



2019 Summer Series – Monday, June 10 3000 M
 Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	200M	600M	1000M	1400M	1800M	2200M	2600M	3000M	Place	Age Place
Nancy Sido	W67	1:19	4:14	7:07	10:00	12:54	15:47	18:39	21:25	2	1
Jerry Young	M62	1:18	3:50	6:57	9:32	12:36	15:19	18:25	21:16	1	1
Mark Young	M59	1:21	4:10	7:02	9:54	12:51	15:45	18:45	21:45	3	1
Lorraine Ramonczuk	W66	1:21	4:20	7:14	10:08	13:03	16:00	18:57	21:50	4	2
Maurine Lia	W86	1:30	4:45	7:59	-	14:15	17:31	20:45	24:02	6	1
Sue Turner	W78	1:59	5:58	9:52	13:51	17:46	21:40	25:30	29:11	9	1
Julie Bloomquist	W59	1:47	5:34	9:20	13:02	16:50	20:39	24:40	28:05	7	1
Annette Stowers	W58	1:51	5:39	9:28	13:15	16:56	20:41	24:45	28:17	8	2
Gina Bufe	W53	1:20	4:34	7:45	10:58	14:14	17:35	20:52	23:56	5	1