Technology is often awesome and helpful, but every once in a while, it can also be an absolute curse.

Among all the curses it has brought upon humanity, this one right here is the worst of all:

## Deepfakes.

It's probably the scariest piece of tech we've encountered in a while. By leveraging the power of AI, it can literally create super realistic images and audio of anyone, anywhere.

The implications for the kinds of illegal activities that can stem from this are terrifying



You could be caught saying or doing anything that you never even thought about without ever knowing about it.

## The Concern?

Recently, various media outlets have highlighted some of the troubling aspects of deepfake technology:

• **Misinformation**: We've been witnessing a rise in the circulation of deep fake videos featuring public figures and celebrities for some time now.

Not only can these videos easily mislead viewers and create confusion, particularly during crucial moments like elections, but they can also distort reality and undermine the trust essential for informed decision-making.

This makes it increasingly difficult for the public to discern fact from fiction

- Privacy: Privacy is perhaps the most significantly impacted aspect of this issue. Without your knowledge, you could find yourself entangled in various illegal activities and complications, which is a deeply troubling thought.
- **Cyber Threats**: Remember when Apple introduced Face ID and everyone was convinced it was the best and safest security feature? That confidence seems to have faded now. It goes beyond just our phones; any system that relies on your biometrics could be at risk of infiltration if we're not cautious.

## How to Safeguard Yourself:

While the rise of this new found tech is concerning there are always measures you can take to safeguard yourself:

- Stay Informed: Knowledge is your greatest ally. By understanding the ins and outs of deepfakes and developing the skills to spot their flaws, you'll be much better equipped to avoid falling into any traps.
- Detection Tools: Platforms like <u>Deepware</u> and <u>Sensity Al</u> provide services to help spot deepfakes and assess media authenticity.
- Check Your Sources: When it comes to information, the sources are practically endless, making it easy to get caught up. Trust me, you want to avoid that! Always check every possible checkpoint.

For example, when visiting a website, ensure the connection is secure and look into the DNS settings. The same goes for emails: if you don't recognize the sender, don't hesitate to report it right away

Deepfake technology is advancing at an alarming speed, and we must stay aware of the reality that, without caution, we could easily become victims. Keep the points mentioned above in mind and protect yourself from getting caught in its traps