

Life is Sweet Bakery and Cafe

Dedicated Gluten Free

Simple Breakfast- (2) eggs any style, (2) bacon or sausage, and your choice (2) buttered toast and jam- \$14

Westside Avocado Toast- garlic aioli, avocado spread and a sunny side egg served on 7-grain toast- \$12.50

Pancakes- (3) served with butter, syrup and whip cream on the side- \$13.50

Egg Sandwich- folded egg, bacon, cheddar cheese served on a sandwich roll- \$13.50

Spring Omelette- spinach, tomato, onion, cheddar cheese topped with avocado served with roasted potatoes and your choice of buttered toast and jam- \$18 (add bacon or sausage +\$2)

Rolled Oats- served with brown sugar, raisins, nuts and cream on the side- \$10

Turkey, Bacon, Avocado Sandwich- garlic aioli, lettuce and tomato served on white bread with your choice of side (chips, fruit or potato salad)- \$17.50

Grilled Cheese and Tomato Soup- parmesan crusted with provolone, gouda and cream of tomato soup-
Cup- \$13.50 **Bowl-** \$17.50

Iron Horse Burger- ½ pound grass fed burger, lettuce and tomato, your choice of cheese served on a roll with a side (chips, fruit or potato salad)- \$20

Summer Salad- spinach, turkey, onions, apples, dried cranberries, candied walnuts and feta served with balsamic vinaigrette- \$17.50

Kids Menu

Includes kids drink

Pancakes- (2) served with syrup and whip cream and a side (bacon, sausage or fruit)- \$12.50

Kids Simple Breakfast- (1) egg any style, (1) toast of your choice, (1) bacon or sausage- \$12.50

Hot Dog- served on a bun with your choice of side (chips, fruit or potato salad)- \$12.50

Peanut Butter and Jelly- served on white bread with your choice of side (chips, fruit or potato salad)- \$12.50

Sides

Eggs (2)- \$4

Bacon (4)- \$8

Sausage (3)- \$8

Buttered Toast and Jam (2)- \$5.25

Roasted Potatoes- \$3.50

Cream of Tomato Soup Cup- \$5 Bowl- \$9

Fresh Fruit- \$4

Potato Chips- \$1.50

Potato Salad- \$3.50

Avocado- \$2

“Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness”