

REIKI &

SINGING BOWLS

Join Lisa and Donna as they create a space of restoration, re-alignment, and relaxation. Class will include meditation, sound bath and reiki.



SUNDAY, APRIL 6TH

SUNDAY, APRIL 27TH

SATURDAY, MAY 10TH

SUNDAY, JUNE 8TH

SUNDAY, JUNE 22ND

4 - 6 P M

\$ 3 5 P E R P E R S O N , P E R W O R K S H O P

Register at the studio or capecoralyoga.com