Racewalkers' Club of St. Louis

2026 Virginia Mulanax Fall Series
Sunday, October 18 - 1 Hour Postal

Maplewood Richmond Heights High School track
7601 Manchester Road, Maplewood, MO 63143

racewalkstl.org

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Jerry Young	M68	2:41	5:25	8:14	11:08	14:02	16:57	19:51	22:44	25:37	28:34	31:30	34:26	8,419	5.23
		5200	5600	6000	6400	6800	7200	7600	8000	8400					
		37:18	40:12	43:05	45:58	48:46	51:31	54:20	57:08	59:55	+19				

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Mark Halfman	M66	2:51	5:58	9:02	12:04	15:09	18:15	21:17	24:23	27:33	30:35	33:39	36:40	7,895	4.90
		5200	5600	6000	6400	6800	7200	7600							
		39:39	42:39	45:39	48:43	51:39	54:47	57:51	+295						

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Lorraine Ramonczuk	W74	3:14	6:29	9:42	12:53	16:06	19:27	22:36	25:49	29:06	32:22	35:41	39:01	7,331	4.55
		5200	5600	6000	6400	6800	7200								
		42:21	45:38	48:59	52:19	55:35	58:55	+131							

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Nancy Sido	W74	3:21	6:41	10:01	13:20	16:40	19:57	23:13	26:31	29:47	33:03	36:20	39:37	7,295	4.53
		5200	5600	6000	6400	6800	7200								
		42:53	46:10	49:27	52:44	56:00	59:16	+95							

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Gina Bufe	W61	4:30	8:51	13:16	17:37	21:56	26:11	30:28	34:50	39:08	43:24	47:39	51:52	5,608	3.48
		5200	5600												
		56:04	59:57	+8											

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Sue Turner	W85	5:15	10:39	15:58	21:23	26:51	32:20	37:37	DNF						
		5200	5600	6000	6400	6800	7200	7600							