



2026 Summer Series – Monday, July 13 - 3000 M

Parkway North High School Track, 12860 Fee Fee Rd, St. Louis, MO 63141

racewalkstl.org

NAME	AGE	7	6	5	4	3	2	1	FINISH	Place	Age Place
Nancy Sido	W75	1:31	4:36	7:42	10:49	13:56	-	-	DNF	-	-
Dave Coutts	M71	1:07	3:54	6:32	9:16	12:10	14:55	17:46	20:17	1	1
Jerry Young	M68	1:16	3:55	6:41	9:32	12:23	15:16	18:11	21:07	2	1
Lorraine Ramonczuk	W73	1:45	5:20	8:51	12:20	15:44	19:09	22:33	25:55	3	1
Bob Nichols	M87	1:47	5:23	8:54	12:25	15:58	19:37	23:18	26:49	4	1
Gena Bufe	W60	2:10	6:39	11:15	15:53	20:33	25:11	29:41	33:42	5	1
Sue Turner	W84	2:34	7:53	13:17	18:42	24:02	29:17	34:25	40:03	6	1