



# 2024 SPRING RACEWALK SERIES

\*\*\*\* NOTE LOCATION \*\*\*\*  
Holman Middle School Track,  
11055 St. Charles Rock Road,  
St. Ann, MO 63074

Date/Time **Monday, May 6 at 6:30 PM** - 1600 Meters  
**Wednesday, May 8 at 6:30 PM** - 1600 Meters  
**Monday, May 13 at 6:30 PM** -1600 Meters  
**Wednesday, May 15 at 6:30 PM** - 1600 Meters

**Race registration closes 30 minutes before each race. If you have preregistered, you must sign in at least 15 minutes before race start.**

**Place: \*\*\*\* NOTE LOCATION \*\*\*\* Holman Middle School Track, 11055 St. Charles Rock Road, St. Ann, MO 63074**

**Fee for entire series:** \$12 for Racewalkers' Club of St. Louis members. \$24 for non-members.  
**Fee per race:** \$4 per race for Racewalkers' Club of St. Louis members. \$6 per race for non-members.

This event is sanctioned by USATF.

**For information, contact:**

Lorraine Ramonczuk  
(314) 229-4742  
[ramonczuk@sbcglobal.net](mailto:ramonczuk@sbcglobal.net)

**Entry Form MUST BE 18 YEARS OF AGE OR OLDER TO COMPETE**

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 230 S. Brentwood Blvd., Apt. 15 G, Clayton, MO 63105 or take to event  
Please fill out the following:

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ USATF# \_\_\_\_\_ E-mail \_\_\_\_\_

**Waiver:**

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Pattonville School District, Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date