



3 MILE SPRING FLING HANDICAP RACE

Sunday, April 14, 2019

Chesterfield Central Park Lake Trail

Name	Division	5km Time	Start Time	Lap 1	Lap time (1.18K)	Lap 2	Lap time (1.18K)	Lap 3	Lap time (1.18K)	Finish	Lap time (1.18K)	3 mile Time
Gina Bufe	F 53	43m 16s	9m 16s	19m 14s	9m 58s	29m 5s	9m 51s	38m 58s	9m 53s	48m 37s	9m 39s	39m 21s
Sue Turner	F 77	52m 32s		13m	13m	25m 19s	12m 19s	37m 48s	12m 29s	49m 52s	12m 4s	49m 52s
Nancy Sido	F 66	35m 12s	17m 20s	26m 15s	8m 55s	34m 57s	8m 42s	43m 39s	8m 42s	52m 10s	8m 31s	34m 50s
Lorraine Ramonczuk	F 66	35m 54s	16m 38s	25m 57s	9m 19s	34m 57s	9m	44m	9m 3s	52m 57s	8m 57s	36m 19s
Dave Coutts	M 62	28m 30s	24m 2s	30m 52s	6m 50s	38m 10s	7m 18s	46m	7m 50s	52m 59s	6m 59s	28m 57s
Leann Young	F 30	30m 24s	22m 8s	30m 19s	8m 11s	38m 10s	7m 51s	46m	7m 50s	54m 5s	8m 5s	31m 57s
Bob Nichols	M 79		17m 45s	27m 36s	9m 51s	37m 11s	9m 35s	46m 38s	9m 27s	55m 58s	9m 20s	38m 13s
Maurine Lia	F 86		19m	29m 51s	10m 51s	39m 51s	10m	49m 52s	10m 1s	1h 0m 1s	10m 9s	41m 1s