

POWER GENERATION VPP WORK GROUP

Q4, 2025

November 13, 2025

Please check in on the chat function with your name, title and company. Feel free to add email



Safety Moment

Presented By:

Heather Sincak

EHS

Jackson Generation



JACKSON
Generation



FATIGUE

"IS IT DAY 50 OF THE OUTAGE?!"

FATIGUE

AN
OVERWHELMING
FEELING OF
WEARINESS,
TIREDNESS, OR
LACK OF ENERGY
THAT IS NOT
RELIEVED BY
REST; BURNT
OUT



CAUSES

Long shifts	Mental Health
Repetitive work	Physical Health
Stress (work or personal)	
Boredom	Daylight Savings
Time	
Seasonality	OTC Medicines
Poor diet	Lack of movement

Low Battery



0%

IMPACT OF FATIGUE

- Stress
- Boredom
- Situational awareness
- brain fog/memory problems
- Coordination issues
- Reduced immune system
- Reaction times
- Balance
- Impatience
- Stiffness
- Insomnia
- Strained relationships (work & personal)
- Poor work quality
- **Increased safety risks**

HOW TO COMBAT FATIGUE

- Switch tasks if employee on repetitive task
- Talk to your employees; watch your employees.
- Stress Management – Yoga, meditation, safety stand down for ice cream
- Encourage exercise, better sleep & healthy eating
- Stretching – Physical & mental
- Extra breaks





DON'T FORGET
ABOUT IT

Fatigue

THANK YOU

Heather Sincak



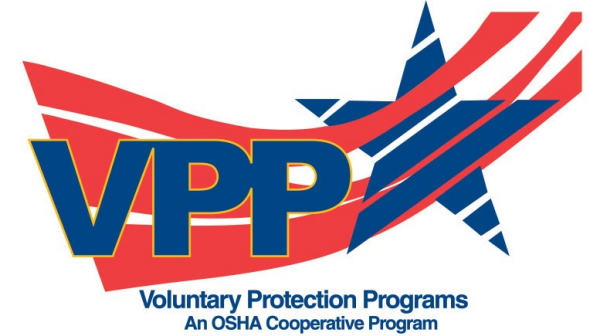
VPP Updates

Since last meeting:

New VPP Applications
Submitted or Accepted

Initial VPP Approvals

VPP Reapprovals



Special Government Employees (SGE)



Training and Opportunities

- 10 SGE training classes are scheduled through July of 2026. <https://www.osha.gov/sge/sge-training>
- SGE Opportunities – <https://www.osha.gov/sge/onsite>
- For more SGE Program Information - <https://www.osha.gov/sge>



VPP Element

Dustin Johnson

Valencia Power

Onward Energy



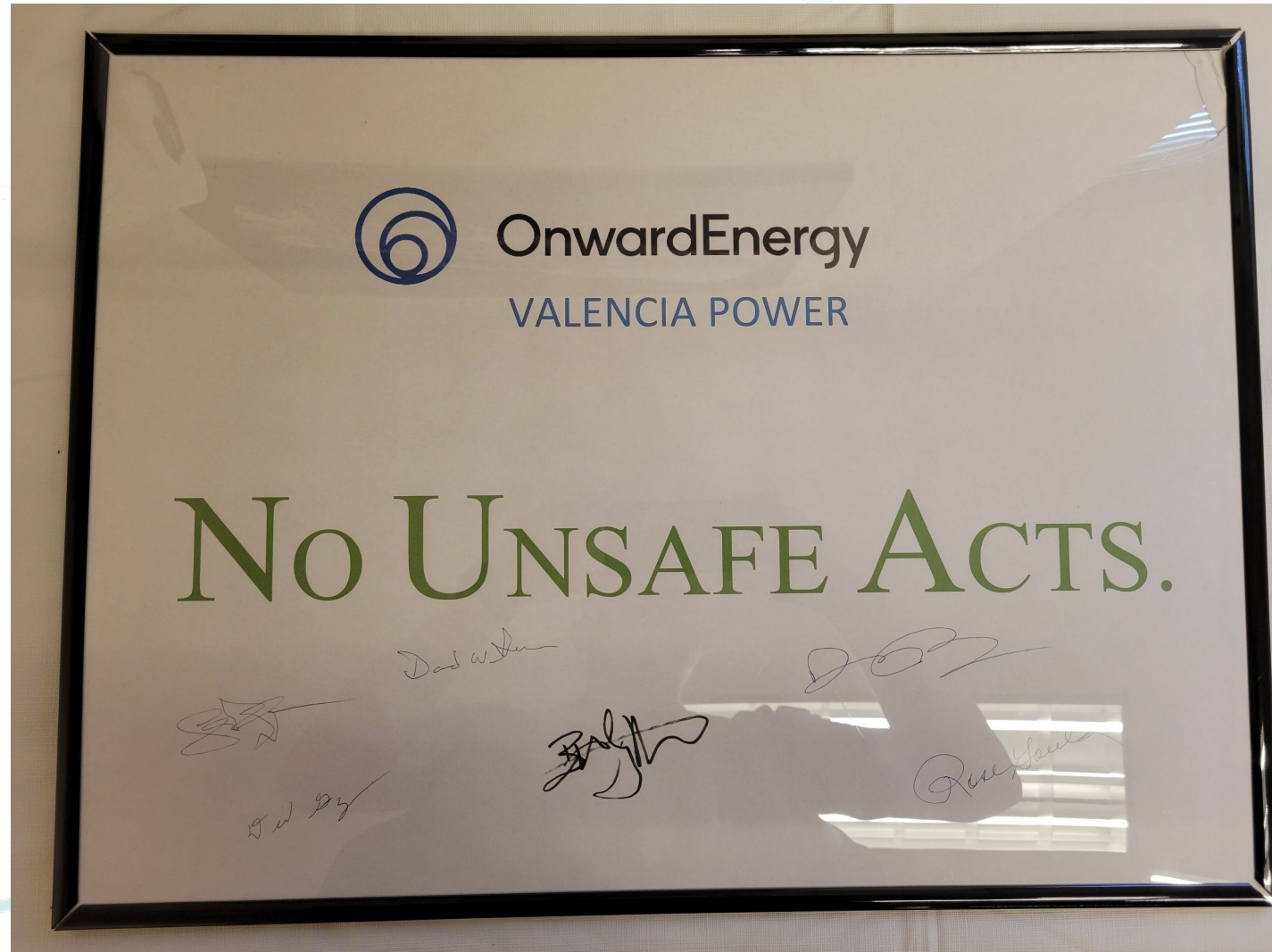
OnwardEnergy
Where renewable meets reliable.



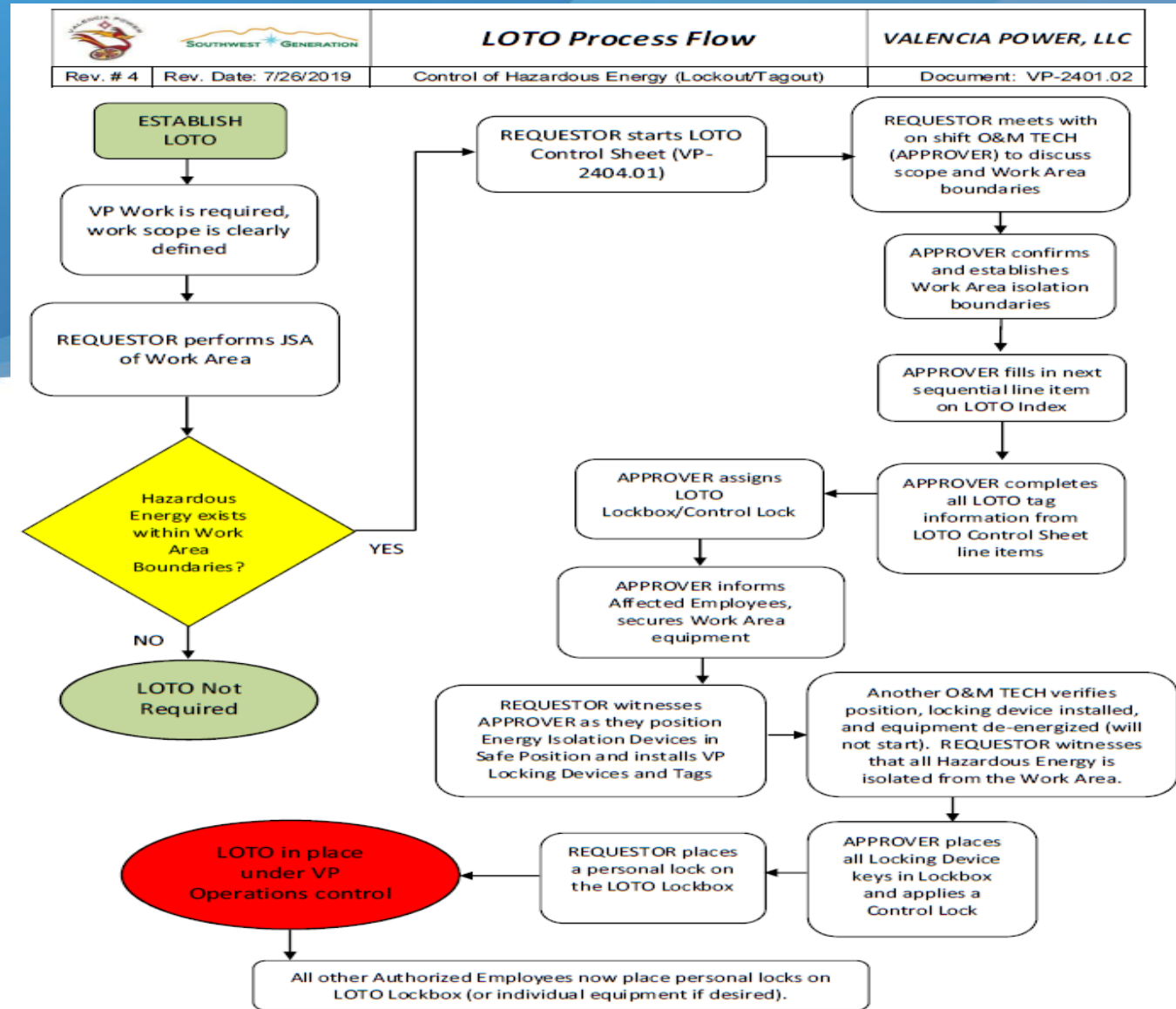
Pre-job meetings and Hazard Elimination



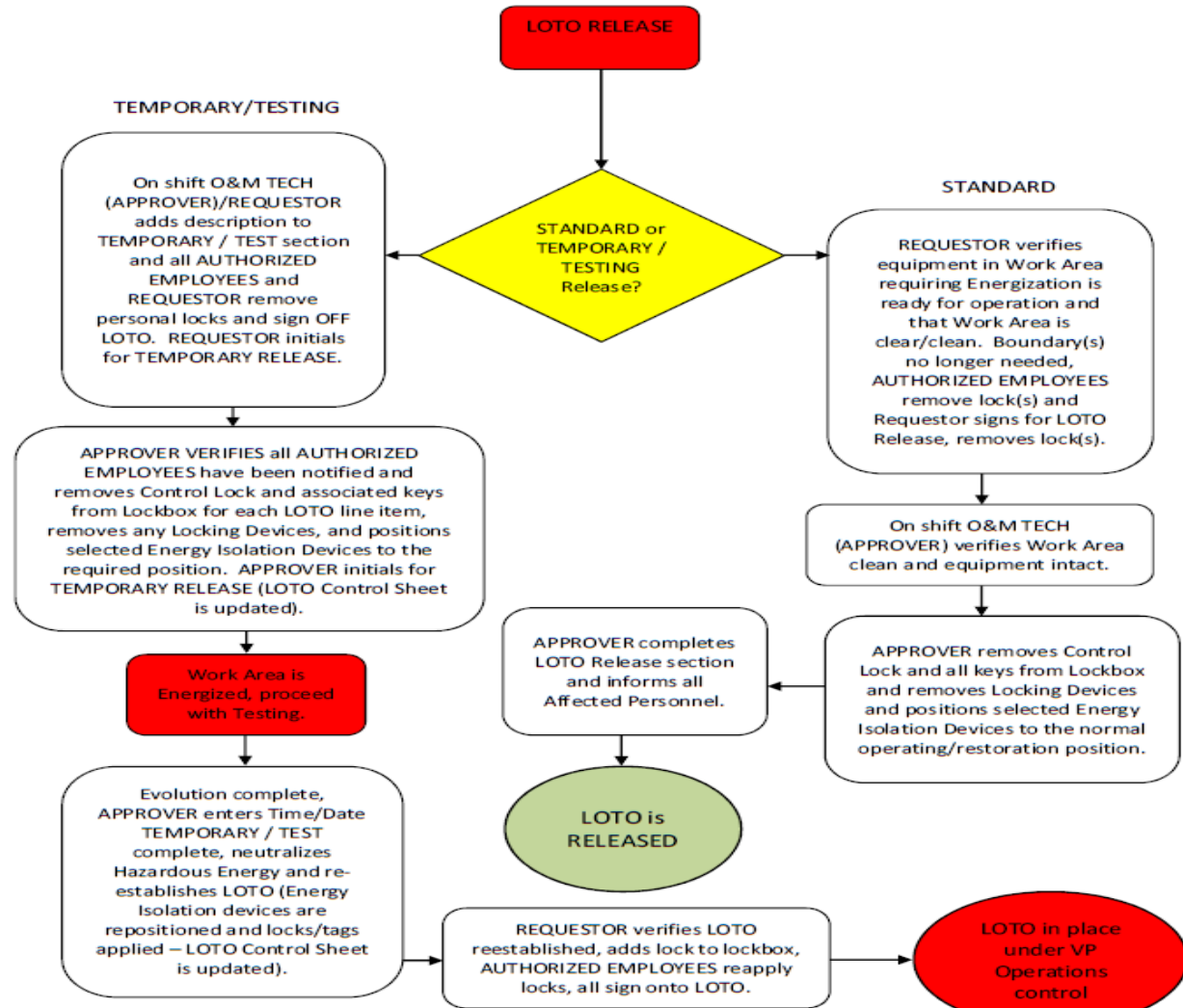
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JOB SAFETY ANALYSIS AND PPE ASSESSMENT**Title of Job/Operation:****Description of Job/Operation:****Employee(s) Name and Job Title (List all participants): Documented in M-Pulse Work Order****Personal Protective Equipment Required or Recommended:****Eye and Face Protection****Head Protection****Foot Protection****Hand Protection****Respiratory Protection****Hearing Protection****Body Protection****Other PPE****Tools and Equipment:****Training/Skills - Required or Recommended:****MSDS or Permit:**

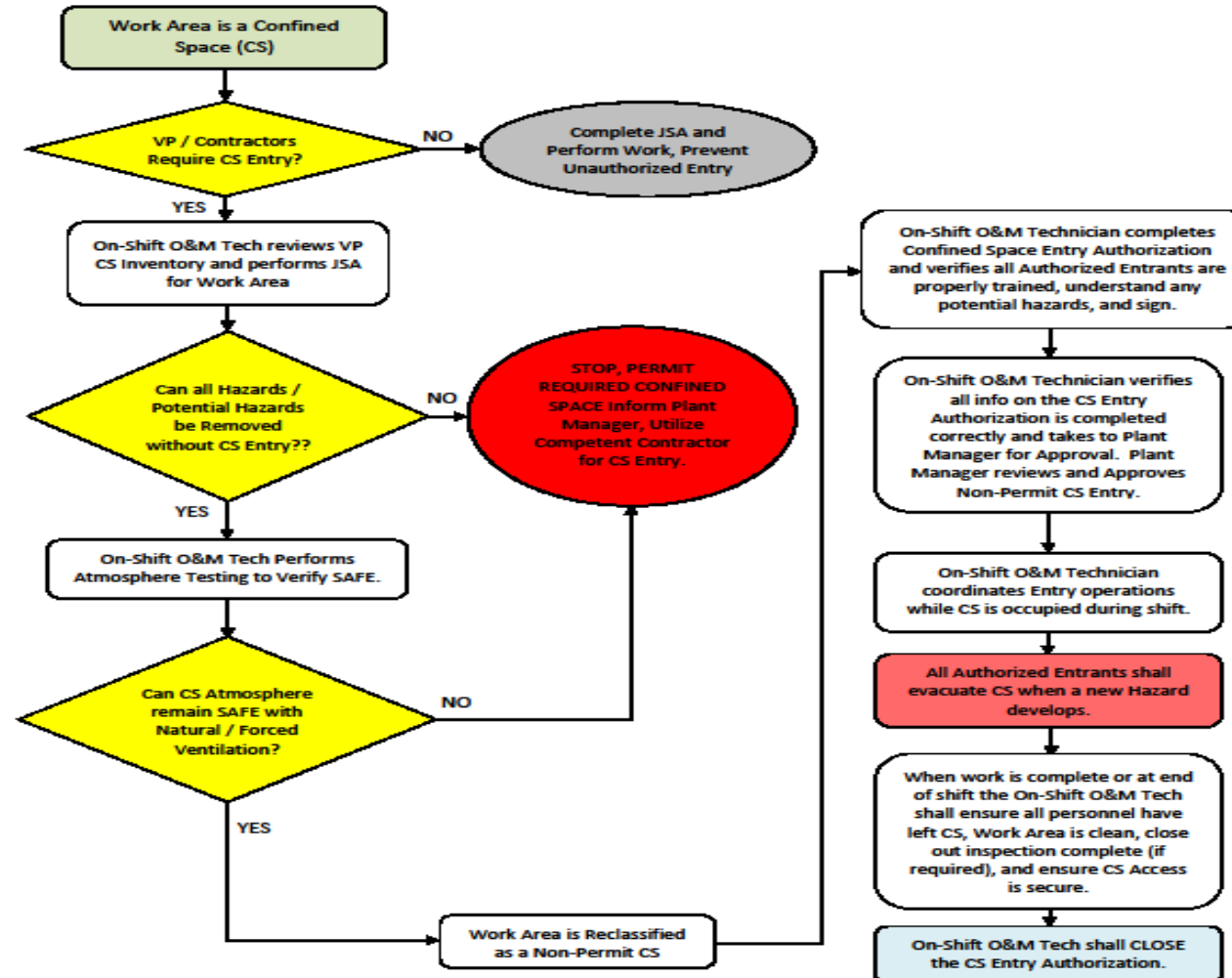


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	OnwardEnergy	Confined Space Process Flow	VALENCIA POWER, LLC
Rev. # 5	Rev. Date: 9/11/2020	Confined Space	Document: VP-2403.03



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2 MINUTE DRILL

No One Gets Hurt!

We always have time to do it safe the first time!

If you are concerned that it is unsafe,
STOP and get a fresh set of eyes!

- ✓ What are the hazards in the area?
- ✓ How could I get hurt? What could go wrong?
- ✓ Do I have the correct PPE for the job?
- ✓ Is the energy isolated properly? Verified?
- ✓ Are the proper safety barriers in place?
- ✓ Have we changed our plan or scope? (if yes, start at the beginning with a new Pre-Job Brief.)
- ✓ Are there any line of fire or body positioning risks associated with the job?
- ✓ Any other high risk activities?



Questions or Discussions???

Open Discussion

Questions?

Suggestions?

Discussion points?



Discussion Topic

Brad Masek, PE
Renewable Operations Director
ESWP Center Of Excellence

- Peer Review Group for Electrical Safe Work Practices (ESWP)



2026 VPPPA Conference Schedule

- Region 1 - May 20-21, Portland, ME
- Region 2 – More Details to Come
- Region 3 – April 26 – May 1, Williamsburg, VA
- Region 4 – June 2-4 , Mobile, AL
- Region 5 – May 4-7, Lake Geneva, WI
- Region 6 – May 18-21, Little Rock, AR
- Region 7 – More Details to Come
- Region 8 – Week of May 11, Denver, CO
- Region 9 – More Details to Come
- Region 10 – More Details to Come
- VPPPA Safety+ - Aug. 30 – Sept. 2 , Nashville, TN



2025 Meeting Schedule

~~February 13th~~

~~May 15th~~

~~August 7th~~

November 13th

2026 Planning Meeting – December 4th

Meetings are scheduled from 1430 – 1600ET
(1230 – 1400MT)

