



2020 Summer Series – Monday, June 1 - 1600 M

Pattonville High School Track, Maryland Heights, MO 63043

racewalkstl.org

NAME	AGE	400 M	800 M	1200 M	1600 M FINISH	PLACE	AGE PLACE
Keisha Meyer	W32	2:10	4:32	7:00	9:14	1 (tie)	1 (tie)
Jerry Young	M62	2:19	4:48	7:03	9:36	4	1
Nancy Sido	W68	2:49	5:41	8:32	11:16	7	2
Gene Hall	M61	2:46	5:33	8:24	10:59	5	2
Lorraine Ramonczuk	W67	2:46	5:38	8:30	11:15	6	1
Leann Young	W31	2:17	4:48	7:02	9:14	1 (tie)	1 (tie)
Gina Bufe	W53	3:43	7:32	11:00	14:24	10	1
Travis Menghini	M25	2:18	4:49	7:03	9:17	3	1
Bob Nichols	M81	3:00	6:04	9:06	12:04	8	1
Maurine Lia	W87	3:15	6:35	9:54	13:09	9	1



2020 Summer Series – Monday, June 8 3000 M
Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	200M	600M	1000M	1400M	1800M	2200M	2600M	3000M	Place	Age Place
Bob Nichols	M81	1:28	4:30	7:36	10:40	13:46	16:50	19:57	22:56	7	1
Dave Coutts	M64	1:01	3:18	5:39	8:02	10:30	12:59	15:22	17:37	1	1
Travis Menghini	M25	1:09	3:39	6:15	8:48	11:19	13:51	16:24	18:49	3	1
Lorraine Ramonczuk	W67	1:29	4:28	7:26	10:21	13:16	16:13	19:09	22:01	6	2
Gene Hall	M61	1:24	4:16	7:08	10:02	12:56	16:48	18:33	21:27	4	3
Jerry Young	M62	1:11	3:34	6:02	8:28	11:01	13:33	16:06	18:40	2	2
Nancy Sido	W68	1:30	4:29	7:27	10:23	13:19	16:14	19:09	21:59	5	1
Maurine Lia	W87	1:39	5:04	8:28	11:53	15:15	18:38	22:03	25:27	8	1
Gina Bufe	W54	1:55	5:43	9:36	13:22	17:08	20:45	24:19	27:44	9	1



2020 Summer Series – Monday, June 15 5000 M
Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	200M	600M	1000M	1400M	1800M	2200M	2600M	3000M	3400M	3800M	4200M	4600M	5000M	Place	Age Place
Leann Young	W31	1:13	3:36	6:01	8:27	10:56	13:26	15:56	18:26	21:00	23:34	26:07	28:39	31:07	2	1
Jerry Young	W62	1:14	3:38	6:03	8:28	10:50	13:26	15:56	18:25	20:55	23:28	26:04	28:38	31:14	3	1
Travis Menghini	M25	1:10	3:37	6:01	8:27	10:55	13:23	15:50	18:18	20:50	23:21	25:50	28:16	30:34	1	1
Nancy Sido	W68	1:29	4:28	7:28	10:24	13:21	16:17	19:18	22:14	25:12	28:10	31:11	34:11	36:57	4	1
Lorraine Ramonczuk	W67	1:28	4:37	7:27	10:23	13:20	16:16	19:17	22:13	25:11	28:10	31:11	34:11	37:08	5	2
Bob Nichols	M81	1:35	4:39	7:44	10:49	13:54	17:00	20:02	23:07	26:12	29:17	32:23	35:27	38:26	6	1
Gina Buffe	W54	1:58	5:49	9:47	13:40	17:35	21:22	25:25	29:22	33:20	37:11	41:02	44:48	48:04	8	1
Gail Saxton	W72	1:36	5:00	8:25	11:53	15:20	18:49	22:15	25:42	29:07	32:37	36:08	39:38	43:01	7	1



2020 Summer Series – Monday, June 29 3200 M

Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	400M	800M	1200M	1600M	2000M	2400M	2800M	3200M	Place	Age Place
Travis Menghini	M25	2:10	4:31	6:58	9:27	11:58	14:32	17:40	19:27	1	1
Jerry Young	M62	2:22	4:53	7:25	10:00	12:36	15:13	17:52	20:26	3	1
Leann Young	W31	2:21	4:48	7:18	9:48	12:21	14:53	17:26	19:47	2	1
Lorraine Ramonczuk	W67	2:49	5:39	8:34	11:26	14:20	17:17	20:14	23:09	4	1
Bob Nichols	M81	3:04	6:04	9:07	12:12	15:19	18:25	21:30	24:29	5	1
Maurine Lia	W87	3:25	6:54	10:16	13:41	17:05	20:27	23:54	27:16	6	1
Gina Bufe	W54	3:36	7:17	10:59	14:34	18:08	21:39	25:09	28:27	7	1
Sue Turner	W79	4:30	9:05	13:31	18:05	-	-	-	-	-	-



2020 Summer Series – Monday, July 6 - 1600 M
Ozark Association Open/Masters Championship

Pattonville High School Track, Maryland Heights, MO 63043

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NAME	AGE	400 M	800 M	1200 M	1600 M FINISH	PLACE	AGE PLACE
Dave Coutts	M64	2:05	4:19	6:47	9:00	2	1
Travis Menghini	M25	2:05	4:19	6:35	8:54	1	1
Jerry Young	M62	2:36	5:05	7:32	10:02	4	1
Leann Young	W31	2:25	4:54	7:22	9:47	3	1
Lorraine Ramonczuk	W67	2:55	5:54	8:56	11:58	7	2
Nancy Sido	W68	2:52	5:26	8:39	11:31	6	1
Gene Hall	M61	2:39	5:22	8:00	11:02	5	2
Maurine Lia	W87	3:29	7:05	10:45	14:10	8	1
Sue Turner	W79	4:26	9:12	14:06	18:42	11	1
Gina Bufe	W54	3:43	7:29	11:08	14:32	10	1



2020 Summer Series – Monday, July 13 - 1600 M Relay

Pattonville High School Track, Maryland Heights, MO 63043

racewalkstl.org

TEAM NAME	PARTICIPANTS	AGE	400 M	800 M	1200 M	1600 M FINISH	PLACE
The Young & The Restless	Sue Turner	W79	3:57		9:35	11:36	5
	Travis Menghini	M25		5:46			
Grumpy Old Men	Bob Nichols	M81	2:53		7:44	10:03	2
	Jerry Young	M62		4:58			
Grey's Anatomy	Gail Saxton	W72	2:56		8:24	10:38	4
	Gene Hall	M61		5:16			
Golden Girls	Lorraine Ramonczuk	M67	2:39		7:44	10:18	3
	Nancy Sido	W69		5:07			
Gina & Her Shadow	Gina Bufe	W54	2:56		7:33	9:25	1
	Dave Coutts	M64		4:41			



2020 Summer Duet –
Tower Grove Park - Turkish Pavilion

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Saturday, August 15 5 K					
NAME	AGE	2500 M	5000 M Finish Time	Place	Age Place
Bob Nichols	M81	21:12	41:45	5	1
Gina Bufe	W54	23:27	46:35	6	1
Sue Turner	W79	26:52	53:41	7	1
Lorraine Ramonczuk	W67	18:36	37:22	4	2
Nancy Sido	W68	18:20	36:05	3	1
Jerry Young	M62	15:13	30:34	1	1
Leann Young	W31	16:08	33:28	2	1

Sunday, August 23 10 K							
NAME	AGE	2500 M	5000 M		10,000 M	Place	Age Place
Jerry Young	M62	15:31	31:47	48:27	1:05:14	2	1
Nancy Sido	W68	18:35	37:11	55:27	1:13:24	3	1
Lorraine Ramonczuk	W67	19:20	38:27	57:53	1:17:17	4	2
Gina Bufe	W54	24:18	48:55	1:13:37	1:38:48	6	1
Sue Turner	W79	24:56	55:34	1:23:24	1:50:43	7	1
Pablo Gomez	M48	14:47	29:28	44:28	59:28	1	1
Bob Nichols	M81	-	-	-	1:27:41	5	1



2020 Fall Grand Prix Series – Sunday, October 4, 3000 M
 Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	200M	600M	1000M	1400M	1800M	2200M	2600M	3000M	Place	Age Place
Nancy Sido	W69	1:20	4:05	6:49	9:35	12:21	14:13	-	-	-	-
Jerry Young	M62	1:12	3:32	5:53	8:18	10:40	13:06	15:31	17:52	1	1
Lorraine Ramonczuk	W68	1:24	4:11	6:59	9:49	12:41	15:31	18:23	21:10	2	1
Bob Nichols	M81	1:34	4:39	7:43	10:49	13:54	16:59	20:01	23:01	3	1
Sue Turner	W79	2:26	6:58	11:21	15:41	20:08	24:29	28:49	33:24	4	1



2020 Fall Grand Prix Series – Sunday, October 11, 5000 M
Ozark Association Open/Masters Championship
 Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	200M	600M	1000M	1400M	1800M	2200M	2600M	3000M	3400M	3800M	4200M	4600M	5000M	Place	Age Place
Jerry Young	W62	1:09	3:29	5:51	8:17	10:43	13:13	15:43	18:14	20:46	23:17	25:51	28:28	31:04	1	1
Nancy Sido	W69	1:25	4:19	7:14	10:09	13:02	15:54	18:46	21:37	24:28	27:20	30:11	-	-	-	-
Gail Saxton	W72	1:34	4:48	8:02	11:18	14:38	17:59	21:19	24:42	28:04	31:26	34:50	38:12	41:25	2	1
Gina Buffe	W55	1:49	5:34	9:16	13:04	16:49	20:36	24:24	28:15	32:06	36:02	39:54	43:41	47:16	3	1
Sue Turner	W79	2:16	7:12	12:22	17:07	21:39	26:15	30:45	35:13	39:39	43:58	48:18	52:36	56:58	4	1



2020 Fall Grand Prix Series – Sunday, October 25, 1500 M

Pattonville High School Track, Maryland Heights, MO 63043

NAME	AGE	300M	700M	1100M	FINISH 1500M	Place	Age Place
Nancy Sido	W69	1:54	4:42	7:30	10:08	2	1
Lorraine Ramonczuk	W68	1:52	4:41	7:29	10:17	3	2
Bob Nichols	M81	2:07	5:14	8:25	11:31	4	1
Gail Saxton	W72	2:13	5:27	8:37	11:46	5	1
Sue Turner	W79	3:05	7:22	11:44	15:53	6	1
Pablo Gomez	M48	1:16	3:07	5:02	6:50	1	1