

School BalanceFun Programmes

Stay & Play Balance Bike Sessions

Age Range: 18 months – 5 years

Group Size: Up to 12 pupils per session

The Stay & Play session promotes independent learning and active exploration. Children choose how they move around space, practicing balance and coordination on balance bikes while navigating road markings, crossings, and simple obstacles. Instructors gently support and extend learning through prompts where appropriate.

What to Expect:

- Child-led free play and exploration
- Development of balance, coordination, and motor skills
- Road layouts, crossings, and obstacle navigation
- Encourages independence and confidence
- Social interaction through shared play
- Fun, inclusive, and engaging for all abilities
- Bikes and helmets provided

BalanceFun – 4-Week Balance Bike Course

Age Range: 3 – 6 years

Group Size: Up to 10 pupils per session

BalanceFun is an instructor-led 4-week course designed for children ready to build confidence and develop core balance bike skills through structured games, challenges, and playful learning. The same pupils attend each week of the 4-week course and build on skills learnt.

What to Expect:

- Instructor-led sessions
- Structured games and confidence-building activities
- Development of balance, control, handling, and spatial awareness
- Friendly group environment with peer interaction
- Bikes and helmets provided
- Certificate awarded on completion