



2020 Summer Series – Monday, June 8 3000 M
 Pattonville High School Track, Maryland Heights, MO 63043

| NAME | AGE | 200M | 600M | 1000M | 1400M | 1800M | 2200M | 2600M | 3000M | Place | Age Place |
|--------------------|-----|------|------|-------|-------|-------|-------|-------|-------|-------|-----------|
| Bob Nichols | M81 | 1:28 | 4:30 | 7:36 | 10:40 | 13:46 | 16:50 | 19:57 | 22:56 | 7 | 1 |
| Dave Coutts | M64 | 1:01 | 3:18 | 5:39 | 8:02 | 10:30 | 12:59 | 15:22 | 17:37 | 1 | 1 |
| Travis Menghini | M25 | 1:09 | 3:39 | 6:15 | 8:48 | 11:19 | 13:51 | 16:24 | 18:49 | 3 | 1 |
| Lorraine Ramonczuk | W67 | 1:29 | 4:28 | 7:26 | 10:21 | 13:16 | 16:13 | 19:09 | 22:01 | 6 | 2 |
| Gene Hall | M61 | 1:24 | 4:16 | 7:08 | 10:02 | 12:56 | 16:48 | 18:33 | 21:27 | 4 | 3 |
| Jerry Young | M62 | 1:11 | 3:34 | 6:02 | 8:28 | 11:01 | 13:33 | 16:06 | 18:40 | 2 | 2 |
| Nancy Sido | W68 | 1:30 | 4:29 | 7:27 | 10:23 | 13:19 | 16:14 | 19:09 | 21:59 | 5 | 1 |
| Maurine Lia | W87 | 1:39 | 5:04 | 8:28 | 11:53 | 15:15 | 18:38 | 22:03 | 25:27 | 8 | 1 |
| Gina Bufe | W54 | 1:55 | 5:43 | 9:36 | 13:22 | 17:08 | 20:45 | 24:19 | 27:44 | 9 | 1 |