

Timothy R. Jennings, M.D., is a board-certified psychiatrist, master psychopharmacologist, international speaker, a Distinguished Fellow of the American Psychiatric Association, and Fellow of the Southern Psychiatric Association.

He earned his M.D. in 1990 from the University of Tennessee College of Medicine in Memphis and completed his psychiatric residency at D.D. Eisenhower Army Medical Center in Augusta, Georgia. He also served as the division psychiatrist for the 3rd Infantry Division and as president of the Southern and Tennessee Psychiatric Associations.

Dr. Jennings works in private practice and lives in Chattanooga with his wife, Christie. He is also the president and founder of [Come and Reason Ministries](#) and is the author of the following books:

Could It Be This Simple? A Biblical Model for Healing the Mind

The God-Shaped Brain: How Changing Your View of God Transforms Your Life

The Journal of the Watcher

The Remedy New Testament Expanded Paraphrase

The God-Shaped Heart: How Correctly Understanding God's Love Transforms Us

The Aging Brain: Proven Steps to Prevent Dementia and Sharpen Your Mind

Dr. Jennings goal is to help people experience the healthiest happiest lives possible. To this end he seeks to educate people about the working of the mind, the principles upon which life and health are designed to operate, and teach people how to weigh evidences and make healthy choices in their own lives, all of which work together to improve health and wellbeing.