

## FRUIT SMOOTHIES

WHOLE FRUIT, SPRING WATER & ICE \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### STRAWBERRY BANANA

banana & strawberries

### BLUEBERRY BANANA KALE

blueberries, banana & kale

### PINEAPPLE BANANA KALE

pineapple, banana & kale

### GREEN BANANA SMOOTHIE

bananas, baby spinach / kale

### BANANA TROPIC

banana, mango & pineapple add coconut \$1

### RED, WHITE & BLUEBERRY

strawberries, blueberries & banana

**\*\* BANANA SMOOTHIES \*\***  
**ALWAYS CONTAIN BANANA**

### SMOOTHIES WITHOUT BANANA

### MANGO BERRY

strawberries, mango, blueberries

### STRAWBERRY PINEAPPLE

strawberries & pineapple

### PINEAPPLE MANGO

pineapple & mango

### PINEBERRY

pineapple, strawberries, blueberries

Add Kale or Protein  
to any smoothie for \$1

\*FOOD ALLERGY WARNING:  
Some Menu Items Contain Peanuts or Tree Nuts  
This facility handles nuts and peanuts.

## CASHEW SMOOTHIES

MADE WITH CASHEW NUT MILK \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### KALE CHIP

nut milk, banana, kale, cocoa nibs

### CASHEW GREEN

nut milk, banana, spinach / kale

### LOW-CARB GREEN

nut milk, avocado, spinach / kale

### CHOCOLATE PROTEIN SHAKE

nut milk, banana, cocoa powder & protein

### COCONUT CRÈME

cashew nut milk, banana, coconut oil

### MOCHA CHIP

nut milk, banana, coffee, cacao

## DESSERT SMOOTHIES

Cashew nut milk, avocado & coconut sugar.

### CHOCOLATE SHAKE

nut milk, avocado & cocoa powder

### STRAWBERRY SHAKE

nut milk, strawberries & avocado

### MINT CHIP SHAKE

cool mint nut milk shake & crunchy cacao nibs

### CHOCOLATE MINT SHAKE

smooth, minty chocolate nut milk shake

## JUICE

Prepared and Bottled fresh daily.  
Available in our retail cooler.  
Ready To-Go fresh or frozen.

## PEANUT BUTTER SMOOTHIES

MADE WITH OASIS PEANUT BUTTER \*VEGAN\*

### SIZES

Sm \$6.00 Med \$6.75 Lg \$7.50

### PEANUT BUTTER BANANA

peanut butter & banana

### PEANUT BUTTER KALE

peanut butter, banana & kale

### PEANUT BUTTER KALE CHIP

peanut butter, banana, kale, cocoa nibs

### PEANUT BUTTER & JELLY

peanut butter, banana & strawberries

### PEANUT BUTTER CUP

peanut butter, banana & cocoa powder



## Parfait BOWLS \$8.49

Turn any Smoothie into a  
our original Parfait Bowl!  
Topped with Homemade  
Gourmet Granola & Sliced Bananas.

## TOPPINGS \$1

- \* CHOCOLATE CHIPS
- \* COCONUT FLAKES
- \* PEANUT BUTTER
- \* BEE POLLEN
- \* CHIA SEEDS
- \* EXTRA GRANOLA

## SMOOTHIE BOOSTERS \$1.00

### PUMPKIN SEED PROTEIN POWDER

12g of protein per serving  
made from pumpkin seeds

### HEMP PROTEIN POWDER

10g protein plus 3g fiber per serving  
made from hempseeds

### COFFEE

the classic energy boost

### COCOA BEAN NIBS

the real chocolate bean- natural energy  
booster, iron, magnesium, & antioxidants

### CHIA SEEDS OR FLAX SEEDS

source of omega-3s & fiber

### COCONUT OIL

adds creaminess & healthy fats

### COCONUT FLAKES

adds light coconut flavor & texture

### MACA POWDER

Peruvian root vegetable with a malty flavor  
~ improves energy

### VITAMIN C

super boost of Vitamin C for immunity

### BEE POLLEN

for seasonal allergies and energy

### CHLORELLA

green algae high in protein, iron & chlorophyll

### GINGER

ginger juice immune booster

## CUSTOM ORDERS

Need a special juice blend?

Personalized party favors?

We love to customize!

Ask us about quantities,  
availability and pricing.

## CALORIES

### FRUIT SMOOTHIES:

16OZ 200 CAL

20OZ 250 CAL

24OZ 300 CAL

### NUT MILK SMOOTHIES:

16OZ 250 CAL

20OZ 300 CAL

24OZ 360 CAL

### PEANUT BUTTER SMOOTHIES:

16OZ 300 CAL

20OZ 350 CAL

24OZ 400 CAL

PARFAIT BOWLS : 375 CAL

*Actual calories may vary slightly depending  
on the addition of boosters.*

## ABOUT OUR SMOOTHIES

AT OASIS, WE TAKE PRIDE IN  
THE PRODUCTS WE MAKE.

OUR SMOOTHIE RECIPES  
ARE CAREFULLY CRAFTED &  
MADE THE SAME WAY EVERYTIME-  
FOR CONSISTENTLY DELICIOUS DRINKS.

## GRAB & GO !!

Visit our retail cooler and  
freezer for a selection of  
juices, smoothies and bowls.  
Ready to travel with you!

The items listed are not intended to treat, diagnose, cure  
or prevent any disease. The information given is not medical  
advice. As always, consult your physician for medical related guidance.

Menu prices include sales tax  
and are subject to change.

190120

# OASIS juice bar

... beyond juice

## MENU

### Bowls & Smoothies

100% Plant Based  
Whole Plant Blends  
Dairy Free ~ Gluten Free

610-254-9797

Give Us a Call !  
Order By Phone.

224 Sugartown Road, Wayne PA 19087  
Cash, Credit Cards & Apple Pay Accepted.

Visit Us Online At  
TheOasisJuiceBar.com