

**Taking Up Space.  
Building Care.  
Changing Narratives.**

Photo by  
Faiza Omer




At Sisters Dialogue, we acknowledge and recognize ourselves as Treaty people. We are deeply committed to advocating for justice and safety on traditional Treaty 6 territory and the homeland of the Métis Nation. This land has long been a gathering place for the Cree (nêhiyawak), Blackfoot (Niitsitapi), Saulteaux (Anishinaabe), Nakota Sioux, Dene, Métis peoples, and many other Indigenous peoples. As Muslim women, we are guided by our faith to uphold justice, compassion, and solidarity. As Treaty people, we commit to walking alongside First Nations and Métis communities in pursuit of equity and a just future for all. Our work is grounded in respect, learning, and meaningful relationship with the Indigenous peoples of this land.

This commitment shapes how we design programs, build relationships, and remain accountable in our work.



Photo by  
Faisa Omer

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# Message from the Founder



**Wati Rahmat**  
Founder and  
President/CEO

2025 was a year of community in practice and the year we opened Amanah. We moved from vision to action by creating a dedicated space, building care that lasts, and changing narratives that have long harmed our communities. Every step was shaped by lived experience, collective care, and trust. This work exists because of the community, and it continues because of the community.

We continued to see how our community thrives when given room to be heard and supported. Women found support through therapy. Youth found belonging through creative programs. Survivors found care and understanding without judgment. We saw courage, resilience, and joy.

Sisters Dialogue has always been shaped by the stories and lived experiences of under-served Muslim women and girls in Edmonton. Many of the people we serve are impacted by Islamophobia, systemic racism, gender-based violence, displacement, and social isolation.

This year, we stepped further into our mission by centring voices that are too often left out and shifting narratives about who Muslim women are and the dignity, safety, and belonging they seek.

Thank you to the women and girls who trusted us with their stories and their presence. Thank you to our dedicated board members and staff for their care, leadership, and accountability. We are also grateful to our volunteers, funders, therapists, partners, and donors who made this work possible. We look forward to continuing to build safer spaces, tell our stories, and take up space with dignity and intention.

"We have walked alongside women navigating isolation, Islamophobia, genocide, family violence and systemic barriers. And in doing so, we recognized something crucial - we needed a space of our own."

Wati Rahmat

# 2025 At A Glance

In 2025, Sisters Dialogue opened Amanah, a dedicated community space created in response to the lack of safer third spaces for Muslim women and girls. Alongside Amanah, we expanded mental health and post-crisis supports, delivered learning and healing programs, gathered in moments of joy and reflection, and reached wider audiences through art and storytelling.

This work focused on creating safer spaces, sustaining consistent care, and supporting community-led storytelling. We are guided by a simple belief: when women have safety, continuity of care, and agency over their stories, communities thrive.

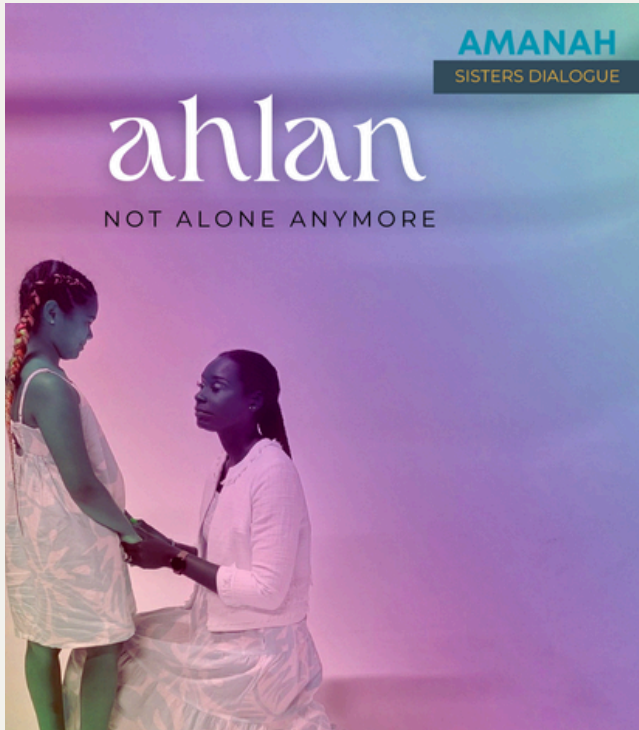


# Taking Up Space

We launched Amanah, our dedicated space for Muslim women and girls. Amanah became a place where women could arrive as they are and feel safe to stay. It held learning, healing, and connection, and gave the community room to gather on our own terms. By offering a culturally grounded, women-only space without judgment or cost, Amanah removed barriers and made care more accessible.



# Building Care



Care in 2025 was consistent and responsive. We delivered post-crisis family violence support through Ahlan, offered ongoing mental health supports, hosted Wellness Wednesdays, held monthly mothers groups, and distributed care baskets. Care was not one-time. It was sustained.

## 75

Mental Health Clients

## 300

Hours of therapy supported

## 8

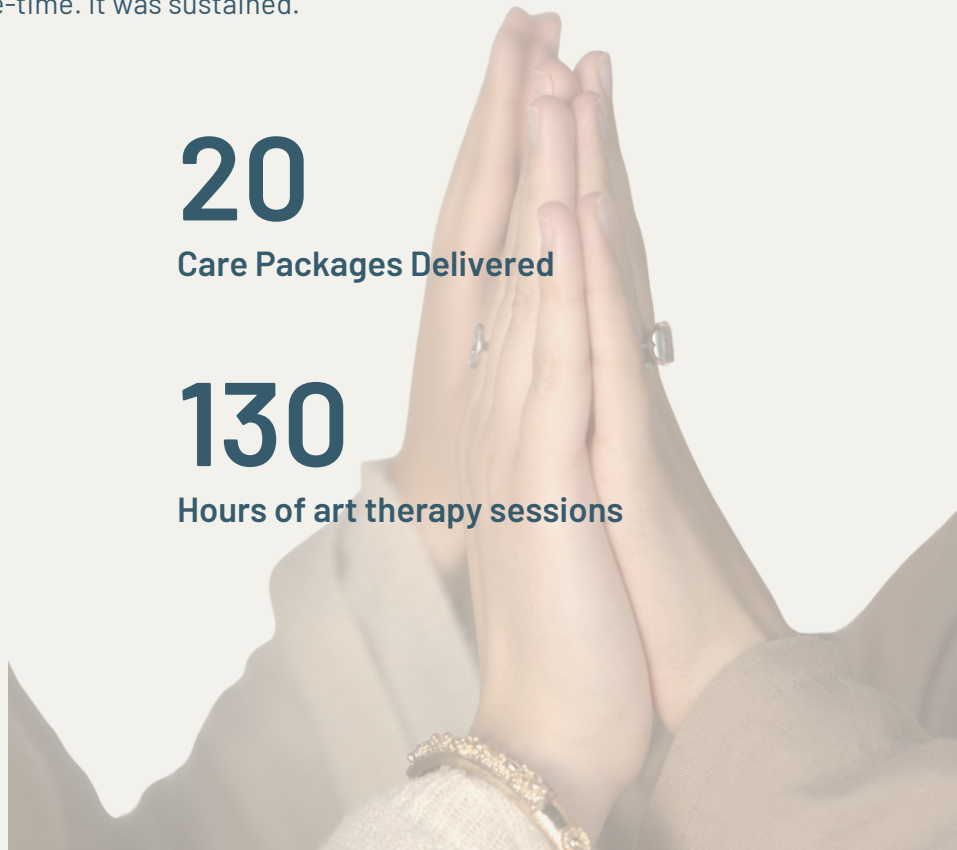
Mental Health Partners

## 20

Care Packages Delivered

## 130

Hours of art therapy sessions



# Learning, Healing, and Growth

We hosted workshops that built skills, confidence, and safety. Topics included bystander intervention, family violence education, confidence building, and a Black History Month panel. Each session centred practical tools and trauma-informed approaches.



## 759

Unique participants across programs

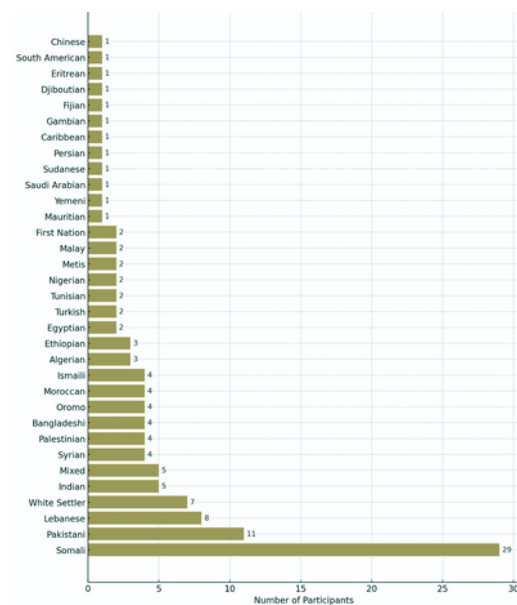
Participants included women and youth navigating family violence, displacement, disability, single motherhood, Islamophobia, and systemic exclusion.



## >30

Distinct ethnic groups

(based on survey sample size of 122 participants)



# Gathering and Belonging



Community gatherings remained central to our work. Through Food as Liberation sessions, Sisters Iftar with a healing circle, Eid for All, and monthly group spaces, we created opportunities for connection, cultural grounding, and collective care.

These gatherings reduced isolation and strengthened peer support within the community.

## 20

Volunteers engaged

## 240

Total volunteer hours



# Changing Narratives



Same, Same But Different – Exploring Our Shared Worth grew out of a process of writing, art, photography, film, and reflection in response to Islamophobia and its impact on Muslim women. Participants came together to explore identity, belonging, and self-discovery.

Through storytelling and creative exercises, they uncovered parts of themselves often hidden or silenced by fear, misrepresentation, or exclusion. The photoshoot and short film became the final acts of expression, ways to step forward, claim space, and be seen on their own terms.



Photos by  
Faiza Omer

# Amplifying Voices and Reach



Our work extended beyond our immediate community. Sisters Dialogue participated in a documentary project, engaged in a film festival, and contributed to podcast conversations. Our programs and approaches were cited in a research publication and featured at a national conference, demonstrating how our community-led, culturally safe model is informing practice beyond Edmonton.

## Expanding Our Digital Reach

- 3,300+ times our resources appeared for people seeking help online.
- 1,500 direct connections were made with community members through our website.
- Our Instagram community grew to 2,112 followers
- Over a 90-day period, our content generated 28,306 views and reached 5,451 accounts, with nearly 51% of views from non-followers. This represents approximately 113,000 views and 21,000 accounts reached over 12 months, indicating sustained engagement.

# Organizational Strength



We strengthened our foundation through a strategic retreat and focused governance and policy work that clarified roles, decision-making, and accountability. We also strengthened existing partnerships and built new ones with community organizations, artists, therapists, and institutions who share our commitment to culturally safe, community-led care. This behind-the-scenes work supported sustainability and ensured we could deliver programs responsibly and in alignment with our values.

# Financial Snapshot

Fiscal Year July 1, 2024 – June 30 2025

Sisters Dialogue operates with lean reserves and a high proportion of funds directed to community care. Financial oversight is supported by external accounting professionals and Board governance, with a commitment to transparency, stewardship, and sustainability.

## Income Statement

The small deficit reflects intentional reinvestment into programs, staffing, and the launch of Amanah. The organization remained financially stable throughout the year.

**\$326,514**

Revenue

**\$324,414**

Expenses

**(\$773)**

Net Operating Result

## Where Our Funding Came From

Funding was largely project-based and restricted, aligned with community-led programming and care delivery.

**\$300,408**

Grants and contributions

**\$21,415**

Donations and fundraising

**\$4,692**

Program revenue

## Where Funds Were Used

Program expenses cover direct costs such as supplies, events, and facilitator fees, while staff who plan and deliver programs are reflected under administrative expenses. These staffing costs, along with rent, insurance, governance, and compliance, directly support Amanah and safe service delivery.

**\$165,667**

Program expenses

**\$157,098**

Administrative and operational costs

**\$1,648**

Fundraising expenses

## Balance Sheet

(As of June 30, 2025)

Liabilities are primarily deferred contributions tied to future program delivery.

**\$175,801**

Total Assets

**\$168,869**

Total Liabilities

**\$153,770**

Deferred contributions

**\$6,932**

Net Assets

## Cash Flow and Stability

The strong cash position reflects multi-year grants received and careful cash management.

**\$156,612**

Cash on Hand

**\$111,200**

Net Operating Cash

# Looking Ahead

As we look ahead to 2026, we carry forward the lessons of 2025 with a continued commitment to care, belonging, and narrative change.

We remain committed to responding to community needs as they continue to evolve.

Photo by  
Faisa Omer





Find your way back to you.



Stand in your true self



Be...*where you are held.*

**Sisters Dialogue**

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SCAN ME

**AMANAHA**

SISTERS DIALOGUE

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