



Learn about University of Debate's culture of engagement, responsibility, and research

## Introduction To Our Methods

The Importance of Engaging Youth while teaching Portal Debate Skills

Though we could discuss it for days, here is a quick list of how portable debate skills are essential to youth:

- Builds critical thinking skills: The process of researching, gathering evidence, and analyzing arguments in a debate helps to develop critical thinking skills, which are essential in many areas of life.
- Enhances communication skills: Debaters need to be able to articulate their ideas clearly and persuasively, which enhances their oral and written communication skills.
- Boosts confidence: Participating in debates helps young people to develop their confidence and self-esteem as they learn to express their ideas and defend their positions.
- Encourages teamwork: Debating often involves working in teams, which helps young people to develop their teamwork and collaboration skills.
- Enables informed decision-making: By learning to research and analyze arguments, young
  people become better equipped to make informed decisions about a range of issues in
  their personal and professional lives.
- Fosters empathy and understanding: Debating encourages young people to consider different perspectives and to understand the viewpoints of others, which fosters empathy and understanding.
- Prepares for leadership roles: The skills developed through debating, such as critical thinking, communication, and teamwork, are essential for success in leadership roles in many fields.

## Why we include SEL, financial and digital literacy as well as topics/themes interesting to kids

Social and Emotional Learning (SEL) and Financial Literacy are two essential skills that are crucial for the development of young people. SEL focuses on the development of social and emotional skills such as self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. These skills help young people to build strong relationships, manage their emotions, and make responsible decisions.

On the other hand, Financial Literacy is the ability to understand and manage one's finances effectively. It involves knowledge of budgeting, saving, investing, and managing debt. Financial

Literacy is important for young people because it helps them to make informed decisions about their future and avoid financial pitfalls.

When combined, SEL and Financial Literacy provide a powerful combination that can help young people to achieve their goals and become successful adults. By developing strong social and emotional skills, young people can build healthy relationships, manage stress, and make responsible decisions, which are all essential for financial success. Similarly, by developing financial literacy skills, young people can make informed decisions about their finances, avoid financial pitfalls, and achieve financial independence.

In conclusion, SEL and Financial Literacy are essential skills that are important for the
development of young people. By developing these skills, young people can build a foundation
for long-term success and achieve their full potential. Using topics/themes such as fashion,
social media, gaming and entrepreneurship motivate youth to get involved AND stay engaged!