

Racewalk Club of St. Louis 5k - 6/15/2026

Timing and Testing by TRXC Timing

6/15/2026

Results

Event 1 (W) 5000 M. R.W.

Name	Year Team	Finals
Finals		
1 Sido, Nancy	70-74	38:52.05
1:34.65 (1:34.65)	4:41.89 (3:07.24)	7:49.64 (3:07.75) 10:58.09 (3:08.45)
14:06.23 (3:08.14)	17:13.72 (3:07.49)	20:20.19 (3:06.47) 23:26.02 (3:05.83)
26:32.01 (3:05.99)	29:37.76 (3:05.75)	32:44.65 (3:06.89) 35:49.59 (3:04.94)
38:52.049 (3:02.47)		
2 Midgley, Maureen	65-69	39:36.57
1:30.03 (1:30.03)	4:33.25 (3:03.22)	7:34.41 (3:01.16) 10:41.84 (3:07.43)
13:48.13 (3:06.29)	16:54.82 (3:06.69)	20:06.19 (3:11.37) 23:20.15 (3:13.96)
26:37.06 (3:16.91)	29:53.06 (3:16.00)	33:07.85 (3:14.79) 36:24.66 (3:16.81)
39:36.570 (3:11.92)		
3 Ramonczuk, Lorraine	70-74	41:03.49
1:39.85 (1:39.85)	4:59.60 (3:19.75)	8:18.10 (3:18.50) 11:37.82 (3:19.72)
14:55.53 (3:17.71)	18:11.56 (3:16.03)	21:28.44 (3:16.88) 24:39.99 (3:11.55)
27:58.53 (3:18.54)	31:15.68 (3:17.15)	34:30.64 (3:14.96) 37:49.26 (3:18.62)
41:03.487 (3:14.24)		
4 Bufe, Gina	60-64	57:32.97
2:29.18 (2:29.18)	7:07.85 (4:38.67)	11:48.62 (4:40.77) 16:30.28 (4:41.66)
21:15.13 (4:44.85)	26:01.29 (4:46.16)	30:39.02 (4:37.73) 35:13.60 (4:34.58)
39:48.45 (4:34.85)	44:18.34 (4:29.89)	48:46.99 (4:28.65) 53:18.31 (4:31.32)
57:32.968 (4:14.67)		
5 Turner, Susan	85-89	1:03:41.69
2:29.56 (2:29.56)	7:39.30 (5:09.74)	12:43.17 (5:03.87)
17:47.56 (5:04.39)	22:50.65 (5:03.09)	27:57.50 (5:06.85)
33:10.03 (5:12.53)	38:19.52 (5:09.49)	43:26.82 (5:07.30)
48:38.73 (5:11.91)	53:40.81 (5:02.08)	58:41.92 (5:01.11)
1:03:41.686 (4:59.78)		
-- Young, Frances	65-69	DNS

Event 1 (M) 5000 M. R.W.

Name	Year Team	Finals
Finals		
1 Young, Jerry	65-69	36:07.05
1:23.56 (1:23.56)	4:09.12 (2:45.56)	7:00.51 (2:51.39) 9:54.34 (2:53.83)
12:47.89 (2:53.55)	15:40.92 (2:53.03)	18:36.16 (2:55.24) 21:29.31 (2:53.15)
24:21.58 (2:52.27)	27:17.79 (2:56.21)	30:15.30 (2:57.51) 33:09.94 (2:54.64)
36:07.045 (2:57.11)		
-- Nichols, Robert	85-89	DNS

