

Peiki



& SOUND BOWLS

The winter/spring dates are set for this popular workshop. Join Lisa and Donna as they create a space of restoration, re-alignment, and relaxation. Class will include meditation, sound bath and reiki.

SUNDAY, JAN 11TH

SUNDAY, JAN 25TH

SUNDAY, FEB 8TH

SUNDAY, FEB 22ND

SUNDAY, MAR 8TH

SUNDAY, MAR 22ND

4:00 - 5:30 PM

\$35 PER PERSON, PER WORKSHOP

Register at the studio, the app, or
capecoralyoga.com

