



2020 Fall Grand Prix Series – Sunday, October 4, 3000 M
 Pattonville High School Track, Maryland Heights, MO 63043

| NAME | AGE | 200M | 600M | 1000M | 1400M | 1800M | 2200M | 2600M | 3000M | Place | Age Place |
|--------------------|-----|------|------|-------|-------|-------|-------|-------|-------|-------|-----------|
| Nancy Sido | W69 | 1:20 | 4:05 | 6:49 | 9:35 | 12:21 | 14:13 | - | - | - | - |
| Jerry Young | M62 | 1:12 | 3:32 | 5:53 | 8:18 | 10:40 | 13:06 | 15:31 | 17:52 | 1 | 1 |
| Lorraine Ramonczuk | W68 | 1:24 | 4:11 | 6:59 | 9:49 | 12:41 | 15:31 | 18:23 | 21:10 | 2 | 1 |
| Bob Nichols | M81 | 1:34 | 4:39 | 7:43 | 10:49 | 13:54 | 16:59 | 20:01 | 23:01 | 3 | 1 |
| Sue Turner | W79 | 2:26 | 6:58 | 11:21 | 15:41 | 20:08 | 24:29 | 28:49 | 33:24 | 4 | 1 |