



3 MILE APRIL SPRING FLING HANDICAP RACE

Your best time from a 5000 meter walking race in 2020 will determine your start. Slower walkers will be started first and faster walkers will have subsequent starts based on their time differences from 2020. Awards will be given to the first 3 walkers crossing the finish line. This event is sanctioned by USATF.

Date/Time: Sunday, April 18, 2021, at 2:30 PM

Place: Chesterfield Central Park Lake Trail

Parking: Chesterfield Family YMCA, 16464 Burkhardt Place, Chesterfield, MO 63017. Restrooms available at YMCA.

Fee: \$10 for Racewalkers' Club of St. Louis members. \$15 for non-members.

Race registration closes 30 minutes before each race. If you have preregistered, you must sign in at least 15 minutes before race start.

For information, contact: Jerry Young, jerry568@aol.com

Entry Form MUST BE 18 YEARS OF AGE OR OLDER TO COMPETE

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 230 S. Brentwood Blvd., Apt. 15 G, Clayton, MO 63105 or take to event.

Please fill out the following:

Name _____ Birthdate ____/____/____

Address _____ City _____ State _____ Zip _____

Phone _____ USATF# _____ E-mail _____

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalkers' Club of St. Louis, the YMCA, the City of Chesterfield, MO, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete

Date