

UR Well & UPBCA Partnership

**UR
WELL**

Partnering in Health

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What are we?



Our mission is to:

- 1) Provide free and low cost high-quality preventative and health maintenance services to uninsured and underserved families and individuals in an effort to foster the health of the community of Rochester, NY while promoting the spirit of education, social justice, and collaboration.
- 2) Provide students an opportunity to apply clinical skills and gain experience in health leadership and administration.

Who are we?



3 clinics in partnership with Rochester community organizations

Volunteers:

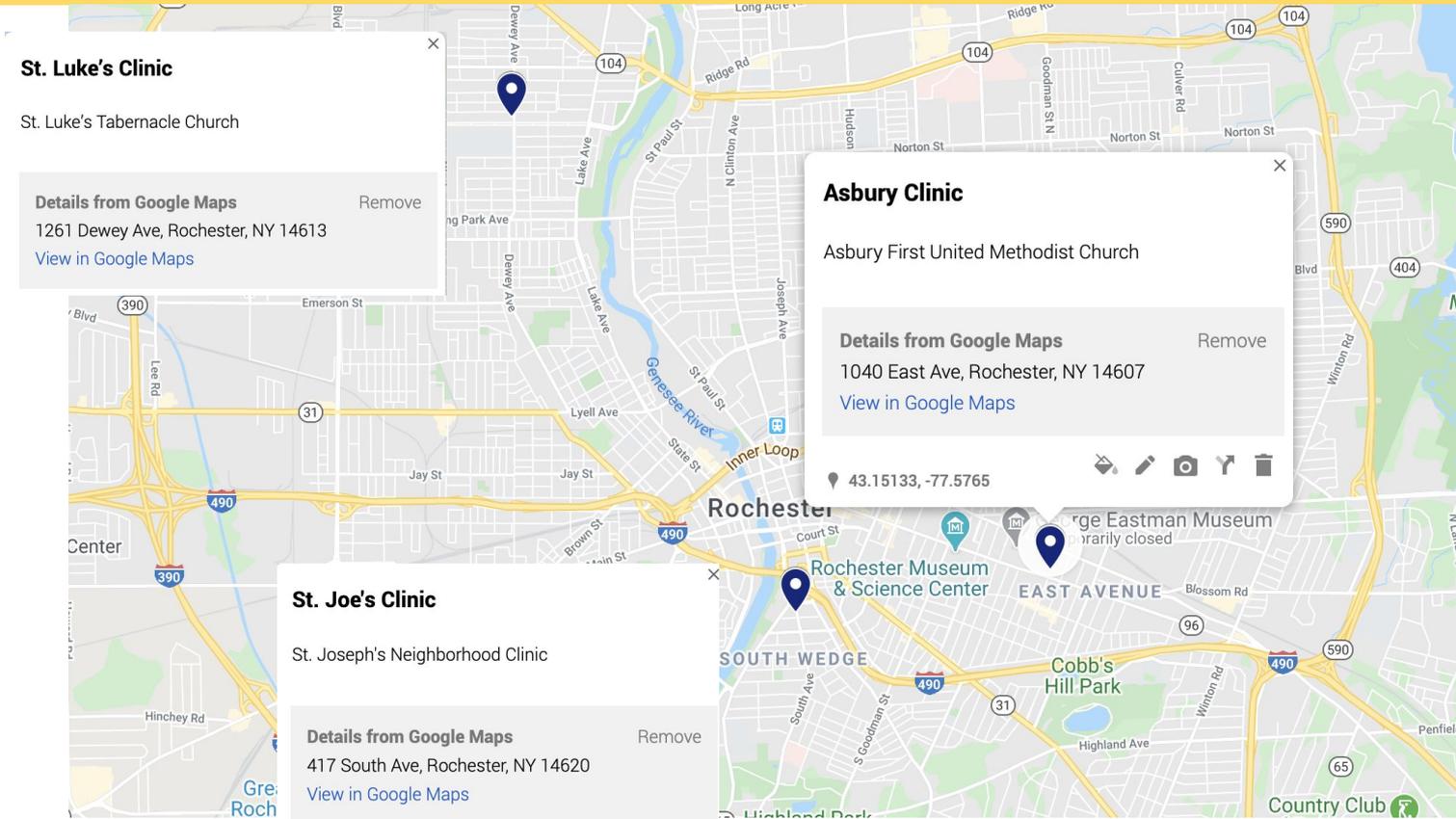
MD students (URMC)

Social work students (Nazareth College)

Pharmacy students (St. John Fisher College)

Physicians (Strong Memorial/ Golisano Children's Hospitals)

Where are the clinics?



SERVICES	ST. JOE'S LOW-COST CLINIC	ST. LUKE'S FREE CLINIC	ASBURY FREE CLINIC
Open	Tuesdays at 6 pm. Call 585-325-5260	Wednesdays at 6 pm. Walk-ins only	Thursdays at 6 pm. Walk-ins only.
Physicals	✓	✓	✓
Acute Care	✓	✓	✓
TB Skin Test (PPD)	✗	✗	✓
Specialists	Many. Call for Details	✗	Physicals Night 1 st Tuesdays of month
Address	417 South Ave. Rochester, NY	1261 Dewey Ave. Rochester, NY	1040 East Ave. Rochester, NY

What do we offer?

St. Joseph's Neighborhood Clinic

Tuesdays 6-8pm

By appointment. Call (585)-325-5260 to schedule work physicals and specialty night scheduling.

Services offered:

- Pharmacy
- Physical exams
- Screening services for hypertension, diabetes
- Ongoing care for chronic conditions
- Referrals
- Health education and preventative medicine
- Social work, social evaluations to determine patient eligibility for Medicaid programs
- **Specialty care:**
 - Neurology (1x every other month)
 - Ophthalmology (1x/ month): eye exams, vision evaluation, glaucoma and cataract management
 - Endocrinology (1x/month): diabetes and thyroid disease management
 - Orthopedics/MSK (1x/month): musculoskeletal complaints, joint injections
 - Surgery (procedures) (1x/month):
 - PM&R (1x every other month)



What do we offer?

Asbury Clinic

Every Thursday and the First Tuesday of Every Month (Physicals Night)

6pm - 8pm (sign-up starts at 5:30pm)

<https://www.asburyfirst.org/serve/urwell-clinic?id=20>

Appointments are first come, first served. Priority is given to urgent care patients except on Physicals Night (first Tuesday of the month).

Services offered:

- **Physical Exams** (fulfillment of employment/ work/ school/ athletic physical)
- **PPD testing for Tuberculosis**
- STI Testing: for Gonorrhea and Chlamydia only
- Health education and preventative medicine
- Fecal Occult Blood Tests to check for blood in stool
- **Social Work on most clinic nights**
- Flu shot
- Pregnancy tests, condoms, contraceptive information

Services not offered:

- We do not see pediatric patients (children under 18 years old)
- We do not give prescriptions for opioids (ex: Vicodin) or benzodiazepines (ex: Xanax)
- We do not offer vaccinations other than the Flu Shot
- We are not able to assess pregnancy tests or perform urine analysis tests



What do we offer?

St. Luke's Clinic

Wednesdays 6pm - 8pm (sign-up starts at 5:30pm)

Appointments are first come, first served. Priority is given to urgent care patients.

Services offered:

- **Physical exam** (fulfillment of employment/ work/ school/ athletic physical)
- Health education and preventative medicine
- **Social Work**
- **Health insurance advocate available**
- Flu shot
- To take home: Pregnancy tests, condoms, contraceptive information
- We see pediatric patients (children under 18 years old)
- **Spanish-speaking care**

Services not offered:

- We do not give prescriptions for opioids (ex: Vicodin) or benzodiazepines (ex: Xanax)
- We do not offer vaccinations other than the Flu Shot
- We do not read urine pregnancy tests or perform urine analysis tests
- We do not offer PPD testing for tuberculosis



Where to learn more and stay up to date:



1. Visit <https://urwell.org>
2. Email urwell.ursmd@gmail.com and ask to be added to the email list
3. Call clinics & leave message with name & callback number (St. Joe's: (585)-325-5260)

4.



Partnering to spread the word!



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**Uninsured or under-insured?
We're here for you.**
URWell.org




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St. Joseph's Neighborhood Center

UR WELL
Student Outreach

Asbury First United Methodist Church

St. Luke Tabernacle Community Church