comfort. You will leave feeling like your true self once more.

## **HOURS**

The Spa is open 5 days a week: Friday - Tuesday from 9:30am - 6:30pm. Spa services are available from 10:00am - 5:30pm. We are closed Wednesday and Thursday.

## **FACILITIES**

Our Spa features seven treatment rooms and two couple's suites with copper soaking tubs as well as locker areas, sauna, steam rooms and outdoor area with a mineral pool, cold plunge and whirlpool.

## **RESERVATIONS**

The Spa receptionist will coordinate an experience specially for you. We encourage you to schedule appointments in advance. Walk-in appointments are always welcome based on availability.

## **ARRIVAL**

Calmly approaching your appointment enhances your experience. We recommend arriving early to utilize the tranquil Spa facilities.

## **CANCELLATIONS**

Four hours' notice is required to cancel or reschedule an appointment. With less than four hours' notice, and no-show for appointment, guests will be charged 100% of the treatment fee.

## **AGE REQUIREMENTS**

You must be 21 years of age or older to enjoy our Spa treatments and facilities.

# CHUMASH MASSAGE THERAPY COLLECTION

## **CBD MASSAGE**

Enjoy a deep sense of relaxation using CBD massage oil. This non-psychoactive element helps alleviate pain and inflammation while boosting mind and body performance and aiding in restorative sleep.

50 minutes · \$155 / 80 minutes · \$195

## **STONE MASSAGE**

Feel your energy awaken with heated Himalayan salt stones that bring relief to tight muscles and stimulate circulation, relieving aches and pains while your therapist expertly massages to further relax the body.

50 minutes · \$145 / 80 minutes · \$185

## **MATERNITY MASSAGE**

This relaxing massage is nurturing for both the mother and child. Extra attention is given for comfort as well as current stage of pregnancy.

*Please note: The Maternity Massage is available for guests once the first trimester has concluded.*

50 minutes · \$145

## **SIGNATURE COUPLES MASSAGE**

This personalized massage allows you to relax, renew and enjoy time with one another in a private couple's suite. Your therapist will incorporate a variety of therapeutic techniques to create a one-of-a-kind experience.

50 minutes · \$310 / 80 minutes · \$390

## **BODY POLISH**

Purify the skin with a full body exfoliation that sloughs away dead skin cells, leaving the skin soft and renewed. A finishing application of lotion helps soothe and moisturize your skin.

50 minutes · \$145

## **CHUMASH SIGNATURE MASSAGE**

This light to medium pressure massage is designed to improve energy levels, promote restful sleep and melt away muscle tension. This Swedish-style massage is suited to your specific needs, using gentle intensity to increase circulation, enhance lymphatic drainage and promote relaxation.

50 minutes · \$145 / 80 minutes · \$185

## **DEEP TISSUE MASSAGE**

Personalized specifically to your pressure preference, this therapeutic deep tissue massage focuses on tension, pain and chronic issues. It helps release tightness, reduce muscle pain and ensures the body feels restored while promoting muscle recovery.

50 minutes · \$155 / 80 minutes · \$195

# CHUMASH SKINCARE COLLECTION

## HYDRAFACIAL™

This advanced skincare treatment targets fine lines and wrinkles, congested skin, rosacea and hyperpigmentation. It begins with a deep cleansing and gentle exfoliation followed by extractions. Your skin is infused with serums and antioxidants as it softens the appearance of large pores and improves skin texture. LED light therapy encourages tissue growth and stimulates collagen. 80-minute option includes lymphatic drainage and Celluma Light Therapy.

50 minutes · \$195 / 80 minutes · \$225

## CHUMASH SIGNATURE FACIAL

Allow your aesthetician to address your skincare concerns in this results-oriented personalized facial. Target solutions for hyperpigmentation, dehydration, fine lines, and wrinkles. During this luxurious facial enjoy a décolleté, hand and foot massage. You will leave with brightened, cleansed and restored skin.

50 minutes · \$145 / 80 minutes · \$185

## APPLE PEEL

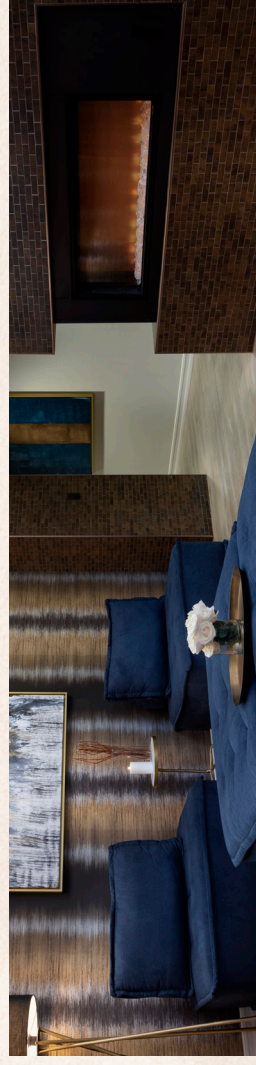
Apple peel stem cells work to protect from free radicals while exfoliation peptides rejuvenate and revitalize. The brightening power of the papaya soufflé mask will dramatically refresh your appearance.

50 minutes · \$145

## MICRODERMABRASION

An instant retexturing for your skin. A European facial is performed along with a natural diamond tipped wand to exfoliate the upper most layers of skin. Enjoy a cleanse, mask, super serums and antioxidants to restore moisture and protect healthy skin.

50 minutes · \$145



# CHUMASH EXPRESS COLLECTION

## **HEAD, NECK & SHOULDER MASSAGE**

Reduce strain, pain and fatigue with this condensed all-in-one massage focusing on the head, neck and shoulders.

25 minutes • \$75

## **FACIAL**

Renew your complexion's natural glow with the efficient facial providing a deep cleanse, exfoliation and super moisture boost that leaves the skin renewed and ready to go.

25 minutes • \$75

## **SCALP MASSAGE**

The ultimate hair and scalp treatment that leaves hair glistening and strong while promoting additional relaxation – the perfect add-on to any spa service.

25 minutes • \$75



# CHUMASH ENHANCEMENTS

## CHUMASH MASSAGE THERAPY

### LIGHT THERAPY

25 minutes · \$45

Stimulated by infrared light, reducing arthritic and muscle pain as well as releases joint stiffness.

### CBD TUB SOAK

25 minutes · \$35

The ideal boost to any massage, unwind with the healing benefits of copper and CBD. Feel your senses restored and renewed as you soak in absolute balance with mind, body and soul.

## CHUMASH SKINCARE

### LIGHT THERAPY

25 minutes · \$45

Inspired by light, this powerful low-level cell repairing LED light therapy is the perfect add-on for a boost of cell regeneration and collagen production while reducing the appearance of fine lines, wrinkles and pigmentation.

### OXYGEN INFUSION

25 minutes · \$45

A revolutionary treatment that simultaneously infuses vitamins and antioxidants directly into the skin. The hyperbaric oxygen immediately hydrates, improves firmness and leaves the skin quenched.

### COLLAGEN GLOVES

No additional time required · \$20

Perfected composition of collagen, argan oil and shea butter that leaves hands silky and soft.

### COLLAGEN SOCKS

No additional time required · \$20

Perfected for the feet, the famous trio of collagen, argan oil and shea butter leaves feet nourished and moisturized.



Welcome to Freedom

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