



**2018 Spring Series – April 29 5000m**  
 Pattonville High School Track, Maryland Heights, MO 63043

| NAME               | AGE | 200m | 600m | 1000m | 1400m | 1800m | 2200m | 2600m | 3000m | 3400m | 3800m | 4200m | 4600m | 5000m        | Place | Age Place |
|--------------------|-----|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------------|-------|-----------|
| Nirvana Zalba      | W24 | .55  | 2:52 | 4:49  | 6:49  | 8:50  | 10:53 | 12:57 | 14:48 | 17:03 | 19:07 | 21:10 | 23:13 | <b>25:14</b> | 1     | 1         |
| Gene Hall          | M59 | 1:19 | 4:07 | 6:53  | 9:43  | 12:34 | 15:26 | 18:24 | 21:19 | 24:16 | 27:14 | 30:09 | 33:02 | <b>35:49</b> | 2     | 1         |
| Ruth Eberle        | W86 | 1:30 | 4:32 | 7:33  | 10:35 | 13:37 | 16:41 | 19:46 | 22:53 | 26:00 | 29:07 | 32:16 | 35:24 | <b>38:32</b> | 5     | 1         |
| Lorraine Ramonczuk | W65 | 1:27 | 4:24 | 7:18  | 10:08 | 13:01 | 15:53 | 18:45 | 21:37 | 24:29 | 27:21 | 30:11 | 33:04 | <b>35:54</b> | 3     | 2         |
| Jim Hager          | M71 | 1:24 | 4:18 | 7:15  | 10:14 | 13:14 | 16:17 | 19:21 | 22:22 | 25:22 | 28:24 | 31:24 | 34:25 | <b>37:17</b> | 4     | 1         |
| Gina Bufe          | W52 | 1:40 | 5:10 | 8:40  | 12:13 | 15:44 | 19:20 | 22:57 | 26:31 | 30:05 | 33:41 | 37:04 | 40:37 | <b>44:00</b> | 6     | 1         |
| Sue Turner         | W77 | 2:10 | 6:36 | 10:56 | 15:14 | 19:28 | 23:43 | 27:58 | 32:11 | 36:27 | 40:38 | 44:40 | 48:39 | <b>52:35</b> | 7     | 1         |