



2026 Summer Duet - Saturday, August 15

5K and 8K

Tower Grove Park - Cypress North Pavillion

racewalkstl.org

5 K

NAME	AGE	1 K	2 K	3 K	4 K	5 K FINISH	Place	Age Place
Dave Coutts	M70	5:48	12:14	18:37	25:36	32:15	1	1
Lorraine Ramonczuk	W73	8:25	16:48	25:13	33:36	41:58	2 Tie	1
Amy Diesen	W52	8:25	16:48	25:13	33:36	41:58	2 Tie	1
Sue Turner	W85	12:47	25:48	38:50	51:37	1:04	4	1

8 K

NAME	AGE	1 K	2 K	3 K	4 K	5 K	6 K	7 K	8 K	Place	Age Place
Anna Hart	W20	5:42	11:43	18:05	24:48	31:47	58:55	45:37	50:59	1	1
Bob Nichols	W87	10:10	19:45:03	29:27:08	-	48:53:80	58:50:60	1:08:55	1:18:59	2	1