



THREE MILE SPRING FLING HANDICAP RACEWALK
Sunday, April 27, 2025
Chesterfield Central Park Lake Trail
racewalkstl.org

Name	Best 5k Time 2024	Start Time	Lap 1	Lap time	Lap 2	Lap time	Lap 3	Lap time	Lap 4	Lap time	Actual time	Place
	1h											
Lorraine Ramonczuk	50m	10:00	20:52	10:52	30:55	10:03	40:59	10:04	51:24	10:25	41:24	1
Gina Bufe	52m 41s	07:19	19:00	11:41	30:52	11:52	42:35	11:43	53:41	11:06	46:22	2
Mark Halfmann	39m 55s	20:05	29:11	09:06	38:26	09:15	47:30	09:04	56:23	08:53	36:18	3
Nancy Sido	39m 52s	20:08	29:16	09:08	38:27	09:11	47:36	09:09	56:36	09:00	36:28	4
Frances Young	43m 44s	16:16	27:16	11:00	37:20	10:04	47:15	09:55	56:47	09:32	40:31	5
Maureen Midgley	39m 51s	20:09	29:09	09:00	38:16	09:07	47:40	09:24	56:50	09:10	36:41	6
Dave Coutts	28m 18s	31:42	38:34	06:52	45:41	07:07	52:49	07:08	59:41	06:52	27:59	7
Sue Truner	1h	00:00	14:56	14:56	29:38	14:42	45:15	15:37	62:15	17:00	62:15	8