



## 2024 Grande Prix Fall Series Sunday, October 20 - 1 Hour Postal

Maplewood Richmond Heights High School Track, 7601 Manchester Rd, MO 63143  
racewalkstl.org

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Jerry Young	M67	2:49	5:51	8:57	12:10	15:16	18:20	21:26	24:33	27:38	30:44	33:51	36:59	7,747	4.81
		5200	5600	6000	6400	6800	7200	7600							
		40:05	43:14	46:18	49:27	52:31	55:43	58:50	+147						

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Frances Young	W65	3:55	7:46	11:37	15:19	19:01	22:42	26:21	29:59	33:30	37:05	40:43	44:21	6,589	4.09
		5200	5600	6000	6400										
		47:58	51:28	54:56	58:25	+189									

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Gina Bufe	W59	4:10	8:25	12:40	16:56	21:16	25:38	30:01	34:21	38:45	43:09	47:35	51:55	5,570	3.46
		5200													
		56:18	+370												

NAME	AGE	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	Grand Total (Meters)	Grand Total (Miles)
Nancy Sido	W73	3:10	6:22	9:32	12:42	15:51	18:59	22:07	25:16	28:26	31:36	34:46	37:57	7,543	4.68
		5200	5600	6000	6400	6800	7200								
		41:09	44:19	47:31	50:43	53:53	57:16	+343							

**Judges:** Robert Nichols (030656) & Mereth Zalba (041090)

**Lap Scorers:** Ed Rowold (011949) & Eileen Morris (032221)