

## Insides

My insides surging with pain  
Because ups and downs tear me apart  
The shredded pieces put together  
After the ordeals that left me shattered  
When you died  
Others say go on existing  
And keep smiling  
I try!  
But memories pour into me  
Gushing unexpectedly  
And I feel deeply  
I can't be numb  
It's not me  
So please give me the strength  
To go on without you  
I try!

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Published in: "Poets At Work"

On page 10- March & April 1987

