

## FRUIT SMOOTHIES

WHOLE FRUIT, SPRING WATER & ICE \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### STRAWBERRY BANANA

banana & strawberries

### BLUEBERRY BANANA KALE

blueberries, banana & kale

### PINEAPPLE BANANA KALE

pineapple, banana & kale

### GREEN BANANA SMOOTHIE

bananas, baby spinach / kale

### BANANA TROPIC

banana, mango & pineapple add coconut \$1

**\*\* BANANA SMOOTHIES \*\***  
**ALWAYS CONTAIN BANANA**

## SMOOTHIES *without BANANA*

### MANGO BERRY

strawberries, mango, blueberries

### STRAWBERRY PINEAPPLE

strawberries & pineapple

### PINEAPPLE MANGO

pineapple & mango

### PINEBERRY

pineapple, strawberries, blueberries

Add Kale or Protein  
to any smoothie for \$1

\*FOOD ALLERGY WARNING:  
Some Menu Items Contain Peanuts or Tree Nuts  
This facility handles nuts and peanuts.

## CASHEW SMOOTHIES

MADE WITH CASHEW NUT MILK \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### KALE CHIP

cashew nut milk, banana, kale, cocoa nibs

### MOCHA CHIP

cashew milk, banana, coffee, cacao

### RAINFOREST

cashew nut milk, banana, coconut

### BERRIES & CRÈME

cashew nut milk, blueberries, strawberries

### CASHEW GREEN

cashew nut milk, banana, spinach / kale

### LOW-CARB GREEN

cashew nut milk, avocado, spinach / kale

## DESSERT SMOOTHIES

Cashew nut milk, avocado & coconut sugar.

### CHOCOLATE SHAKE

cashew nut milk, avocado & cocoa powder

### STRAWBERRY SHAKE

cashew nut milk, strawberries & avocado

### MINT CHIP SHAKE

cool mint shake with crunchy cacao nibs

### CHOCOLATE MINT SHAKE

smooth, minty chocolate shake

## JUICE

Bottled fresh every day.  
Available in our retail cooler.  
Ready To-Go fresh or frozen.

## PEANUT BUTTER SMOOTHIES

MADE WITH OASIS PEANUT BUTTER \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### PEANUT BUTTER BANANA

peanut butter & banana

### PEANUT BUTTER KALE

peanut butter, banana & kale

### PEANUT BUTTER KALE CHIP

peanut butter, banana, kale, cocoa nibs

### PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

### PEANUT BUTTER CUP

peanut butter, banana & cocoa powder



**BOWLS \$8.49**

Turn any Smoothie into a Bowl!  
Each Bowl is Topped with our  
Gourmet Granola & Sliced Bananas.

## TOPPINGS \$1

- \* CHOCOLATE CHIPS
- \* COCONUT FLAKES
- \* PEANUT BUTTER
- \* BEE POLLEN
- \* CHIA SEEDS
- \* EXTRA GRANOLA

## SMOOTHIE BOOSTERS \$1.00

### PUMPKIN SEED PROTEIN POWDER

12g of protein per serving  
made from pumpkin seeds

### HEMP PROTEIN POWDER

10g protein plus 3g fiber per serving  
made from hempseeds

### COFFEE

the classic energy boost

### SUPERGREENS

in- house blend of nutrient dense plants -  
wheatgrass, spirulina, barley grass, beet,  
sunflower

### COCOA BEAN NIBS

the real chocolate bean- natural energy  
booster, contains iron, magnesium, &  
antioxidants

### BEE POLLEN

for seasonal allergies and energy

### CHIA SEEDS or FLAX SEEDS

source of omega-3s & fiber

### COCONUT OIL

adds creaminess & healthy fats

### COCONUT FLAKES

adds light coconut flavor & texture

### MACA POWDER

Peruvian root vegetable with a malty flavor  
~ improves energy

## JUICE

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Available in our retail cooler.  
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## CALORIES

### FRUIT SMOOTHIES:

16OZ 200 CAL  
20OZ 250 CAL  
24OZ 300 CAL

### NUT MILK SMOOTHIES:

16OZ 250 CAL  
20OZ 300 CAL  
24OZ 360 CAL

### PEANUT BUTTER SMOOTHIES:

16OZ 300 CAL  
20OZ 350 CAL  
24OZ 400 CAL

*Actual calories may vary slightly depending  
on the addition of boosters.*

## ABOUT OUR SMOOTHIES

AT OASIS, WE TAKE PRIDE IN  
THE PRODUCTS WE MAKE.

OUR SMOOTHIE RECIPES  
ARE CAREFULLY CRAFTED &  
MADE THE SAME WAY EVERYTIME-  
FOR CONSISTENTLY DELICIOUS DRINKS.

## GRAB & GO !!

Visit our retail cooler and  
freezer for a selection of  
juices, smoothies and bowls.  
Ready to travel with you!

The items listed are not intended to treat, diagnose, cure  
or prevent any disease. The information given is not medical  
advice. As always, consult your physician for medical related guidance.

Menu prices include sales tax  
and are subject to change.

180828

# OASIS juice bar

... beyond juice

## MENU

### Bowls & Smoothies

100% Plant Based  
Whole Plant Blends  
Dairy Free ~ Gluten Free

## FALL HOURS

MONDAY- FRIDAY  
8:00am - 4:00pm

610-254-9797

Give Us a Call !  
Order By Phone.

224 Sugartown Road, Wayne PA 19087  
Cash, Credit Cards & Apple Pay Accepted.

Visit Us Online At  
TheOasisJuiceBar.com