



**2024 Grand Prix Racewalk Summer Series Mondays, 6:30 PM**

**NEW LOCATION:** Parkway North High School  
12860 Fee Fee Rd, St. Louis, MO 63141

**Dates and Distances:**

- June 3 – 1500 M
- June 10 – 3000 M
- June 17 – 5000 M
- June 24 – 1600 M
- July 8 – 1600 M – **Ozark Association Open/Masters Championship**
- July 15 – 3000 M – *Club picnic following the race will be at Fazoli's, 12341 St. Charles Rock Road, Bridgeton, MO 63044*

**NOTE: Dates and times are subject to change if track is unavailable. Check website prior to race.**

**Race registration closes at 6 PM before each race. If you have preregistered, you must sign in by 6:15 PM**

**Cost:** RWCSL members - \$20; others \$30 for summer series or \$5 per weekly racewalk

**Awards:** Medals will be given to RWCSL members who complete the Ozark Association Championship races. Awards will be given at the Club's annual meeting to (1) the fastest RWCSL male and female members who complete at least 5 of the 10 Grand Prix Series Races (not including the 1 hour postal) determined by age adjusted results and (2) to the most improved from the previous year RWCSL male and female members who complete at least 5 of the 10 Grand Prix Series Races. This event is sanctioned by USATF.

**For information, contact:** Lorraine Ramonczuk, (314) 229-4742, ramonczuk@sbcglobal.net

**Entry Form** **(MUST BE 18 YEARS OF AGE OR OLDER TO COMPETE)**

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 230 S. Brentwood Blvd., Apt15G, Clayton, MO 63105 or take it to first event.

Please fill out the following:

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ USATF# \_\_\_\_\_ E-mail \_\_\_\_\_

**Waiver:**

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Parkway School District, Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date