



2019 SPRING SERIES

Date/Time **Monday, May 6 at 6:30 PM** - 1600 Meters
Thursday, May 9 at 6:30 PM - 1600 Meters
Monday, May 13 at 6:30 PM -1600 Meters
Thursday, May 16 at 6:30 PM - 1600 Meters

Race registration closes 30 minutes before each race. If you have preregistered, you must sign in at least 15 minutes before race start.

Place: **Pattonville HS Track**
2497 Creve Coeur Mill Rd, Maryland Heights, MO 63043

Fee for entire series: **\$12 for Racewalkers' Club of St. Louis members. \$24 for non-members.**
Fee per race: **\$4 per race for Racewalkers' Club of St. Louis members. \$6 per race for non-members.**

For information, contact:

Lorraine Ramonczuk
(314) 229-4742
ramonczuk@sbcglobal.net

***Entry Form* MUST BE 18 YEARS OF AGE OR OLDER TO COMPETE**

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 230 S. Brentwood Blvd., Apt. 15 G, Clayton, MO 63105 or bring to event
Please fill out the following:

Name _____ Birthdate ____ / ____ / ____

Address _____ City _____ State _____ Zip _____

Phone _____ USATF# _____ E-mail _____

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Pattonville School District, Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete

Date