



2025 Grande Prix Fall Series Sunday, October 19 - 1 Hour Postal

Hixson Middle School Track, 630 S. Elm Avenue, Webster Groves, MO 63119

racewalkstl.org

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Jerry Young	M67	2:54	5:53	8:55	11:57	14:59	17:50	20:56	23:55	26:54	29:50	32:48	35:43	8,085	5.02
		5200	5600	6000	6400	6800	7200	7600	8000						
		38:40	41:36	44:33	47:33	50:28	53:27	56:24	59:22	+85					

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Nancy Sido	W74	3:11	6:24	9:38	12:53	16:04	19:16	22:29	25:25	28:49	31:59	35:08	38:17	7,642	4.74
		5200	5600	6000	6400	6800	7200	7600							
		41:25	44:32	47:39	50:39	53:42	56:43	59:42	+42						

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Lorraine Ramonczuk	W73	3:27	6:48	10:00	13:28	16:46	20:03	23:14	25:38	29:46	33:05	36:24	39:44	7,248	4.50
		5200	5600	6000	6400	6800	7200								
		43:03	46:23	49:42	53:02	56:21	59:36	+48							

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Frances Young	W66	4:00	8:00	11:53	15:46	19:32	22:19	27:01	30:42	34:18	37:56	41:34	45:09	6,470	4.02
		5200	5600	6000	6400										
		48:45	52:17	55:53	59:23	+70									

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Sue Turner	W84	4:37	9:07	13:40	18:20	22:56	27:44	32:36	37:13	42:08	47:05	51:56	56:54	5,065	3.14
		+265													