

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES

SIZES

Regular: \$9.50

Large : 10.75

Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:

Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

224 Sugartown Road, Wayne PA 19087

Accepting CASH, Credit & Apple Pay

www.oasiscafe.life



Instagram @oasiscafe_wayne

CUSTOMER NOTICE

ITEMS HAVE BOTH A CASH

& A NON-CASH PRICE.

PAY WITH CASH AND SAVE!



Smoothies and Wraps

Menu

610-254-9797

Call to Order or Stop By!

HOURS

MONDAY- FRIDAY

8:00am-3:00pm

SATURDAY 9:00am-1:00pm

DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

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WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

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Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

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RED, WHITE & BLUEBERRY

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BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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SIZES
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Large : 10.75
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Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

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Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

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Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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custom blended
without banana by request:

DELUXE SMOOTHIES
SIZES
Regular: \$9.50
Large : 10.75
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great without banana.

**AVAILABLE MILK CHOICES:
Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! **LUNCH MENU**

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

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Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

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CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

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PEANUT BUTTER KALE

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PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

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blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

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when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES
SIZES
Regular: \$9.50
Large : 10.75
Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:
Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

224 Sugartown Road, Wayne PA 19087

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Instagram @oasiscafe_wayne

CUSTOMER NOTICE

ITEMS HAVE BOTH A CASH

& A NON-CASH PRICE.

PAY WITH CASH AND SAVE!



Smoothies and Wraps

Menu

610-254-9797

Call to Order or Stop By!

HOURS

MONDAY- FRIDAY

8:00am-3:00pm

SATURDAY 9:00am-1:00pm

DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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custom blended
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DELUXE SMOOTHIES

SIZES

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Large : 10.75

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SMOOTHIE BOOSTERS

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PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

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COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! **LUNCH MENU**

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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custom blended
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DELUXE SMOOTHIES

SIZES

Regular: \$9.50

Large : 10.75

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great without banana.

**AVAILABLE MILK CHOICES:

Oatmilk, Coconut Milk, Almond Milk,
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SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

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Source of omega-3s and fiber

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Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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Smoothies and Wraps

Menu

610-254-9797

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HOURS

MONDAY- FRIDAY

8:00am-3:00pm

SATURDAY 9:00am-1:00pm

DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES

SIZES

Regular: \$9.50

Large : 10.75

Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:

Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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HOURS

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8:00am-3:00pm

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
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SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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DELUXE SMOOTHIES
SIZES
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Large : 10.75
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**AVAILABLE MILK CHOICES:
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Orange Juice, Spring Water

SMOOTHIE BOOSTERS

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PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

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Choice of Whole Wheat or Spinach Tortilla

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CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,

cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,

avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES
SIZES
Regular: \$9.50
Large : 10.75
Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:
Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

224 Sugartown Road, Wayne PA 19087

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Instagram @oasiscafe_wayne

CUSTOMER NOTICE

ITEMS HAVE BOTH A CASH

& A NON-CASH PRICE.

PAY WITH CASH AND SAVE!



Smoothies and Wraps

Menu

610-254-9797

Call to Order or Stop By!

HOURS

MONDAY- FRIDAY

8:00am-3:00pm

SATURDAY 9:00am-1:00pm

DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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SIZES
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SMOOTHIE BOOSTERS

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PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

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MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

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PUMPKIN SEEDS or HEMP SEEDS

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SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

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WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

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Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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SIZES

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SMOOTHIE BOOSTERS

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PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

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Source of omega-3s and fiber

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Natural energy booster, source of Zinc

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Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

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Add as a substitute for peanut butter

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WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

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Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

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Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES

SIZES

Regular: \$9.50

Large : 10.75

Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:

Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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Smoothies and Wraps

Menu

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HOURS

MONDAY- FRIDAY

8:00am-3:00pm

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DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
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SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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SIZES
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PLANT BASED PROTEIN (12gr)

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WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

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CALORIES : (16oz) 250 / (24oz) 300

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bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

Smoothies can be
custom blended
without banana by request:

DELUXE SMOOTHIES
SIZES
Regular: \$9.50
Large : 10.75
Select any smoothie from our menu
which currently contains banana and
we'll create a custom blend which tastes
great without banana.

**AVAILABLE MILK CHOICES:
Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

For a quick boost of green tea energy

SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

Shredded carrots & beets, cucumber and spring mix tossed with our spicy cashew dressing

CREAM CHEESE & VEGETABLES WRAP

Shredded carrots & beets, cucumber and romaine lettuce with whipped Philly cream cheese

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PAY WITH CASH AND SAVE!



Smoothies and Wraps

Menu

610-254-9797

Call to Order or Stop By!

HOURS

MONDAY- FRIDAY

8:00am-3:00pm

SATURDAY 9:00am-1:00pm

DRINK SIZES

REGULAR- 16oz \$7.50

LARGE - 24oz \$8.75

FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

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bananas & strawberries

RED, WHITE & BLUEBERRY

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BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

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Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

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Add as a substitute for peanut butter

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Choice of Whole Wheat or Spinach Tortilla

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REGULAR- 16oz \$7.50

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FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

CALORIES : (16oz) 350 / (24oz) 395

PEANUT BUTTER BANANA

peanut butter, banana & kale

PEANUT BUTTER KALE

peanut butter, banana & kale

PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

PEANUT BUTTER BLUEBERRY

peanut butter, banana & blueberries

SWEET AVOCADO SHAKE

SWEETENED WITH AGAVE or CANE SUGAR-

CHOICE OF OATMILK OR ALMOND MILK

CHOCOLATE SHAKE

cocoa powder, avocado, oatmilk

STRAWBERRY SHAKE

strawberries, avocado, oatmilk

CHOCOLATE CHIP MINT SHAKE

cocoa powder, chocolate chips,
avocado, mint, oatmilk

SWEET GREEN SMOOTHIE-no banana

Spinach, kale, avocado, oatmilk

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custom blended
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DELUXE SMOOTHIES

SIZES

Regular: \$9.50

Large : 10.75

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great without banana.

**AVAILABLE MILK CHOICES:

Oatmilk, Coconut Milk, Almond Milk,
Orange Juice, Spring Water

SMOOTHIE BOOSTERS

and ADD-INS \$1.25 each

PLANT BASED PROTEIN (12gr)

Zing Pro Protein Blend

BEE POLLEN

For seasonal allergies & energy

CHIA SEEDS OR FLAX SEEDS

Source of omega-3s and fiber

CACAO BEAN NIBS

Natural energy booster, source of Zinc

COCONUT FLAKES

Adds light coconut flavor & texture

MACA ROOT POWER

Improves energy

FRESH SPINACH

Fresh baby spinach

GRANOLA \$1.75

Oasis gluten free oatmeal granola

WHEATGRASS POWDER

organic dehydrated wheatgrass

PUMPKIN SEEDS or HEMP SEEDS

Added crunch & Great source of Zinc

MATCHA GREEN TEA POWDER

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SPROUTED ALMONDS \$1.75

Add as a substitute for peanut butter

NEW !! LUNCH MENU

WRAPS \$6.50

Choice of Whole Wheat or Spinach Tortilla

HUMMUS AVOCADO WRAP

Oasis Hummus, avocado, shredded carrots, cucumber and romaine lettuce

CASHEW VEGETABLE WRAP

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DRINK SIZES

REGULAR- 16oz \$7.50

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FRUIT SMOOTHIES

CALORIES : (16oz) 250 / (24oz) 300

STRAWBERRY BANANA

bananas & strawberries

RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

BLUEBERRY BANANA KALE

blueberries, bananas & kale

STRAWBERRY BANANA KALE

strawberries, bananas & kale

PINEAPPLE BANANA KALE

pineapple, bananas & kale

PINEAPPLE ORANGE BANANA

pineapple, orange juice, banana

STRAWBERRY ORANGE BANANA

strawberry, orange juice, banana

STRAWBERRY PINEAPPLE BANANA

strawberry, pineapple, banana

PINA COLADA

pineapple, coconut milk, banana

PINEBERRY BANANA

pineapple, blueberries, orange juice, banana

STRAWBERRY SLUSH

strawberries, spring water, cane sugar

Please choose your
drink size
when ordering!!

GREEN SMOOTHIES

GREEN SMOOTHIE

bananas, spinach & kale, spring water

PINEAPPLE BANANA KALE

Bananas, pineapple & kale

GREEN SMOOTHIE WITH ALMOND MILK

bananas, spinach & kale, almond milk

GREEN SMOOTHIE WITH OAT MILK

bananas, spinach & kale, oat milk

GREEN SMOOTHIE WITH COCONUT MILK

bananas, spinach & kale, coconut milk

KALE CHIP

Oat milk, banana, kale, cacao nibs

PEANUT BUTTER BANANA KALE

Bananas, peanut butter, kale, oat milk

PEANUT BUTTER BANANA KALE CHIP

Bananas, peanut butter, kale,
cacao nibs, oat milk

SWEET GREEN SMOOTHIE- no banana

Spinach, kale, avocado, oat milk, agave

CHOCOLATE SMOOTHIES

CHOCOLATE BANANA PROTEIN SHAKE

Oat milk, banana, protein, cocoa powder

MOCHA CHIP

Oat milk, banana, coffee, chocolate chips

COCONUT CHIP

Coconut milk, banana, chocolate chips

CHOCOLATE ALMOND

Almond milk, banana, almonds, cocoa

PEANUT BUTTER SMOOTHIES

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peanut butter, banana & kale

PEANUT BUTTER KALE

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PEANUT BUTTER KALE CHIP

peanut butter, bananas, kale, cacao nibs

CHOCOLATE PEANUT BUTTER CUP

peanut butter, bananas & cocoa powder

PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

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