

17. How did we start worshipping on Sunday instead of Saturday?

Constantine the Great who was emperor of Rome joined the church and became a bishop. He enacted a law that first enjoined Sunday keeping.

Note: *The earliest recognition of the observance of Sunday as a legal duty is a constitution of Constantine in 321AD, enacting that all the courts of justice, inhabitants of towns, and workshops were to be at rest on Sunday, with the exception in favour of those engaged in agricultural labour.*
- Encyclopedia Britannica 11th edition, "Sunday."

After this, other ordinances came in through human instrumentality. Most people today do not even realise that they are following a man made law first enacted in the fourth century. Is it any wonder that God said: "Remember the Sabbath day."

18. Is the Sabbath a blessing for us today? **Hebrews 4:9-11** -

Note: *The Hebrew word "Sabbath" is translated into English by the word "Rest." When we enter into God's rest by faith, we strengthen that relationship by keeping holy God's seventh day.*

19. What does Jesus say we should do if we love Him? **John 14:15** -

Conclusion: The Sabbath is a sign to His people that they may know that it is He who makes them holy. Not only is He their Creator but Saviour. We rest in the perfect and complete work that God has done for us. God did not alter or change the fourth commandment. In fact He says that if you love Me, you will obey My commandments. He wants to have a special time with us each week so He can pursue a loving relationship with us. **He longs to be a Saviour and Friend!**

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19. The Sabbath - God's Sign Of Faith

As we studied in a previous lesson we learned that the way of salvation comes only through Jesus Christ. Jesus' perfect righteousness becomes ours only through faith in Him. God has given us a special symbol that reflects not only His Creatorship but also His special relationship with us. In this lesson we will explore what the Bible teaches on this very important topic.

1. Why did God bless the seventh day and make it holy? **Genesis 2:1-3** -

Note: *God blessed the seventh day so that it would be a blessing to His creatures, then He made it holy. In other words, God proclaimed the seventh day to be a special day to continually remind man of His beginnings, his roots. God created the world in six days and then rested on the seventh day. Notice the Jewish nation had not yet been formed. God created the entire human race at this time.*

2. What day was mankind created? **Genesis 1:26-31** -

Note: *God created everything before He created man. The creation of God was a gift to Adam. Adam celebrated with God in His creation by resting or keeping that day holy. Adam did not help with creation. **However, after blessing the first Sabbath, they then celebrated together by resting on the seventh day. Notice that this was God's seventh day but it was man's first day. Man began His existence by observing God rest in the perfect and holy gift of His creation - the Sabbath which God then gave to Adam.****

3. What significance is the Sabbath upon God's creation? **Ex. 20:8-11** -

4. Does God ever change His laws or covenants? **Psalms 89:34** -

5. Did Jesus ever change God's law? **Matthew 5:17 & 18** -

6. For whom did Jesus say the Sabbath was created? **Mark 2:27** -

7. What was Jesus' relationship to the Sabbath? **Matthew 12:8** -

8. On what day did Jesus die for us? **Luke 23:52-56** -

Note: Jesus died on "preparation day" commonly referred to as "Good Friday." Jesus completed our salvation, a complete and perfect work on the 6th day just as God as our Creator also completed His creation for us on the 6th day.

9. On what day was Jesus resurrected? **John 20:1 & 2** -

Note: Jesus was resurrected on the first day or what we call "Easter Sunday." Just as God rested on the seventh day after His complete and perfect work of creation, God as Jesus once again rested on the seventh day after His complete and perfect work of salvation. Just as God gave us creation as a gift once again God gives us salvation as a gift of which we had no work or effort in helping God with.

10. What day does the Bible call Sabbath? **Luke 23:54 & 24:1** -

11. According to the Bible, what time does the Sabbath begin?

Genesis 1:5, 8, 13, 19, 23, 31 and Leviticus 23:32 -

Note: According to God, the evening and then the morning constitute a day. The setting of the sun ushers in a new day to God. Therefore the Sabbath begins at sunset on Friday evening and ends at sunset on Saturday night.

12. According to the Bible, what does the observance of the Sabbath day also indicate? **Ezekiel 20:11, 12, 19 and 20** -

13. What did God want us to call the Sabbath? **Isaiah 58:13 & 14** -

14. Did Jesus keep the Sabbath day holy? **Luke 4:16** -

15. After the death of Jesus, what day did the disciples keep holy?

Acts 13:42-44 -

Note: The same day that was Sabbath at creation is the same day we call Sabbath today. Although some calendars have been changed, there are still calendars that show Saturday as being the seventh day of the week. Any dictionary will tell us that Saturday is the seventh day of the week. If the Sabbath day had been lost between Moses' time and Jesus' time, Christ would have surely set the record straight.

16. Did Jesus think His followers would continue to keep the Sabbath after His death? **Matthew 24:20** -

Note: If God changed the day of worship from Sabbath to Sunday, why would He be concerned about the Sabbath 40 years after His death when Jerusalem was destroyed.
