

# Reiki & SOUND BOWLS



The winter/spring dates are set for this popular workshop. Join Lisa and Donna as they create a space of restoration, re-alignment, and relaxation. Class will include meditation, sound bath and reiki.

**SUNDAY, JAN 11TH**

**SUNDAY, JAN 25TH**

**SUNDAY, FEB 8TH**

**SUNDAY, FEB 22ND**

**SUNDAY, MAR 8TH**

**SUNDAY, MAR 22ND**

**4:00 - 5:30 PM**

**\$35 PER PERSON, PER WORKSHOP**

**Register at the studio, the app, or  
[capecoralyoga.com](http://capecoralyoga.com)**

