



## Capability Statement

Dr. Robin Sherrod, President/CEO  
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(808) 754-0652

### Core Competencies

E3 Empowerment Solutions, LLC is dedicated to empowering individuals and organizations to reach their full potential by unlocking the insights provided by Maxwell DISC Certified Behavioral Analysis and Crucial Learning Core Strength Deployment Inventory (SDI).

- Behavioral Assessment Expertise and Training in DISC and SDI
- Effective Communication Skills
- Group Coaching and Mentoring
- Team Dynamics Insight and Conflict Resolution
- Training and Development
- Strategic thinking
- Continuous Organization Refinement

### Differentiators

#### Our Differentiators:

- Offering virtual, hybrid and in-person services that engage audiences
- Extensive Experience: With over 20 years of experience in federal civil service and 22 years as an Army veteran. Possess a deep understanding of both governmental and military environments stateside and overseas
- Leadership Excellence: As a Distinguished Toastmaster (DTM) and member of Toastmaster International™ brings exceptional communication and leadership skills.
- Certified Expertise. Affiliation with the Maxwell Leadership Certified Team, DISC Behavioral Analysis Consultant and Trainer, Strength Deployment Inventory (SDI) ensures proven leadership principles and methodologies enhancing the effectiveness of coaching and training programs.
- Proven Track Record: Successful partnership with various organizations such as Veterans Administration, United States Army Tripler Army Medical Center, Logistics Branch, The Links, Incorporated, Various churches and other civic organizations.

### Past Performance

#### Department of the Army, Family Advocacy Program

Trainer, Team Dynamics, Facilitated and Trained Behavior Analysis Assessment, Facilitated Strategic Planning, 2024

#### Department of the Army, Army Community Service, Republic of Korea

Trainer, Team Building and Team Dynamics, Facilitated Behavior Analysis Assessment, Facilitated Strategic Planning (Annual) 2020-2023

#### Army Chaplain Programs in Hawaii and Republic of Korea

Facilitated two-day Relationship Building (Strong Bonds) Retreats; Trained and Coached Ready and Resilient Families, (Quarterly) 2016-2023

#### The Links Incorporated, Honolulu, Hawaii

Trainer, Team Dynamics, Trainer, Team Building (Annual), Conducted Group Coaching Sessions 2016-2019,

#### United States Veterans Initiative in Honolulu, Hawaii

Trainer, Facilitated Life Skills, Trainer, Financial Wellness 101, Ongoing (Quarterly) 2014-2015

#### Tripler Army Medical Center, Logistics Branch, Honolulu Hawaii,

Trainer Team Building, Facilitated and Trained Behavior Analysis Assessment, 2016

References available upon requests

### Company Data

#### HISTORY

E3 Empowerment Solutions, LLC is a catalyst for transformative change within organizations that thrive through empowered leadership, innovative solutions and collaborative practices to build resilient team members and organizations maximizing human capital (federal, state, local and private).

#### Accepts Credit Cards

UEI #: WMR4S58QHN27

CAGE CODE: 0SQ00

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P.O. Box 343 | Merrifield | VA 22031

WEBSITE: E3Empowermentsolutions.com

#### NAICS Codes:

611430, 541611, 541612, 541618, 611699,  
624190