



Janay Harden Media Kit

Licensed Clinical Social Worker & Author Categories: YA
Thriller, Coming of Age, New Adult

Contact Janay
info@janaywrites.com

Author Bio

Janay Harden, LCSW "The StoryTelling Therapist" is a millennial mental health therapist.

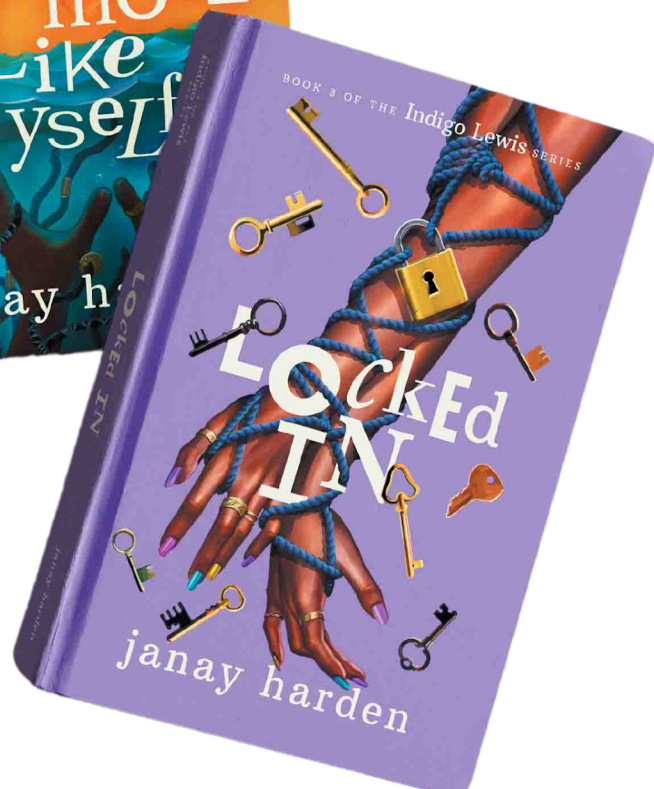
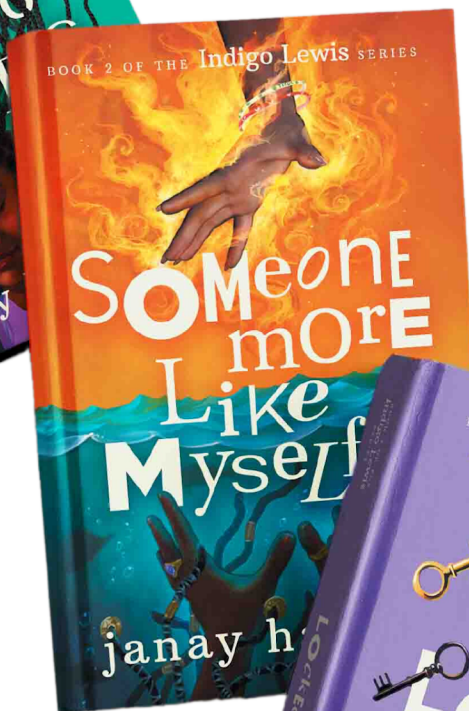
She is the CEO of Restoring Your Destiny Counseling and Consulting LLC. Janay comes with over ten years experience working in the mental health field with children, families, and schools.

Janay's love for words began when she spent hours reading books from the library. Her love for words was homegrown; and for years she tended to her craft until they were ready for each other.

In addition to therapy, Janay is a full-time author and she uses storytelling as a therapeutic tool to promote healing and conversation. Her main focus is on creating stories that empower and uplift women, and provide a safe space for readers to explore and process their own experiences and emotions relating to mental health.

If you enjoy stories about melanated characters navigating love, friendships, and family, please consider sticking around while Janay makes sense of the world through her collection of words.

The Indigo Lewis Series Books 1-3



Forty - Two Minutes #1 Book Bio

It wasn't until she held his remains that she knew she was in big trouble.

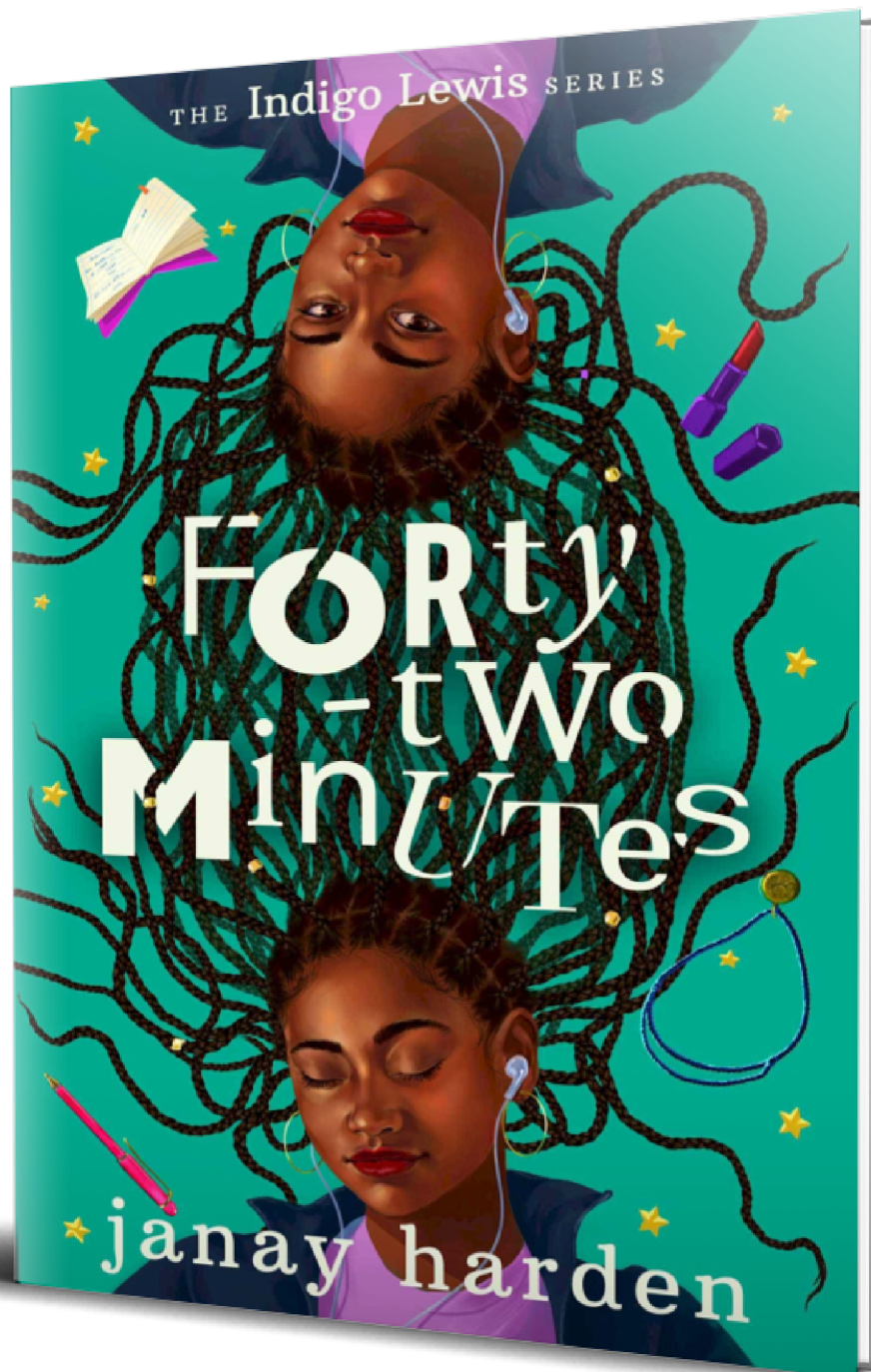
Indigo Lewis is counting down the days until *high school graduation*. As editor of the high school newspaper, she's put in her time and hopes it's enough to get her away from her troubled family life. Her father is constantly struggling to pay the bills and her mother is locked away in a mental hospital. Even with an after school job it doesn't seem like she will ever get enough money together to go to college.

Jaxon Green is a kid of wealth and privilege — ***but with a secret***. Used to gliding his way through life, he offers Indigo a simple deal: write a newspaper blog to help him get into college and he will use his family's wealth and connections to get her into college too. He promises it will be a *no-strings attached* deal to get them both what they want after high school.

Always used to pushing the envelope, Jaxon uses his position of power to get Indigo caught up in increasingly uncomfortable requests and eventually black mails her. As her deal with Jaxon spirals out of control, Indigo also learns shocking secrets about her family and begins to lose her grip with reality, and with it — her mental health.

With voices inside her head growing louder by the day, can she escape the fate of her family and allure of murder?

Book Cover



Someone More Like Myself #2 Book Bio

Dexter meets Ace of Spades in this YA thriller with an unreliable narrator battling against her own mind.

“He would pay dearly, and the price was his life”- Indigo

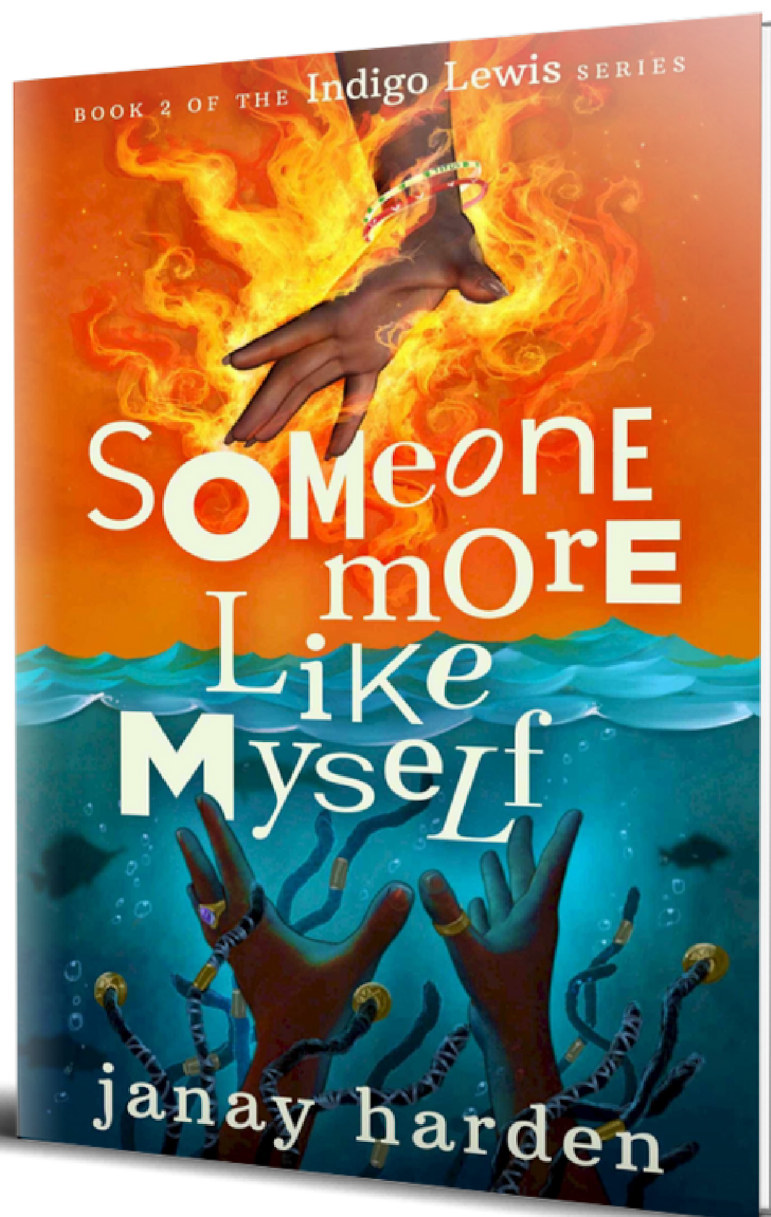
Indigo Lewis had hoped her freshman year at Titus University would be a fresh start where she could put the ugliness of her past behind her.

Then she saw him.

Mr. Chestnut; an unassuming predator, is up to his old tricks. Someone has to stop his reign of terror, and the voices assure Indigo there's no one better fit for that grisly task than her. She must divide her focus between her social life, two men who are vying for her heart that are impossible to choose between, and keeping up with the rigor of college academics.

When a horrific event rocks her family to the core, Indigo questions what means the most to her and who she has allowed herself to become. Scrutinizing her sanity, secrets are spilled and new graves are dug. Can Indigo keep her loved ones safe? Or will she lose herself to dark whispers urging her to do unspeakable things?

Book Cover



Locked In #3 Book Bio

From the best-selling author of *Hey, Brown Girl*, comes part three of a twisty, suspense-filled young adult series about grief and family with a morally gray character on the road to redemption.

Sometimes the Big Bad Wolf is you . . .

Still reeling from the death of her beloved Ez, Indigo Lewis throws herself into her work as an intern at Synergy Publishing House. Yet when a challenging co-worker, Bryce Fuller, begins threatening her family and livelihood—the voices in Indigo’s head awaken and urge her to do unspeakable things to protect them.

Fighting a losing battle with her own darkness, the arrival of a surprise visitor changes her from the hunter to the hunted. If she wants to get through her second year of college unscathed, now more than ever—she must curb the impulses tempting her to continue her murderous reign.

Caught between self-discovery and self-destruction, Indigo feels her sanity slipping. And with that, more family secrets are spilled and careless mistakes threaten to expose her true nature to both friends and foes.

In the midst of it all—she is confronted with an impossible choice.

How far will she go to protect the ones that she loves? And what will she lose in the process?

Book Cover



Hey, Brown Girl Book Bio

17-year-old Raven Jamison, and her three best friends, Nia, Jasmine, and Trinity, make up The Brown Girls Club. The girls spend long and carefree days in their bayou town of Lake Lacroix, nestled behind the big city of New Orleans.

A dinner time knock at the door abruptly changes everything.

When child protective services descend on their doorstep dropping off her younger cousin Carter, Raven is suddenly thrust into a brand new reality. Generational ties that affected the entire family for decades soon resurface. Carter's presence rips at the Jamison household, and his aggressive and shocking behaviors may prove too much to handle for this seemingly picture perfect family. Raven, her family and friends must work together to overcome their shared pain and help Carter find his voice before it's too late.

Hey, Brown Girl is a compelling and thought-provoking young adult novel about struggle, forgiveness and hope. When this Melanin rich family finds strength in their shared bonds, it's undeniable proof... love conquers all.

Book Cover



Testimonials

"I loved the twists and turns that kept me reading until 1:30 AM!! . The main character Indigo was a very well-developed character whom I fell in love with and whom I was 100% rooting for."

"Once I started this surreal and exciting adventure I could not put it down. Janay Harden is a gifted and talented author. In her writing she touches on many prevalent topics In today's society one of which was mental illnesses and their effects both on the individuals and their friends and families."

"All I can say is wow... This is a mind-blowing, fast-paced, young adult thriller, which captures the reader's attention from the very beginning, and never disappoints."

- Book Reviewers

Stay Connected with Janay

Bookbub - <https://bit.ly/3zXKont>

Goodreads - <https://bit.ly/3K53s7X>

www.facebook.com/NayWritesMelanin

Instagram - @AuthorJanay

www.naywrites.com

info@naywrites.com

856-982-7893

NayWrites

Janay Harden Books

April Showers Coming soon July 2023

From the author of #1 Best-Selling book, *Hey, Brown Girl*, Janay Harden welcomes you on a daring and romantic coming of age journey about having the guts to grow your capacity for love.

“I never knew love until I grew love.”

With a rough sophomore year behind her, April Mays is ready to start enjoying a steamy summer of relaxing in the sun and loving on her plant babies.

When an important memento is stolen from one of the tenants in her building, her brownstone complex buzzes with whodunnit accusations, secrets, and finger pointing—all at her new neighbor, Shane Walker. In the aftermath of the theft, April and Shane team up to help him clear his name. As they unearth a series of clues and list of suspects, pressure mounts and tensions in the building flare.

While interviewing their neighbors, April is plagued by past thoughts of shame and guilt following a confusing encounter with a so-called boyfriend, which left the school pointing and laughing—at her expense. April is slammed with truths about life and love amidst the chaos surrounding the theft. She finds herself hyper-focused on her past and unable to see the beauty in front of her; herself.

When the culprit is finally revealed, their brownstone is hit with unsettling truths and shocking revelations about the seemingly safe place they call home. The bombshell is too much for their tight-knit community, and learning they are all connected in more ways than one will be their ultimate test.

In the end, April will have to face her biggest challenge yet.
Learning to bloom from within.

oves? And what will she lose in the process?



one
summer.
one
love.

April
SHOWERS

JANAY HARDEN

#1 BEST-SELLING AUTHOR