

## OASIS BOWLS \$10

Topped with homemade gourmet granola, sliced bananas & Coconut (non-dairy) whipped cream

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

*50% fewer carbs than a banana smoothie*

# OASIS

## menu

## SMOOTHIES & BOWLS

100% Whole Plant Blends

DAIRY FREE & GLUTEN FREE

Call to Order or Stop By!

610-254-9797

### SUMMER HOURS

**Tuesday 8:30am-3pm**

**Wednesday 8:30am-3pm**

**Thursday 8:30am-3pm**

**Friday 8:30am-3pm**

**Saturday 9am-1pm**

## DRINK SIZES

**REGULAR 20oz \$6.75**

**LARGE 24oz \$7.95**

224 Sugartown Road, Wayne PA 19087

CASH, Debit, Credit Cards & Apple Pay

WWW.THEOASIS JUICEBAR.COM

Instagram @theoasisjuicebar

# FRUIT SMOOTHIES

CALORIES : (20oz) 250 / (24oz) 300

Blend of Fruit & Ice with Spring Water or  
Coconut Milk or Oatmilk or Orange Juice

## STRAWBERRY BANANA

*bananas & strawberries*

## RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

## BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

## PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

## GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

## BANANA TROPIC

*bananas, pineapple, mango puree*

## PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

## STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

## PINEBERRY

*pineapple, blueberries, strawberries*

# CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

## KALE CHIP

*nut milk, banana, kale, cacao nibs*

## CASHEW GREEN

*nut milk, banana, baby spinach & kale*

## CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

## MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

# PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

## PEANUT BUTTER BANANA

*peanut butter & banana*

## PEANUT BUTTER KALE

*peanut butter, banana & kale*

## PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

## CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

## PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

## PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

*Source of omega-3s and fiber*

### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

### COCONUT WHIPPED CREME

*Delicious dairy free topping!*

### PUMPKIN SEEDS

*Added crunch & Great source of Zinc*

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

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## RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

## BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

## PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

## GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

## BANANA TROPIC

*bananas, pineapple, mango puree*

## PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

## STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

## PINEBERRY

*pineapple, blueberries, strawberries*

# CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

## KALE CHIP

*nut milk, banana, kale, cacao nibs*

## CASHEW GREEN

*nut milk, banana, baby spinach & kale*

## CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

## MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

# PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

## PEANUT BUTTER BANANA

*peanut butter & banana*

## PEANUT BUTTER KALE

*peanut butter, banana & kale*

## PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

## CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

## PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

## PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

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### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

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*Delicious dairy free topping!*

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*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

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## RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

## BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

## PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

## GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

## BANANA TROPIC

*bananas, pineapple, mango puree*

## PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

## STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

## PINEBERRY

*pineapple, blueberries, strawberries*

# CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

## KALE CHIP

*nut milk, banana, kale, cacao nibs*

## CASHEW GREEN

*nut milk, banana, baby spinach & kale*

## CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

## MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

# PEANUT BUTTER SMOOTHIES

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Made with Oat Milk & Oasis Peanut Butter

## PEANUT BUTTER BANANA

*peanut butter & banana*

## PEANUT BUTTER KALE

*peanut butter, banana & kale*

## PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

## CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

## PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

## PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

*Source of omega-3s and fiber*

### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

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*Delicious dairy free topping!*

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*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

*50% fewer carbs than a banana smoothie*

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CALORIES : (20oz) 250 / (24oz) 300

Blend of Fruit & Ice with Spring Water or  
Coconut Milk or Oatmilk or Orange Juice

## STRAWBERRY BANANA

*bananas & strawberries*

## RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

## BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

## PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

## GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

## BANANA TROPIC

*bananas, pineapple, mango puree*

## PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

## STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

## PINEBERRY

*pineapple, blueberries, strawberries*

# CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

## KALE CHIP

*nut milk, banana, kale, cacao nibs*

## CASHEW GREEN

*nut milk, banana, baby spinach & kale*

## CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

## MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

# PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

## PEANUT BUTTER BANANA

*peanut butter & banana*

## PEANUT BUTTER KALE

*peanut butter, banana & kale*

## PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

## CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

## PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

## PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

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### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

*Source of omega-3s and fiber*

### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

### COCONUT WHIPPED CREME

*Delicious dairy free topping!*

### PUMPKIN SEEDS

*Added crunch & Great source of Zinc*

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

*50% fewer carbs than a banana smoothie*

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*bananas & strawberries*

## RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

## BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

## PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

## GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

## BANANA TROPIC

*bananas, pineapple, mango puree*

## PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

## STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

## PINEBERRY

*pineapple, blueberries, strawberries*

# CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

## KALE CHIP

*nut milk, banana, kale, cacao nibs*

## CASHEW GREEN

*nut milk, banana, baby spinach & kale*

## CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

## MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

# PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

## PEANUT BUTTER BANANA

*peanut butter & banana*

## PEANUT BUTTER KALE

*peanut butter, banana & kale*

## PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

## CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

## PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

## PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

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*Adds light coconut flavor & texture*

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*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

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*blueberries, bananas & kale*

### PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

### GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

### BANANA TROPIC

*bananas, pineapple, mango puree*

### PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

### STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

### PINEBERRY

*pineapple, blueberries, strawberries*

## CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

### KALE CHIP

*nut milk, banana, kale, cacao nibs*

### CASHEW GREEN

*nut milk, banana, baby spinach & kale*

### CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

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*nut milk, banana, coffee, cacao nibs*

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*peanut butter & banana*

### PEANUT BUTTER KALE

*peanut butter, banana & kale*

### PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

### CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

### PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

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*Peanut butter, banana, & cacao nibs*

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*Pineapple, coconut milk & banana*

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### RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

### BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

### PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

### GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

### BANANA TROPIC

*bananas, pineapple, mango puree*

### PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

### STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

### PINEBERRY

*pineapple, blueberries, strawberries*

## CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

### KALE CHIP

*nut milk, banana, kale, cacao nibs*

### CASHEW GREEN

*nut milk, banana, baby spinach & kale*

### CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

### MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

## PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

### PEANUT BUTTER BANANA

*peanut butter & banana*

### PEANUT BUTTER KALE

*peanut butter, banana & kale*

### PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

### CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

### PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

### PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

*Source of omega-3s and fiber*

### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

### COCONUT WHIPPED CREME

*Delicious dairy free topping!*

### PUMPKIN SEEDS

*Added crunch & Great source of Zinc*

## OASIS BOWLS \$10

Topped with homemade gourmet granola, sliced bananas & Coconut (non-dairy) whipped cream

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

*50% fewer carbs than a banana smoothie*

# OASIS

## menu

## SMOOTHIES & BOWLS

100% Whole Plant Blends

DAIRY FREE & GLUTEN FREE

Call to Order or Stop By!

610-254-9797

### SUMMER HOURS

**Tuesday 8:30am-3pm**

**Wednesday 8:30am-3pm**

**Thursday 8:30am-3pm**

**Friday 8:30am-3pm**

**Saturday 9am-1pm**

## DRINK SIZES

**REGULAR 20oz \$6.75**

**LARGE 24oz \$7.95**

224 Sugartown Road, Wayne PA 19087

CASH, Debit, Credit Cards & Apple Pay

WWW.THEOASIS JUICEBAR.COM

Instagram @theoasisjuicebar

## FRUIT SMOOTHIES

CALORIES : (20oz) 250 / (24oz) 300

Blend of Fruit & Ice with Spring Water or  
Coconut Milk or Oatmilk or Orange Juice

### STRAWBERRY BANANA

*bananas & strawberries*

### RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

### BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

### PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

### GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

### BANANA TROPIC

*bananas, pineapple, mango puree*

### PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

### STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

### PINEBERRY

*pineapple, blueberries, strawberries*

## CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

### KALE CHIP

*nut milk, banana, kale, cacao nibs*

### CASHEW GREEN

*nut milk, banana, baby spinach & kale*

### CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

### MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

## PEANUT BUTTER SMOOTHIES

CALORIES : (20oz) 350 / (24oz) 395

Made with Oat Milk & Oasis Peanut Butter

### PEANUT BUTTER BANANA

*peanut butter & banana*

### PEANUT BUTTER KALE

*peanut butter, banana & kale*

### PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

### CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

### PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

### PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

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### CACAO BEAN NIBS

*Natural energy booster, source of Zinc*

### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

*Oasis hand made oatmeal granola*

### COCONUT WHIPPED CREME

*Delicious dairy free topping!*

### PUMPKIN SEEDS

*Added crunch & Great source of Zinc*

## OASIS BOWLS \$10

Topped with homemade gourmet granola, sliced bananas & Coconut (non-dairy) whipped cream

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

## SWEET SHAKES

*Sweetened cashew-milk shakes*

*Made with a touch of avocado. No bananas.*

### CHOCOLATE SHAKE

*With cocoa powder*

### STRAWBERRY SHAKE

*With strawberries*

### CHOCOLATE MINT SHAKE

*With cocoa powder & mint extract*

### MINT CHIP SHAKE

*With cacao nibs & mint extract*

### LO-CARB GREEN

*50% fewer carbs than a banana smoothie*

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### STRAWBERRY BANANA

*bananas & strawberries*

### RED, WHITE & BLUEBERRY

*strawberries, blueberries & banana*

### BLUEBERRY BANANA KALE

*blueberries, bananas & kale*

### PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

### GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

### BANANA TROPIC

*bananas, pineapple, mango puree*

### PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

### STRAWBERRY ORANGE BANANA

*strawberry, orange juice, banana*

### PINEBERRY

*pineapple, blueberries, strawberries*

## CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

### KALE CHIP

*nut milk, banana, kale, cacao nibs*

### CASHEW GREEN

*nut milk, banana, baby spinach & kale*

### CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

### MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

## PEANUT BUTTER SMOOTHIES

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Made with Oat Milk & Oasis Peanut Butter

### PEANUT BUTTER BANANA

*peanut butter & banana*

### PEANUT BUTTER KALE

*peanut butter, banana & kale*

### PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

### CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

### PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

### PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

### PLANT BASED PROTEIN (12gr)

*blend of hemp, rice & pumpkin protein*

### BEE POLLEN

*For seasonal allergies & energy*

### CHIA SEEDS OR FLAX SEEDS

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### COCONUT FLAKES

*Adds light coconut flavor & texture*

### MACA ROOT POWER

*Improves energy*

### FRESH GREENS

*Fresh baby spinach or kale*

### GRANOLA

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*Delicious dairy free topping!*

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## OASIS BOWLS \$10

Topped with homemade gourmet granola, sliced bananas & Coconut (non-dairy) whipped cream

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### BLUEBERRY BOWL

*A blend of blueberries, banana & kale*

### PEANUT BUTTER CHIP BOWL

*Peanut butter, banana, & cacao nibs*

### PINA COLADA BOWL

*Pineapple, coconut milk & banana*

**TURN ANY SMOOTHIE INTO A BOWL!**

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*blueberries, bananas & kale*

### PINEAPPLE BANANA KALE

*pineapple, bananas & kale*

### GREEN BANANA SMOOTHIE

*bananas baby spinach & kale*

### BANANA TROPIC

*bananas, pineapple, mango puree*

### PINEAPPLE ORANGE BANANA

*pineapple, orange juice, banana*

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*strawberry, orange juice, banana*

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*pineapple, blueberries, strawberries*

## CASHEW SMOOTHIES

CALORIES : (20oz) 300 / (24oz) 350

### KALE CHIP

*nut milk, banana, kale, cacao nibs*

### CASHEW GREEN

*nut milk, banana, baby spinach & kale*

### CHOCOLATE PROTEIN SHAKE

*nut milk, banana, cocoa powder, protein*

### MOCHA CHIP

*nut milk, banana, coffee, cacao nibs*

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Made with Oat Milk & Oasis Peanut Butter

### PEANUT BUTTER BANANA

*peanut butter & banana*

### PEANUT BUTTER KALE

*peanut butter, banana & kale*

### PEANUT BUTTER KALE CHIP

*peanut butter, bananas, kale, cacao nibs*

### CHOCOLATE PEANUT BUTTER CUP

*peanut butter, bananas & cocoa powder*

### PEANUT BUTTER & JELLY

*peanut butter, banana & strawberries*

### PEANUT BUTTER BERRY

*peanut butter, banana & blueberries*

## ADD-INS \$1.25

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