



2025 RWCSL Summer Racewalk Duet
SATURDAY Aug. 9, 5K
SATURDAY Aug. 16, 5K/10K

BRAND NEW LOCATION: Frontier Park, Katy Trail, 500 S. Riverside Dr., St. Charles, MO 63301. Entrance to the Park is at First Capital and Riverside Dr. Closest parking is along Riverside Dr. Other parking is at Lewis & Clark Boat House Museum at Boone's Lick Rd. and S. Riverside Dr. The start line is by the bathrooms.

Date & Time: Saturday, August 9 - 8:00 a.m. 5K

Saturday, August 16 - 8:00 a.m. 5 K/10K

Place: Frontier Park, Katy Trail, 500 S. Riverside Dr., St. Charles, MO 63301

Fee: \$4 for both to RWCSL members, \$2 per event separately.
\$20 for non-members, \$10 per event.

Race registration closes at 7:30 AM before each race. If you have preregistered, you must sign in by 7:45 AM.

This event is sanctioned by USATF.

For information, contact:

Lorraine Ramonczuk
(314) 229-4742
ramonczuk@sbcglobal.net

Entry Form (MUST BE 18 YEARS OF AGE OR OLDER TO COMPETE)

Make checks payable to the Racewalkers' Club of St. Louis (RWCSL). Send entry fee and entry form to: Sue Turner, 230 S. Brentwood Blvd., Apt 15G, Clayton, MO 63105.

Please fill out the following:

Name _____ Birthdate ____/____/____

Address _____ City _____ State _____ Zip _____

Phone _____ USATF# _____ E-mail _____

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalkers' Club of St. Louis, USA Track and Field, USATF Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete

Date