

Celebrate Easter, Naturally

Kid-friendly Natural Easter Egg Dye

Red/Pink	chopped beets
Orange	yellow onion skins
Blue	red/purple cabbage
Purple	blueberries (skip the vinegar)
Green/brown	spinach

Making the Dye:

- 1. Combine one quart of water and two tablespoons white vinegar in a medium pot.
- 2. Bring to a boil and add your dye ingredients.
- 3. Once boiling, lower heat and simmer for 30 minutes. Let cool.
- 4. Strain dye before adding the eggs. Once strained, let soak for at least 30 minutes. ** For a brighter color, allow the eggs to soak longer. **
- 5. Remove with tongs and pat dry.