

PYWORTHY POST



Above: members of the Holsworthy Walk and Talk group admiring the Meldon Bluebells on a perfect spring day

What's in your paper this month?

The Pyworthy Country Show, supporting Parkinson's Devon, takes place this month – lots for everybody to enjoy.

Liffy Lowes completed her abseiling challenge, raising fund for the Church.

The history of Father's Day.



Read online at:

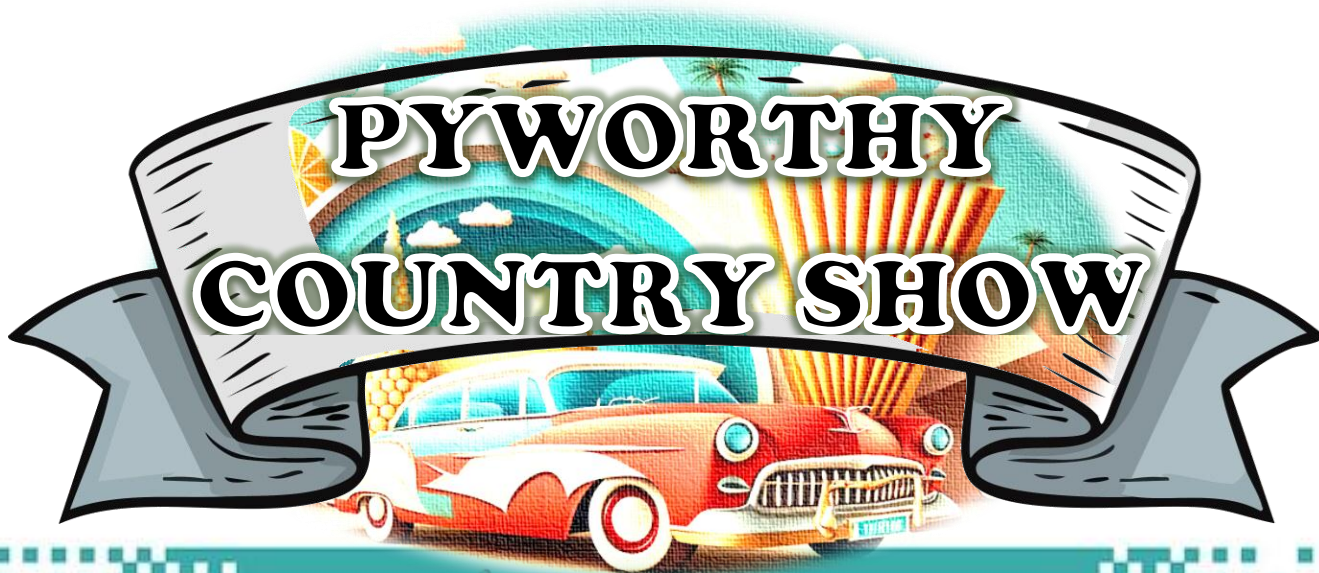
<http://www.bit.ly/postpy> or

<https://pyworthy-parish.co.uk/>

and view the paper in full colour.

JUNE 2026

Issue number 352



“Show with a View”

13th & 14th June 2026

**Derriton Road, Pyworthy
EX22 6JY**

Featuring:

- ❖ Auto Jumble
- ❖ Classic Motorbikes
- ❖ Classic Cars
- ❖ Trade
- ❖ Stationary Engines
- ❖ Tractors
- ❖ Horticultural
- ❖ Food & Bar
- ❖ Tractor Run

**Plus
DOG SHOW
see page 41.**

**For more information phone Eileen on: 07546060660 or
email: gentillia26@gmail.com**



**Supporting
Parkinson's Devon**

Donations can be made on the gate.

Welcome to the JUNE EDITION



By Marion Ravn

Here we are in flaming June! After a very wet and chilly spell at the beginning of May, we now seem to be in a heatwave, which is very welcome. This month, we have the Pyworthy Country Show with events to suit all the family. Full details are on page 2 opposite. All donations will go to Parkinson's Devon, a well worthwhile charity – please give generously.

Our Village Hall, which is an important part of our village, needs its annual clean. If you can spare an hour or so on the **6th June** (D-Day, Hall Spring Cleaning Day) that would be most appreciated. "Many hands make light work!" as they say.

Liffy Lowes has completed her personal challenge, and raised an enormous sum of money, which will go towards the cost of urgent repairs needed to our village church. Her account of the adventure can be read on page 26.



A big thank you once again to all those people who write regularly for our community paper. Also, to all those who contribute financially, and all the volunteers who help each month to distribute the papers around our parish.

Happy Father's Day to all the Dad's, Grandad's, Step Dad's and father figures for the 21st June. I hope you enjoy your special day.

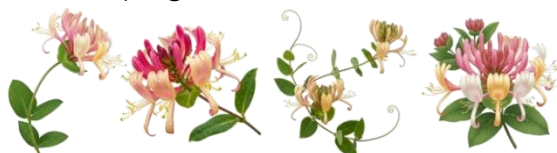
Until next month. Keep safe and well.

Please keep the news & reports coming in. Email: pyworthy@post.com

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CHURCH NEWS



By Gill Johns on behalf of St. Swithun's Church

Yesterday we put the heating on, today we're perspiring... The weather in our lovely country certainly keeps us on our toes! One day earlier this week we were getting drenched and driving through several inches of water on our way back from South Molton and today my Mike is cutting the grass. I feel for our farmers as they try to work what's around the corner in the way of needing fertilizer (as the price of that has doubled since THAT WAR) or extra watering.

As you all are aware St Swithun's is in need of some very expensive repairs and the latest effort to raise funds was by our Liffy when she abseiled down the cliffs at Hartland. Well done Liffy – over £1100 was raised – wow! Her own report appears on page 26 in the Pyworthy Post.

Our Annual Church Meeting was held in church at the end of April when we confirmed the accounts, had various reports from the Rector, Mary Aicheler and retiring Churchwarden Alison Davies. We are able to report that Liffy has been joined by Janet Grant as Churchwarden, and we wish them a very good year. Many thanks go to Ali for her time as churchwarden – she is still overseeing grant applications towards the very high costs of work needing to be done on the tower, clock & carillon. The flood we had in the church has of course subsided but unfortunately nothing could be

Email address: pyworthy@post.com Telephone number: 01409 478294 Page 4

claimed under the church's insurance. We were delighted to welcome 3 Americans to a Morning Prayer service in April. Their surname was Heddon and they were going around the whole area looking for relatives, whether with their spelling or perhaps Headon (as the bakery in Holsworthy was), either alive or in the churchyards. There were none in Pyworthy, but they then headed off to Bridgerule for further exploration.

Looking ahead past flaming June, we look forward to our Patronal Festival the weekend of 18th July when we can admire the workmanship of so many artists in the village and the floral displays which this year will have the theme of Vintage. More about that next month – I'm sure there will be refreshments with homemade cakes and scones jam & cream (in that order please!).

In our church there is a Pebble Pool which is there for anyone to put a pebble in and say a prayer for someone who is need of a prayer. There are obviously quite a few people who go in during the week as by Sunday there are always a lot of pebbles there. Whoever is leading the service then prays for all those represented by the pebbles. We would also love for some of you to come along to our Sunday services, whether it is an All-Age service (from newborn upwards!), Morning Prayer or Eucharist with our lovely Rector. There is always a warm welcome and sometimes refreshments specially provided for the children who also do a variety of crafts under the expert eye of Amanda.

It never seems enough just to say thank you but please all you helpers do know that

Continued on page 5....

St. Swithun's News continued from page 4..

your contributions to our life in the church are much appreciated – cleaners, church openers, bell ringers, churchyard grass cutting, and all the little things that get done without being noticed.

As we head into summer, enjoy the outdoors, breathe in the fresh air and do not sit out in the sun too long!

United Benefice of Holsworthy
 Rector: Revd Alison Hardy, Churchwarden: Liffy Lowes & Janet Grant



Benefice Services for June

<http://www.holsworthybenefice.org.uk/services/benefice-calendar/>

| Worship and Prayer in the Holsworthy Benefice – JUNE 2026 | | | | | | |
|--|--|--|---------------------------------|--|--|--|
| Date | Bridgerule | Holsworthy | Pyworthy | Hollacombe | | |
| Sunday 7 th June | 11.00am Sung Eucharist | 9.30am Sung Eucharist | 9.30am Family Service | 9.30am Holy Communion 3.00pm Patronal Benediction | | |
| Sunday 14 th June | 11.00am Morning Prayer | 11.00am Sung Eucharist | 9.30am Sung Eucharist | 3.00pm Evensong | | |
| Sunday 21 st June- Father's Day | | 11.00am Sung Eucharist | 9.30am Sung Eucharist | 9.30am Holy Communion | | |
| Sunday 28 th June | 11.00am All Age Sung Eucharist | 11.00am at the Church of St. Peter & St. Paul - Café style service. | 9.30am Morning Prayer | - | | |
| | 9.30am – Pancrasweek – All Age Service | | | | | |
| | 11.00am - Benefice service at Holsworthy Church | | | | | |

Church Bookings

To book a Wedding, a Christening, or a Funeral, or for anything else, please contact: Revd Alison Hardy, email: reverendalisonhardy@gmail.com

Tel: 07780295752.

Benefice administrator:

Libbi York – email: Holsworthybenefice@icloud.com

Tel: 07717750198.



Pyworthy Village Hall News

Martin Brennan, Chairman

An Update on the Village Hall Roof Project Appeal

Following our request for support in last month's Pyworthy Post to help raise **£5,000** towards the future replacement of the Flat Roof, we would like to update you all on progress to date.

We are very grateful to report that the **Balsdon Trust** has generously supported us with a donation of **£1,000**, for which we offer our sincere thanks.

Earlier this month we held a fundraising evening, singing and dancing to the tunes of **Crazy Mama**. Unfortunately, the evening was not very well supported and whilst it was a very enjoyable evening for those who attended, the truth of the matter was that we just about covered the costs.

However, we will still soldier on. The roof still needs replacing and replacing the ageing flat roof now will secure the long-term future of the building and ensure that we can continue to accommodate our Group Meetings, Social Evenings, Skittles League, and many other activities, without disruption. The management committee feels that this proactive approach avoids the risk of higher costs and longer periods of lost use if major failures occur.

Our aim is still to raise £5,000 through local donations and fundraising. Any contribution, large or small, will make a real difference and help us protect the Hall for years to come.

Details of how to donate are at the top of this page.

If you would like to donate toward a new flat roof for the Village Hall, you can do so via:

HSBC: - Pyworthy Village Hall Committee

Sort Code 40-24-25

Account No- 41018248

Alternatively, for further details, please contact **Martin on 01409 691096.**

It goes without saying your continued support of the Village Hall — is really very much appreciated.



Potters Fish n Things

Just to let you all know that Ollie will be at the Hall on the **Third Tuesday of each month this year.** The first evening of 2026, will be **Tuesday 16th June.**

See page 53 for easyfundraising. How you can help our Village Hall, while you shop online.

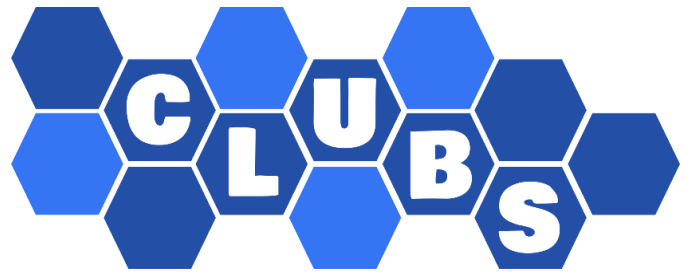
Dates for your Diary



Village Hall Meeting

Wednesday 10th of June, starting at 7.30.

Everybody welcome.



What's on at the Pyworthy Village Hall.....

Village Hall Social Club Evenings!



This month our Social Evenings are: Friday the 29th May and Friday 19th June.

Don't forget to come along and join us for Beer or whatever takes your fancy and perhaps have a go at our 'Play Your Cards Right' game on the 29th May – the jackpot is now up to £84.

Who Knows it could Be your Lucky Night!!

Doors/Bar Opens at 7pm until late.

Everybody is welcome, come along and have a good time.



Mondays: Line Dancing Club:
Complete Beginners:
5.30pm – 6.30pm
Beginners/Improvers,
6.30pm – 7.30pm
Intermediate, 7.30pm -9.30pm.

Tuesdays: the Rural Art Group, will start back on the **8th September.**

Tuesdays: Line Dancing Club,
Intermediate, 7.30pm -9.30pm.

Tuesday evenings: Men's Skittles Team. Playing at home & away.

Wednesdays: Beginners Ballroom dancing & Latin class, including Sequence dancing 7.30pm – 9.00pm.

Thursdays: Gill's Golden Gang,
10.00am – 11.00am.

Thursdays: **Coffee Mornings** –
1st & 3rd Thursdays of each month.
Starting at 11.10am. Everybody welcome!

Thursdays: **Creative Craft Club** –
2nd & 4th Thursdays of each month,
from 2.30pm until 4.30pm.



WHO'S CELEBRATING THIS MONTH?



BIRTHDAYS

JUNE

- 2nd Theresa Shipp
- 3rd Emma Heard, Peter Ross
- 4th Adele Nosworthy
- 5th Robert Heard
- 6th Clare Buse
- 7th Carol Gowing
- 10th Aiden Gerry, Elsie Bromell
- 12th Chris Powell, Bob Gelder
- 13th Thomas Martin
- 15th Michael Chandler, Jaqi Edwards
- 16th Kirsten Chandler-Ross, Paula May
- 21st Dawn Piercey
- 24th Bryn Ward
- 26th Becky Kirkwood
- 27th Matilda Goldsmith
- 28th Brynley Langman, Simon Meredith & Val Basson
- 30th Elliot Jones



SPECIAL BIRTHDAYS AND FAMILY OCCASIONS



**Happy Birthday to
Emma & Robert Heard for the
3rd & 5th June.
Lots of love from Mum, Dad &
all the family.**



Happy Birthday Mummy,
have a lovely birthday.
Love from Evie. XXXX



Community Birthday list

New Residents of
Pyworthy Parish,
please feel
welcome to add
your birthdays to
our community list.

Join

Gill's Golden Gang

Strength & Balance Exercise Class

for the over 55's!

Held at:

Thursdays.

Pyworthy Village Hall

10.00am to 11.00am.

Halwill Baptist Chapel Hall

12.45pm to 1.45pm.

Contact Gill Aston on: 07854677784
for more information.

Coffee Morning



VILLAGE HALL COFFEE MORNING GROUP

**Come along and join us at
11.10am on the 1st & 3rd
Thursdays each month.**

**Meet new friends, enjoy a coffee,
and have a good chat.**

For more information phone:

Brenda on: 01409 253015 or

Marie on: 01409 254924.

Now held in the main Village Hall.



**NEW MEMBERS ARE
VERY WELCOME!**

My Electricity Industry Recollections

Episode 17

The 1980's at Littlebrook D Power Station

By Mike Godfrey



Above: Littlebrook Power Station, Kent

Following the year when Littlebrook D ran at over full load during the Miners strike, LBD resumed its flexible output mode. We were sited on inner London Transmission circuit and provided support to London's electricity supplies at times of peak and heavy demands. This meant that we could start and shutdown three or maybe four times a day. This mode of operation on such massive plant was extremely demanding on staff, the turbo-generators and other essential auxiliary plant. This required new maintenance practises to be developed and new operational techniques to be evolved. In practise this meant that our very large turbo-generators, with a combined weight of over 1000 tonnes with a rotating turbine and generator shafts with a combined weight of 180 tonnes had to spin up from 40 rpm to rotate at

3000 rpm. Hence when we were asked to provide frequency stabilisation for London and in fact the whole Country, it took a bit of head scratching, but nevertheless we came up with a solution. It seems strange but the steam which enters the front high-pressure section of the turbine at 540 degrees C actually cools the back end of the low pressure section of the turbine, which has blades rotating at 3000rpm that are over a metre long, providing there is sufficient volume of steam flowing. We experimented just as we did during the Miners strike to increase the maximum sustainable output but this time we needed to find the minimum sustainable output, bearing in mind the operating temperature, the expansion and contraction of the turbine casing and the rotating shaft as well as numerous other parameters, **continued on page 11...**

The 1980's at Littlebrook D Power Station....

including vibration, that had to be monitored at various loads. Turbo-generators are generally designed to run up to high loads and stay there. Every turbo-generator has a critical and subcritical shaft speed and it is very important to know what these are and at what speed that they occur, because they are points of very high vibration. The shafts are balanced to ensure that they don't occur anywhere near the 3000-rpm constant running speed. Nevertheless, they cannot be eliminated, and the operations staff need to know exactly where they are as they have to ensure that they transit through these two shaft speeds very rapidly. If something goes wrong and they get stuck at one of these speeds either on the way up or down the turbo-generator could rapidly wreck itself. This was a constant problem for us as the machines were run up and down many times a day. Following all the investigatory and proving tests, we established that we could sit at about half load about 300,000kws and very rapidly raise load to over 700,000kws to help regulate the system frequency. This is very important in maintaining the system stability. We could do this on all three machines, which was a great asset for Grid control in balancing electrical demand with electricity production. Very often we were asked to run at half load during football matches and similar programmes being broadcast on the TV. Grid control would know when the TV adverts were about to start and the kettles were going to be switched on. Prior to this the boiler temperature and



Above: Littlebrook Unit control desk

pressure would be raised to the maximum limits to provide more instantaneous energy when it was required. As the frequency began to fall we would release all this pent-up energy in the boilers to rapidly increase our output towards full load to help keep the Grid system stable. After the break we would reduce back to around half load again, waiting for the next burst of energy demand. Nowadays that role is mainly taken by Dinorwig and Ffestiniog pump storage power stations. They achieve this by pumping water up to the top storage lake using the generators as a motor and then in a matter of seconds the motor becomes a generators reversing the flow of water from the top to the bottom storage lake. In that way Dinorwig can in a matter of second turn its maximum load on the Grid of over 2,000,000kws to a supply of a similar magnitude. This provides a potential positive input to the Grid of over 4,000,000kws, although it rarely needs to be used quite as dramatically as that. The two Stations are also used to cater for sudden loss of plant, since the demise of Littlebrook D **continued on page 12...**

The 1980's at Littlebrook D Power Station....

and many of the emergency Gas turbine driven generators around the Country. I did however hear a rumour that National Grid were planning to secretly install 5,000kw Diesel Generators at substations all around the Country to improve Grid system security but I have no proof of that as yet.

The oil crisis of the 1970's really left its mark on the Oil-fired power stations, particularly those that were converted from Coal to Oil in the late 60's, early 70's shortening their operational lives. It also impacted on Littlebrook D, where apart from the extraordinary year when it runs without a break at over its design full load output, there after it was used sparingly and rarely used to its full potential.

One thing that I was eternally grateful for at Littlebrook was the advancement in rectifier technology, enabling the electric current required to create the magnetism in the rotor to be passed along the shaft from the exciter to the main generator rotor. By contrast one of the jobs at Kingsnorth was this same excitation current had to be passed to the main generator rotor via brushgear made up of about 30 special carbon blocks, which rubbed against something called sliprings to transmit the current from the stationary brushgear to the shaft rotating at 3000 rpm. The whole affair was operating at 1500 volts and a very high current. These carbon impregnated brushes wore out frequently and needed to be replaced. So, every few days we would pick the most worn brushes and

wearing special rubber gloves, remove them one at a time and fit a new one that then had a flat face running against the curved slipring. Initially it made minimal contact and hence was really sparking because we were only a matter of a few metres away from the generator which contained highly explosive hydrogen at 60psi. So, we just had to stand there pushing the new brush on to the slipring to try and prevent it sparking and until it was "bedded in". What happen to health and safety, I think that I am lucky to be here without being electrocuted or blown up.

Next time we start around the second half of the 80's until I retire for the first time in 1996 aged 50.



Above: ariel view of Unit 3 being built

Domestic Abuse Helpline



Phone:



0808 2000247 for free & confidential advice.

More information available online.

If in danger phone: 999

Evelyn's Walks Update

By Evelyn Sharman,
Group Organiser



On Monday 11th May, we met in the car park opposite Milton Damerel's Parish Hall. We were fortunate to have Helen with us as she was born in the Parish & is very familiar with the footpaths. We followed Helen to the top of the hill & then along the footpath on the left. Historically, it was probably known as a "green lane" providing access to the adjacent fields. Ordinarily, it would be quite wet, especially down in the dip but as we haven't had much rain, we had to take care as the ruts had dried & we had to watch where we were putting our feet for fear of twisting an ankle. The carpet of Bluebells was stunning & the scent was a delight. We reminded ourselves of the efforts of the P3 initiative which has led to massive improvements on the footpaths over the years. Some of us could recall having to scramble up a bank in an undignified fashion but through the P3 representative in the Parish liaising with Devon County Council, some steps were installed. Similarly, any stiles have been replaced with galvanized gates which makes the route much more accessible & less challenging. When we entered the grassy field, there was evidence of cattle but in reality, there were none as we headed towards Brayleys Cottage near the Church. We strolled through the tranquil well-kept Church yard & turned right onto the lane heading towards Venn Green passing a property called Rosemead along the way. Helen paused in

If you would like further information, you are welcome to contact me.

Evelyn Sharman Tel: 01409 259 848

Email:

elyn.sharman@btinternet.com



entrance to a field & informed us that a property called Merry Between used to exist there in the 1930's. Other residents from Milton Damerel verified that there used to be a Coaching Inn called the Courtney Arms where Tor View stands today. They think that alcohol could be bought at Rosemead back in the day. Hence, the name Merry Between as it would have been situated part way between Rosemead & The Courtney Arms. Helen also pointed out the well which I was completely unaware of. When we reached the entrance to Blackberry Farm Shop, we followed the PROW known as "Butterfly Lane". Sadly, there were none but maybe it was a bit too chilly. As we approached the end of the track, we followed the footpath on the right which took us through the garden of a property & rejoined the lane opposite what used to be the old mill. You can still see evidence of where the water wheel used to be. We turned left & followed the lane back towards the Church. When we reached the junction, we could have retraced our steps through the Church yard but opted for the shorter route back to our cars. The route makes a lovely circular walk which took us a couple of hours.

Continued on page 14...

Evelyn's Walks Update continued from page 13

The next walk will be on Monday 8th June. We will be setting off from the car park at Tetcott Village Hall at 10am. Everyone is very welcome to come.



Members of Evelyn's Walks group, on their recent walk in the Milton Damerel area

Holsworthy History Society

The Holsworthy History Society met on Thursday 14th May and visited the Holsworthy Museum. There were hundreds of artefacts to see, many relating to the Second World War. There were also many old kitchen appliances on display such as a 1940's electric kettle and toaster and irons dating back to the 1800's.

This was a fascinating visit which gave an insight to a bygone age and was greatly enjoyed by the Society's members.

The Society will **next meet** at 7.00pm on Thursday 11th June in the Manor Suite of the Holsworthy Memorial Hall when David Kendrick will give a talk on Nelson Mandela. David has previously given many presentations to the Society, all of which have been extremely interesting.

All are welcome to join us.

All are welcome, membership for the year is £25 payable by either cash, cheque or BACS (preferable) or £5 for visitors.

For more information about the History Society contact:

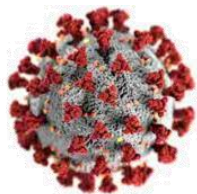
holsworthyhistorysociety@gmail.com

By Margaret Stacey

Episode 8

My COVID Diaries

By Mark Marriott



The Bournemouth International Centre
Vaccination Centre

In episode 7 I left Weston behind having run the hospital through the worst of the pandemic, this time I soon find myself back in the thick of it in Dorset.

Like Liam Neeson, I have a very particular set of skills, but unlike Liam Neeson mine don't involve killing people; instead, I help save failing NHS trusts and health systems. In the 15 or so years I worked with the NHS I've been the recovery director at mid Staffordshire NHS Trust after it collapsed, the chief operating officer of Yeovil hospital after the previous one was sacked, the turn around director at South London and Maudsley mental health trust, I managed £470 million of debt for the Devon health system as recovery director and as I've said in the start of these COVID diaries I was the chief operating officer of Weston General Hospital after the previous board resigned. In August 2020 when Weston finally merged with Bristol I was released from the role and made myself available again to NHS England for any organisations facing a

problem, this happened to be Dorset Healthcare NHS Trust. Dorset Healthcare is a mental health and Community Trust that runs several mental health facilities, minor injury units and community hospitals across Dorset and it was struggling to understand how it would continue to operate through the pandemic and beyond. So, my job was easy: understand the operations of an organisation that covered all of Dorset, serving nearly 800,000 residents, employing around 8,000 staff, operating from over 300 sites and handling over 1.3 million care contacts a year, then determine how to continue to provide care during the pandemic with its ongoing lock downs and beyond.

I set myself a deadline of the 30th of November for the provisional findings on how the trust should work for the next five years; this would give me time to submit my report to the December board and start working redesigning the trust and its services in January 2021. It was a tall order, but I set about interviewing every board member, every service manager and every clinical lead, visiting every site and speaking with every patient focus group. I travelled the length and breadth of Dorset and within three months had witnessed every service the trust delivered, spoken to over 40 patient groups, 200 clinical groups and 8 service directorates. I was in a position to produce a report on how every service and every site should operate during the rest of the pandemic, including how to step up during a pandemic surge, how to step down during lockdown, how to recover after **continued on page 16...**

My COVID Diaries continued from page 15.....

My paper was delivered to the board in the first week of December and I went through the plans in detail including the impact on finances, patient numbers, clinical outcomes and community involvement. The board agreed to take the report away and review it through their subcommittees and produce a decision on how to proceed in January. But I never got to implement the plan.

On December the 8th 2020, The same day as the Dorset Healthcare board meeting, Margaret Keenan had the first ever COVID vaccination in the UK in a hospital in Coventry. The UK had ordered nearly 200 million vaccinations from four different suppliers who were all racing to develop a vaccine, and six hospitals were already set up as trials units to start delivering the Pfizer vaccine. By the 10th of December, Dorset had been instructed to set up a mass vaccination centre capable of eventually delivering 4,500 doses a day to the general public and to be ready to do 1,500 a day by the 18th of January, It was to be the first mass vaccination centre outside of a clinical setting and was phase 2 of the vaccine solution to the pandemic. So instead of asking me to implement the plan to live with COVID the board asked me to set up a vaccination centre to help eradicate it.

We hired the Bournemouth International Centre (known as the BIC) opposite Bournemouth pier and put a team of staff together to quickly understand how the vaccination

pathway worked and how we could deliver 4,500 a day. Luckily the hospitals acting as trials units were also developing the vaccination pathway to provide guidance to the first wave of non-hospital settings like Dorset, so we were learning in real time how the vaccine could be delivered, how the public were reacting and how social distancing could be maintained. The problem was none of them were set up to deal with the volumes that we were expecting to see in the BIC and we were to be used as a guinea pig for the rest of the country to understand how to set up such an enormous centre from scratch. So, as we used to say in the Navy, all leave was cancelled and we mustered in the main hall to start the task. We had to open the centre on the 18th of January and right now it was just a great big empty hall. Luckily three key members of the team were all ex-military : a Regimental Sergeant Major from the Royal Logistics Corps was Dorset Healthcare's emergency response manager; a Colonel from the Territorial Army Medical Corps was NHS Dorset's service development director; and me a Commander from the Navy and the newly crowned Dorset COVID-19 Senior Responsible Officer and vaccination service director. As a gang we walked around the whole of the BIC with note takers in tow quickly agreeing what each space could do and how it would fit in the vaccination centre plan. We walked through the vaccination pathway on paper then on a whiteboard and finally across the floor of the main hall. Within three days we had an outline plan of how the vaccination **continued on page 17...**

My COVID Diaries continued from page 16.....

centre might function and we presented it to our nursing, clinical, pharmaceutical, logistics and management teams inviting them to critique and improve what we'd already done. We then set about a Rehearsal Of Concept, or ROC, drill to walk through the whole site practicing what might go on in each space and making notes of issues we might face at each step.

The challenges were enormous: the Pfizer vaccine needed to be kept at -80° C then defrosted for six hours in a fridge before it could be used after which it had a fridge life of 7 days and a room temperature life of 6 hours. So we needed two enormous commercial very low temperature freezers and even bigger fridges all with computer controlled temperatures and very, very precise planning usage and management processes for the vaccines because they were so precious and not a single vaccine dose was to be lost.

We left the pharmacists to work out this conundrum and how they would maintain the cold chain to the exacting requirements of the Pfizer drug and moved on to how the vaccine would actually be administered. The "jab" process had five steps: checking in to check eligibility and accept the patients invitation for the vaccine then load them onto the system; triaging to consent the patient and make sure they were suitable for the vaccine and that they understood the various risks; preparation to get the patient ready to receive the vaccine in their preferred

arm after completing the vaccination card; the vaccination itself was very quick but the needles had to be drawn from the defrosted Pfizer vials in strict order to make sure no shelf life was expired; finally the patient had to wait 30 minutes to ensure there was no reaction to the vaccine and we had a crash team on site just in case. Each of these steps were different lengths and we had to understand how we could maximise the vaccinators time to enable them to vaccinate one after another so, for a single vaccination line of 1,500 a day, we had one check in desk, 5 triage desks, four preparation stations, two vaccination stations and 60 supervised post vaccination chairs. This would allow each vaccinator 60 seconds to vaccinate a patient allowing the line to vaccinate 1,500 people in a 12 1/2 hour day; this was planned to go on until the government told us to stop. Our eventual target was 4,500 people a day, which meant 3 vaccination lines, serving 360 people an hour or six people every minute and since the first set of jabs were for people over 80 we expected them to arrive with a carer or partner so we needed to process around 12 people a minute all day every day.

We left the nurses in charge of setting up the vaccination stations and we turned our attention to the inevitable queue of people that would arrive when the centre opened. Not only did we need to ensure 2 metre spacing, but we also needed to make it as obvious as possible what people would do when they arrived at the centre, but just in case people didn't understand what to do we had an army of **continued on page 18...**

My COVID Diaries continued from page 17.....

volunteers to help move the queue along. We resorted to just about every queueing technique possible including butcher's tickets, rest points for frail patients, a queuing snake, an estimated time to queue and a section where people too frail to use the snake could sit and wait until it was the turn for their number. We left the volunteer service managers in charge of setting up the queuing system and we turned our attention to stores and logistics.

Not only were we expecting 4,500 doses every day we were expecting 4,500 needles, 4,500 patient information leaflets, thousands of gloves, masks, aprons, teas, coffees, sticking plasters, sterilised wipes, hand gels and all the myriads of clinical and non-clinical equipment needed to deal with 4,500 patients accompanied by 4,500 carers and partners a day. Luckily Dorset Healthcare's director of logistics was allocated to the team and we gave him an enormous space next to the BIC's delivery section and left him to set up a storeroom and stock control system.

We worked and worked, walking through problems as they arose and fixing them with the ingenuity and skill of the team. The pharmacy's problems doubled when Astrazeneca released their vaccine on the 30th of December and we were informed that we would get either Pfizer or Astrazeneca on the 18th of January, but NHS England didn't know which one. The best thing about the Astrazeneca jab was it just needed to be stored in a fridge and had a shelf life of a month which was much easier to control but it meant our pharmacy

team had to construct a second vaccination handling facility so that the two drugs didn't get mixed up.

By Saturday the 16th of January we had completed the centre and we were set to test it on our own staff on the 17th, but before then NHS England opened us up to the press and all and sundry arrived on site to take photos and interview the trust board, none of whom had been involved in the building of the vaccine centre but nevertheless took their chance to get on TV. The gang of 3, as we had become known, hid from the cameras and let the nurses, pharmacists, volunteers and service managers take the credit they deserved for the work that they had done. The finished setup was used across the media as an example of a mass vaccination centre and the photo of the BIC at the top of this episode is pinched from the BBC. Those of you reading online can watch a video of the setup and operation of the centre that was made when it finally closed here.

<https://www.facebook.com/share/v/1AwHXEyPph/>

Next time the centre opens to the public and the beginning of the end of the pandemic.



Pyworthy MOT Ltd



Typical opening hours depending on school times and holidays.

| | |
|------------|--|
| Monday: | 9.00am until 1.00pm |
| Tuesday: | 9.00am until 4.30pm |
| Wednesday: | 7.30am until 4.30pm |
| Thursday: | 7.30am until 4.30pm |
| Friday: | 7.30am until 4.30pm or 7.30am until 1.00pm. |

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MAY'S PYWORTHY POSER QUIZ

ANSWERS:

1. Arsene Wenger.
2. Finland.
3. 25 (Ace to 9 x 4 suits + "the Benny" (usually a Joker or 2 of Spades).
4. 5 furlongs. (on the Flat).
5. Both the same!
6. USA (at the YMCA in Springfield, Massachusetts).
7. A Sturgeon.
8. Steve Redgrave, now Sir!
9. Luke.
10. 14.



How did you do? Why not try this month's quiz on page 33.

Good luck from your Pyworthy Pilgrim.

In the Spotlight



Andrew Beaven

Name: Andrew Beaven

Age: 63

Occupation: Farmer. First job: working on a farm just outside Bristol. Moved to Bicton College, aged 18, in 1981 where he met his wife, Carol. Moved to Buckinghamshire, where the couple both milked large herds of cows for 16 months. Moved to first job as herdsman for the Collins at Winscott in September 1985. Now farming a herd of British Friesian cows there. Andrew is a Pyworthy Parish councillor.

Place Of Birth: St Brendan's nursing home, Clifton, Bristol.

What is the best thing about Pyworthy and why?

"The people looking out for one another and the community.

What one thing would you change about Pyworthy and why?

For there to be broader support for Pyworthy's amenities: the hall and the clubs, the running of which is hard work. Support is needed for them to survive.

Describe yourself in 3 words:

Hard-working, reliable and kind, I hope.

How do you like to spend your free time?

"What is free time; I don't understand the concept. I tend to group it with weekends and bank holidays; what are these things?"

What one thing have you always wanted to do, try or learn?

"To get better at skittles. I am still trying, as my team would agree."

(Andrew is Captain of the Pyworthy Skittles Team).

If you could meet anyone living or dead, who would it be?

Muhammad Ali

Continued on page 21...

Community
FOCUS



Thanks go to Bryony Rylett for your research.



Andrew Beaven

If you won a million pounds, what would you do with the money?

Travel and put some towards our forever home.

If granted three wishes, what would they be (extra wishes excluded)?

1. A lie-in
2. Cows that calved during office hours
3. A holiday

If you had to flee your home at very short notice what three items would you grab?

1. Wife Carol
 2. Cockapoos - Florrie and Tansy
 3. Credit Cards
- ("Everything else can be replaced.")

What three things delight you?

1. Newborn calves
2. Nature
3. The wife (sometimes)

Pyworthy Rural Art Group

Pyworthy ART



Now we have finished for the summer, this is just a REMINDER about our Art Exhibition in the Pyworthy Church, which is on the 18th and 19th July. Exhibitors, please hand your paintings in at the church on the Friday 17th July at 10am.

This is the Church Patronal Festival, so will have our Art display, flower displays, and the History of the church and village, with refreshments being served - so why not come along.

Art classes start back on the 8th September in the Village Hall, all abilities welcome.

If anyone is interested, we could meet in my garden in June for outside painting. Just give me a call.

For further information contact Janet Grant Tel: 01409 259356

More information about The Church Patronal Festival can be found on page 31.

Men's Skittles



Men's Skittles!

Pyworthy has a Men's Skittles Team, which meet on Tuesday evenings. If you would be interested in joining them, please contact:

Andrew on 07531186466 or 01409 253509.

Training will be given!

Make a Donation to the Pyworthy Post, It's Simple!

If you would like to give a donation towards the printing cost of the Pyworthy Post – see details below.

BACS details:

Account number: 01086227

Sort code: 40-24-25

Account name: Pyworthy Post

Type of account: Community account.

Please email me your name and address for a receipt at:
pyworthy@post.com

A big thank you to all those who have already donated to the cost of printing the paper, which is very much appreciated. Marion



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GARDENING MATTERS from CRINACOTT

By Mike Godfrey, keen gardener



The last month or so has been pretty dry, although as I am writing this we have had wet weather to restore the balance of moisture in the ground. However, the next 10 days or so are forecast to be reasonably dry but given the accuracy of forecasting it probably means that we will be in for a wet spell. The real killer has been the numerous seriously high winds which are drying off the ground and damaging plants. This latest one has been particularly damaging to the young plant growth, and it has been penetratingly cold; I almost had to put my thermals on again. We haven't had too many serious frosts, so I am hoping that the fruit tree and bush blossoms won't have been affected, but these latest high winds will have taken their toll.

This weather seems to have encouraged the grass to grow well, which is a good and a bad thing. The fields that we keep producing Haylage are going to have a good early crop, giving the potential for a second crop in September but it also means our domestic lawns and pathways are growing faster than we can mow and trim them, making it very difficult to keep on top of things. On the positive side I made the decision last year to leave more grass to grow wild to encourage more wildlife, so the situation could be far worse if we still had to cut all this grass as well.

My wilding project to make my orchard and local woodland more wildlife friendly has had some limited



Above: the pathways mowed through the Orchard to plant wildflower plugs

success but at this moment it looks like all the plants like poppies; cornflower and yellow rattle are yet to show their heads and may have been overcome by the rapid grass growth this spring. I will keep my fingers and toes crossed that something might happen. I have however, mowed some metre wide strips through and between the orchard trees, with the mower set to its lowest setting and really scalped the grass. I had previously purchased some 200 yellow rattle and other wildflower plugs, which have now been planted in these areas thanks to Al and Seb from Trigon Farm. Hopefully their hard work will pay off and the plants will get established before the grass smothers them. I think it will be a close-run thing.

My small wildlife pond has gradually established itself, although we have to top it up in the dry spells with well and borehole water. It has been inundated with frog and toad spawn which are now producing vast quantities of very tiny frogs and toads from the multitude of tadpoles that were in there. I have transported some of them **continued on page 24...**

GARDENING MATTERS from CRINACOTT
continued from page 23.....

to areas we seem to suffer with slugs in the hope that they will deal with them. I have also stocked my polytunnels with frogs/toads to feed on them as they appear as the weather warms up. Given my problems with seed germination and the growth of beetroot, parsnips and some carrots over the past 2 or 3 years, I have imported many tonnes of compost, which is being applied liberally over the polytunnel vegetable growing areas as well as my outside garden vegetable growing areas. So, let's hope that it does the trick and we get some reasonable crops this year,

Jobs for this month, if you haven't already done them:-

- Prepare your seed beds as the drier weather allows and start to sow seeds such as peas and beans direct into the soil as it begins to warm up.
- Sow salad crop seeds in pots or trays if you have somewhere warm, light and airy to keep them, which is frost free. Try not plant all seeds in one go, sow to provide continuity of supply rather than have the whole crop ready at the same time, so a lot will inevitably go to waste or the compost bin.
- You can also sow vegetable and some flower seeds in pots or divided trays to get a head start. Courgettes, leeks, sweet corn, runner and other beans as well as flowers like sweet peas and other annuals.
- Plant out Runner Beans, and other beans, Courgette, Leek, Sweet Corn and flower plants now the risk

frost has diminished, we hope.

- Plan and install the supports for beans and peas
- If you are planting out sweetcorn, remember that it is wind pollinated so best planted in blocks rather than in rows to improve the chances of successful pollination.
- Sow successional crops of peas, carrots, beetroot and other salad crops.
- Continue to earth up potatoes as the shoots come through.
- Start to plant out summer bedding plants in beds, containers and hanging baskets, don't forget to water them regularly and feed them once a week.
- Also plant out previously sown sweet peas when they reach about 6 in high, pinch the tops out to encourage bushier growth and more flower. Pick the flowers regularly to create more flower growth.
- If you planted early potatoes, remember to earth them up as the leaf shoots appear. This will encourage the production of more potatoes and protect them from sunlight, which turns them green and poisonous.
- If you grow strawberries, now is the time to raise the berries and bed them on straw and net them over to prevent the birds from pinching them.
- Why not join me in reducing the amount of grass that is mowed and help to create some more wildlife friendly habitat. This will also help young amphibians to survive, particularly close to ponds and wet

continued on page 25...

Jobs for the month ahead continued:

- Where possible leave the dandelions to flower because they are rich in nectar and pollen, which helps pollinating insect immensely.
- Create wildlife habitats using small piles of stones and twigs for beetles and amphibians.
- Be careful when trimming hedges and shrubs because birds could be nesting and they need all the help that we can give them to help them and their youngsters to thrive.
- Watch out for slug and snail damage, especially around dusk on damp days. Encourage frogs, toads and ground beetles to deal with them or move them to your compost bin/area, where they will be happier munching on the rotting vegetation.
- Finally, just be cautious, although we have had some pretty warm days and plenty of sunshine there is still the possibility of pretty cold nights at this time of the year, which could affect your more delicate plants, temperatures below 7 degrees C can affect them.

If anyone needs to contact me on 01409 253401 or 07798 647041 or by e-mail at: mikecrinacott1@gmail.com.

Right: My beautiful Golden Wedding rose from 10 years ago.



Booking GP Appointments at Ruby Medical Centre, Holworthy

Accessing GP Appointments - an **extract** from the leaflet available from reception at the surgery:

"To ensure that GP appointments are allocated fairly and safely according to clinical need, appointments with Doctors can no longer be booked directly at the Front Desk. Patients can request a GP appointment by calling the practice by telephone or completing the online Accurx request form available via the practice website. Our care navigation and clinical triage processes help ensure that: Patients are directed to the most appropriate clinician or service, urgent problems are prioritised appropriately, appointment capacity is used safely and fairly."

Other appointments and queries:-

Reception can still help with:

- Nurse and Healthcare assistant appointments
- General enquires.

The full-length leaflet can be picked up at the reception desk.

Web address:

www.rubycountrymedicalgroup.co.uk

Tel: 01409 253692.

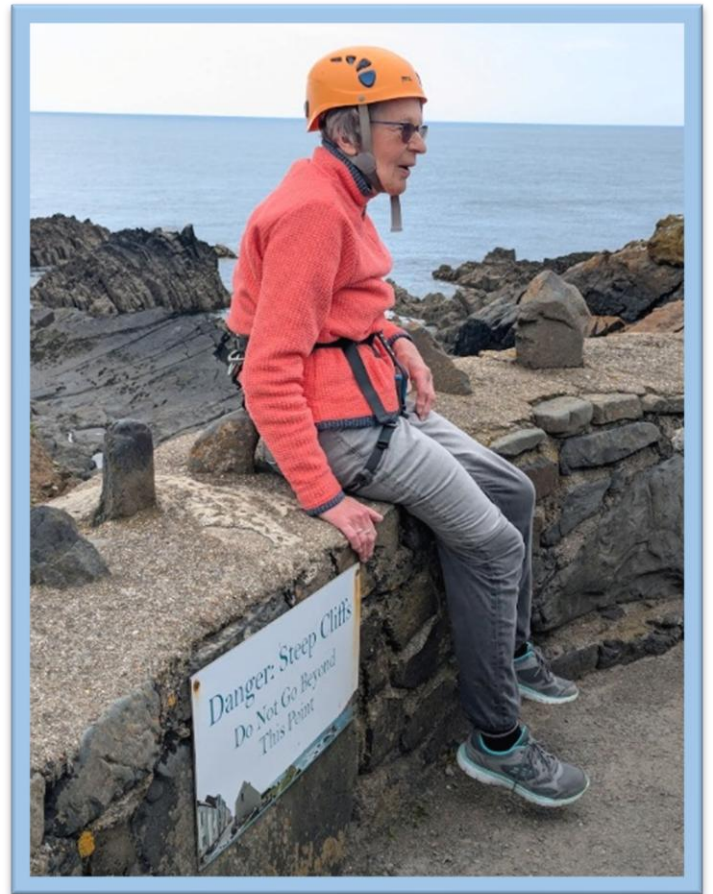
(NB The email is no longer monitored).

Abseil Completed



Wednesday May 6th, a fine day, cloudy, dry and very important, no wind. At around 1pm, Janet, Jan and I set off for Hartland Quay where I was to do my sponsored abseil to raise funds for clock and tower repairs and restoration. At this point I wasn't in the least worried, but I knew I would be by the time I was kitted out for the event. It was lovely to see that half a dozen other people had come to watch, they turned out to be a great boost to me.

We arrived at Hartland and met up with Simon who was my guide. He must have looked at the group of us and wondered just what he'd let himself in for! To give him credit he didn't bat an eyelid when I stepped forward. He kitted me up with harness and safety hat and we set off. We had quite a walk around the bay (at quite a height); Jan came with us as she wanted to take photos of me starting off the abseil. Simon showed me what to do and then fastened, first of all, the white rope which was to lower me and then the blue rope, my safety line. I was ready to go! This was when my nerves kicked in. I held the white rope and slowly let it out as I neared the edge leaning slightly backwards. The route became steeper and Simon told me to lean far back and get my feet flat on the surface while still going back so that I was effectively walking down the cliff. But my feet kept slipping on the surface and I have to admit I went down the cliff doing a sort of



abseil but I reached the bottom with my feet in a rock pool. There were a lot of rock pools on the way back! But I'd done it. After I'd untied the ropes, Simon pulled them up and came down in a proper abseil taking about five seconds. It had taken me what seemed like about half an hour but was probably more like ten minutes!

I looked around and realised that once down there, I had to get back up again. Simon admitted afterwards that he spent a lot of time thinking ahead as to how he was going to get this oldie back up. Anyone who has seen Hartland Quay at low tide will know that the surface is anything but flat and easy going. First of all, we clambered over the rocks sticking up vertically (there were a lot of these as well) and splashing around in rock pools. But we made it to the flat area which I thought looked rather like a grey sandy

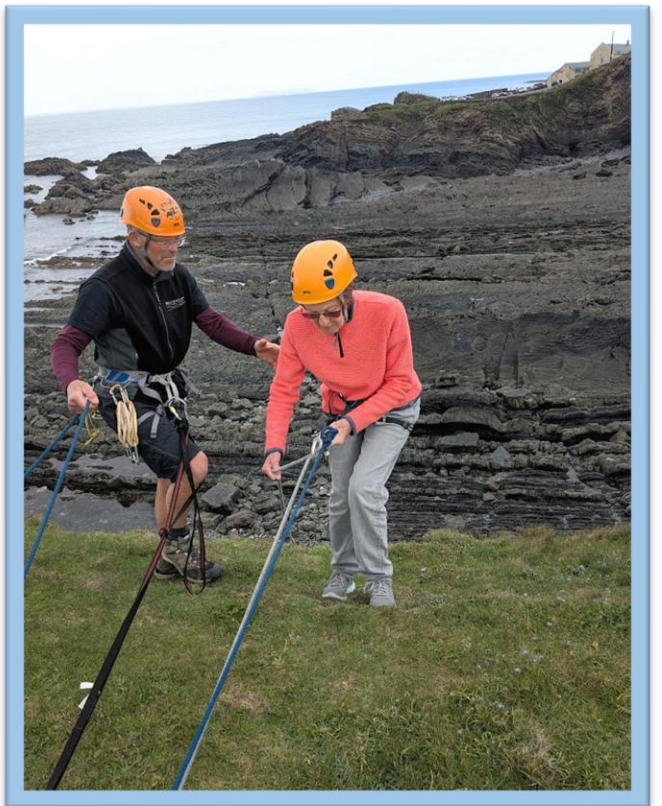
continued on page 27....

beach. How wrong can you get!! This area was no beach, rather an assortment of pebbles which were not easy to traverse (no rock pools though), but we made it as far as the next lot of vertically stacked rocks and even more pools. By now I was soaking from above knee down and sloshing around in my trainers. So we crossed these rocks and finally came to the point when Simon said "We'll climb up here". I looked up and did nothing more than shrug my shoulders. I had to get up there! I will say that in all this clambering and climbing I never once felt afraid, I just followed Simon and trusted him. I had to, there was nothing else for it. And so, we climbed up the cliff and eventually reached the top. We walked to the wall around the hotel. I couldn't get over it; there wasn't enough hold for me so I got lifted over! I was glad to see my mates who'd been watching and wondering if I would make it. But I'd done it! I think Simon was amazed to see Janet get my walker out of her car and bring it over, he'd had no idea that I used one!! all of us went to the hotel and had tea and cakes and that was the end of trip.

I must thank Simon, who was so patient and kind and never shouted at me; he did say I was the oldest person he'd taken abseiling and this was among his top ten most exciting afternoons. I have this feeling that Simon thought my rock climbing was an improvement on my abseiling; I have to say I did too. I would also like to thank my friends who came to chivvy me on, they were a great support, it was lovely to look up and see them cheering and shouting encouragement.

Thank you all. Liffy

Email address: pyworthy@post.com Telephone number: 01409 478294 Page 27



Well done to Liffy who generated an amazing £1100 towards the repair of our Village Church.

Holsworthy Library

Tel: 01409 253514. Email: holsworthy.library@librariesunlimited.org.uk

www.discover.librariesunlimited.org.uk

Also, Holsworthy Library on Facebook and Instagram

What's On At HOLSWORTHY LIBRARY June 2026



Library News!

- **Sew Together**, Monday 1st, 15th & 29th - 3:30pm-4:30pm. Bring your own hand sewing project. An informal and supportive group rather than a class or lesson!
- **Bounce & Rhyme**, Thursday 4th, 11th, 18st & 25th - 2:15pm-2:45pm . Songs and stories for children 0-4 years old. Term time only.
- **Devon Family Hub Drop In Advice Session**, Thursday 4th - 2pm-4pm. FREE Family Advice & Guidance to anyone with a child aged 0-19 (up to 25 with SEND). Call 0800 5385458 Mon-Fri 10am-4pm for advice & guidance if you can't make the sessions.
- **Community Plant Swap & Giveaway** - Come along any time during opening hours in the week between 6th-13th June with any excess plants you have bought/grown and then browse the available plants to take away and grow. Not grown anything yourself? Choose your favourite plant and take it home!
- **Gardening Cuppa and Chat**, Wednesday 10th - 2pm-3pm. A monthly meeting to talk all things gardening. Everyone welcome.
- **Lloyds Bank Community Banking**, every other Monday 2-4. By appointment only - call 02077143681 to book direct with Lloyds.
- **Self Service Baby Weigh**. Every Thursday - 1pm-4pm.
- **Lego and games** for children. Every Saturday - 10am-12pm



Holsworthy Library - There are lots of exciting things happening at your local library. In addition to a great range of books, you can use your library membership to access free eBooks and audiobooks via the Borrowbox app. We also have free public computers and Wi-Fi as well as printing, copying and scanning facilities. It is free to join the library, and we are a friendly, welcoming space open to all. Free hot drinks are available, and people are encouraged to use the library as a place to relax, work and socialise as well as to find their next great read!

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Wednesday 10am-6pm
Thursday 10am-5pm
Friday Closed
Saturday 10am-1pm - Sundays Closed.





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Sunday 7th June - Amy Roberts & the Craig Milverton Trio

Sunday 21st June - Riviera Ramblers

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Pyworthy Poser Quiz For JUNE 2026..



Some General Knowledge Questions (put the 'phone down & no-Googling!)

1. What is the full definition of COVID 19?
2. On 29.06.1801, what happened for the first time in Britain?
3. On 29.06.1966, which Bank issued the first British Credit Card?
4. What species of bird is most common in UK?
5. It could be Sea, Brown or Rainbow - what is it?
6. British sprinter Eric Liddell, on 20.08.1924, refused to run in the heat of the 100M at Paris Olympics. Why?
7. On 25.08.1919, the world's first airline passenger service was established - between which two cities?
8. In which decade did Coca-Cola first go on sale in Britain?
9. In which sport would you find a gentleman named J.H. Gosden?
10. In 1992, which former World athlete was elected MP for Falmouth & Camborne?

The answers will be in the next Pyworthy Post

By The Pyworthy Pilgrim

Trigon Farm, Derriton, Holsworthy. EX22 6JU

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- Dried Flowers Wreath Workshop – 10 October

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7.30pm – 9.30pm.

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Come and join us!

Devon CPRE calls on all district councils to follow North Devon's lead towards banning solar installations from productive farmland.

Environmental charity Devon CPRE has warmly welcomed the news (27 April) that North Devon Council has voted to protect farmland by prioritising small solar installations on roofs and car parks, and large ones on brownfield rather than greenfield land.

The motion, proposed by Cllr Pru Maskell, called on the government to develop policies to support these priorities and provide financial incentives for rooftop and car park solar projects. Currently, the financial incentives push developers towards ever-larger solar parks on greenfield sites.

"This is a very welcome and timely move by North Devon, as offshore investors are lining up to create mega-solar installations in several parts of the county, including North Devon and Torrridge," said Devon CPRE chairman Steve Crowther. "We sincerely hope that other district councils will follow suit and send a clear message to the speculators that they are not welcome on our green land.

"At a time of such geopolitical instability and uncertainty, it is crazy to cover productive Devon farmland – one of the UK's principal food production units – with inert glass and steel arrays which produce on average 10% of their theoretical power capacity and have to be backed up with huge battery banks.

"North Devon's principled stance follows on the heels of several councils that have taken a similar line in the past 18 months. The remarkable thing is that these motions have been pushed through by parties from across the political spectrum – from the Greens in Suffolk and Liberal Democrats in South Norfolk to Reform UK and Conservatives in Doncaster and Derbyshire – showing that the government's approach to energy policy and food security is falling far behind the public's expectations."

Devon CPRE is currently leading opposition to two mega-solar sites, one of 2,700 acres at Holsworthy and a growing cluster of 700 acres around Alverdiscott. The charity is urging Devon residents and visitors to sign the petitions calling on the government to stop these developments:



Above: a picture of the newly installed solar panels near Ashreigney, Torrridge taken by Sharon Goble

devoncpre.org.uk.

FATHER'S DAY

Father's Day is on the Sunday 21st June this year.

Father's Day as we know it today originated in the United States in the early 20th century. The holiday is widely credited to Sonora Smart Dodd from Spokane, Washington.

In 1909, she was inspired after hearing a church sermon about Mother's Day and thought fathers deserved similar recognition. She wanted to honour her own father, William Jackson Smart, who raised six children as a single parent after their mother died. Because of her efforts, the first official Father's Day was celebrated on 19th June 1910 in Spokane, Washington.

In parts of Europe, people celebrated fatherhood on 19 March (St. Joseph's Day) for centuries.

These helped shape the idea but didn't create the annual holiday we recognise today.

Father's Day falls in June because:

- Sonora Smart Dodd originally wanted it on 5th June, her father's birthday.
- The first organisers chose the third Sunday in June instead, giving time to prepare church services.
- June also coincided with the birth month of her father, reinforcing the timing.

Father's Day didn't become popular overnight:

- At first, some people mocked or resisted the idea, seeing it as unnecessary or too commercial.

- It gained support over the decades, with encouragement from public figures like President Calvin Coolidge in the 1920s.
- Finally, in 1972, U.S. President Richard Nixon made it an official national observance.

How it came to the UK:

Father's Day has a different story in Britain:

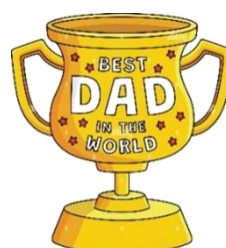
- The celebration was imported from the United States, rather than starting locally.
- It didn't become widely recognised in the UK until after World War II.
- By the late 20th century, it had become a well-known and widely observed occasion. Unlike Mothering Sunday (which has deep roots in British history), Father's Day is a modern tradition in the UK.

Today, Father's Day is celebrated worldwide:

- It's held on the third Sunday in June in the UK and many other countries.
- People typically mark it with cards, gifts, and spending time with family.

In short:

Father's Day began in 1910 thanks to a daughter wanting to honour her father, this gradually became popular and was later adopted in the UK where it's now a familiar annual celebration.



HAPPY FATHER'S DAY



West Devon Airgun Club

BY NIGEL PALMER – mobile 07488339351
Free taster sessions available



We have a varied membership in both age and gender the youngest being 8 and the eldest 87. We have a 7-lane covered shooting area which is used for both general plinking and bench rest competitions.

We have two 40 target courses laid out in the field and woods. Sundays have become a meeting place as much as a shooting place, with a woodburner installed in the shed tea/coffee etc. sometimes it's just a place to put the world to rights (think we could do a better job between us).

At the moment 25 metre benchrest is very popular and the club holds monthly competitions with the top 6 going forward to a regional final in the autumn. For the first time this winter we won the challenge trophy against the Dartmoor Marksmen who have some of the region's top shooters so credit to our team who put in plenty of practice.

We continue to support the South West Field Target Association and compete in their monthly field target and hunter field target competitions throughout the South West. **June the 21st** is our round of the competition, so it would be great if we could have some local support. You are welcome to come along. Whether you're an Airgun hunter, competition shooter or a back garden plinker you will not be disappointed, contact me for a free taster session on 07488339351.

**We are open Wednesdays from 9.30am & Saturdays and
Sundays 9.30-3 pm.**

Sunrise, Sunset Times for the coming month:



1st JUNE 2026 (UK, Exeter)

☀ Sunrise time: 05.06am GMT

🌇 Sunset time: 21.17pm GMT

🕒 Length of day: 16 Hrs 11 mins.

30th JUNE 2026 (UK, Exeter)

☀ Sunrise time: 05.04am GMT

🌇 Sunset time: 21.30pm GMT

🕒 Length of day: 16 hrs 25 mins

Reported in the Holsworthy Post –
Thursday 21st May 2026
By Aaron Greenaway.

Holsworthy proposals for change open for consultation

PROPOSALS for changes to the rules around street parking in the centre of Holsworthy have been put out to consultation.

Devon County Council have unveiled their proposals to change the parking regime at The Square.

The proposals if implemented would see the restrictions at The Square changed in order to primarily facilitate the fact the market is no longer held on Wednesdays.

It would change it from the current no waiting between midnight and 6pm on Wednesdays to a limited waiting which will permit a maximum of one hours parking between 8am and 6pm, with no return permitted for an hour afterwards.

A part of The Square will have a no waiting at any time restriction introduced.

Cllr Nigel Kenneally, encourages residents to have their say. If you have any objections, please put them in writing to Director of Democratic and Legal services. County Hall, Topsham Road, Exeter EX2 4QD using reference imr/DEV001/1629 website reference 6309.

You will be able to view them online at: www.devon.cc/alwrp
Representations will need to be received by the June 12, 2026."



Torridge

District Council

Pyworthy Collections



JUNE 2026 - Pyworthy Village, other villages may have a different collection schedule.

Black bag collection days are:

Friday 12th June

Friday 26th June



**Recycling- Every Monday,
Boxes/Bags & Food Caddy**

Weekly collection of 2 x boxes & 2 x bags. Weekly collection of food waste in caddy.

Garden Waste Collection dates:

Monday 9th June

Monday 23rd June.

**Have you renewed your
subscription for this year?**

**For more information go
to: www.torridge.gov.uk**

Or phone:

01237 428700



Can AI be accurate and trustworthy?

By Brian Meadows of Nofix-Nofee

Neural networks have made catfishing, where scammers create a fake identity or impersonate a real person, much easier. Modern generative neural networks can imitate a person's appearance, voice, or writing style with a high degree of accuracy. All a scammer needs to do is gather publicly available information about a person and feed that data to an AI model, photos, videos, public posts and comments, plus information about relatives, hobbies, anything and everything can be used.

Fake singers have been created and are now topping the best downloaded online singles charts and full-length feature films are next. Our government believes the UK should be in the forefront of AI data development. Sorry to have to inform them, we have missed the boat on that one, (not enough electricity, don't you know!)

I have written several articles on how AI makes mistakes, now the British Medical Journal has declared that several AI models are giving incorrect medical advice! Using AI as a search engine is a huge mistake, it collects data from existing search engines and other sources including both good elements and bad, and accurate data and false data. Only a true professional will give you the best medical advice (but they too can make mistakes).

Now don't get me wrong I think AI is a very exciting tool, only that it's merely a stepping stone to greater things already in the pipeline and as the younger generation have found a

method of generating an income from uploading videos, 1 million likes can earn between £3,000 and £4,000, a totally different culture is developing before us.

Smart kids already know the tricks on how to get around internet age restrictions and when geriatric minded politicians suggest legislation should be implemented at some time in the future, the younger generation are already there and halfway back again!

There have been millions of words printed on the dangers of internet scams affecting older people. Believe me when I say you have seen nothing yet. ID cards will produce a host of "doppelgangers" and no matter if you subscribe to ID's or not, AI will easily produce them, completely without your knowledge, a perfect medium for a thief to steal one's identity. Don't believe me? Wait and see! (But by then it will be too late) ...and thieves are getting smarter, or so you would think! After studying the floor plans of houses for sale on Rightmove, two thieves ransacked one house while homeowners were still in residence! Stupidly they didn't notice the surveillance cameras which monitored their every move and were caught and prosecuted!

On a brighter note the recent Moon shot safely brought the Astronauts back to earth. With a planned manned moon station in 2028, supported by mechanical robotics to work outside the base station in a zero-oxygen environment will be putting AI "Robonauts" to good and practical use. **Continued on page 40.....**

Can AI be accurate and trustworthy? Continued from page 39...

For computer help and advice, Tel: Brian Meadows 01288 381061.



Nofix-Nofee Computer Repair Service. (nofix-nofee.com)



Holsworthy **Food Bank**

You can donate tinned food, packets or boxes of food. Unfortunately, fresh produce cannot be accepted.

Donations can be left in the box at the back of St. Swithun's Church, Pyworthy, which is open every day. Thank you.



J. Mansell 07896 945889

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Jamescancott@gmail.com

Banking Hub NOW open

A banking hub had recently opened in Bude in the permanent location at:

1 The Depot, Lansdown Road, Bude.

Customers from all major banks can visit the hub any weekday between 9.00am and 5.00pm.

Services will include regular cash transactions including withdrawals and deposits as well as checking balances or paying bills. It also provides a banking service where customers can talk to their own bank in a private space about more complicated issues on the day their bank is in the hub.

Monday TSB

Tuesday Nat. West.

Wednesday Barclays

Thursday Barclays

Friday Lloyds



Banking Hub!

PYWORTHY



The Dog Show is part of the Pyworthy Country Show.

It will take place on

Sunday 14th June,

starting at

approximately 10.30am.



Bude Farmers & Craft Market – every Friday 10am until 3pm, until September.

The Green at Lower Wharf, right alongside the canal and in front of the artisan workshops, the market offers a fantastic setting.

<https://budefarmersandcraftmarket.co.uk/>

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5.30pm & 7.00pm

Holsworthy

Holsworthy Memorial Hall
Tuesdays
5.30pm & 7.00pm
Thursdays
9.00am & 10.30am



   slimmingworld.co.uk

The next edition
of Pyworthy Post
goes off to print

on:

**Thursday 25th
June at 9am.**

Please email your
news as early as
possible.

Thank you.

View Pyworthy
Post online in
colour. Search:

[http://www.bit.ly
/post/py](http://www.bit.ly/post/py)

No Dog Fouling



Bag it - Bin it

More Useful Contact numbers:

 Holsworthy Food Bank: 
Tel: 01271 377077.

Holsworthy Community Fridge:
email:

mtrudgill@dmatschools.org.uk

Samaritans: Tel: 116 123

Age UK: Tel: 0800 055 6112



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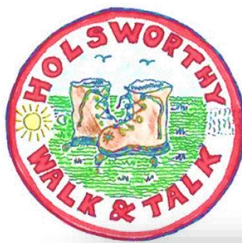


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Holsworthy Walk & Talk Group

By Gill Aston



Why not scan our QR code? This will take you to our website.



Last month provided a variety of venues and terrain for our walks. Our annual Meldon Bluebell Walk started from Meldon Reservoir car park and headed out through a variety of historic industrial landscapes, including the remains of copper mines and limestone quarrying and smelting. The Victorian viaduct which now forms part of the Granite Way dominates the skyline. The footpath then runs alongside the very busy A30 and the West Okement River before



Roadford Lake - May 2026

before entering woodland, which was carpeted with bluebells. The sunshine helped to enhance the aromas of the bluebells and a conveniently placed fallen tree gave us the ideal location for a photo shoot. (the photo is on the front cover).

Later in the month both Level 2 and Level 3 walkers met at Torrington Commons. On checking the route prior to the walk we found that our usual Level 3 route was impeded near the Rolle Canal by a group of ash trees which had been fenced off for safety reasons. The ash trees had become dangerous due to Ash Dieback, a fungus, originally named *chalara fraxinae* but has subsequently been renamed several times. This fungus initially causes the

leaves to die off and then kills the crown of the trees which then 'die back' causing the brittle branches to fall. Our alternative route took us in a southerly direction along the Tarka Trail alongside the River Torridge. It was an 'out and back' route, which we usually try to avoid, but as this was new territory for most people, it all worked out. Our Level 2 group walked in a northerly direction a short way to view the weir on the River Torridge. We only spotted a grey heron but frequently you can see egrets and kingfishers. Our Level 3 walkers also visited Roadford Lake last month and were able to take advantage of more 'off road' routes through the forestry. It's always good to get away from road walking and the associated traffic noise,

continued on page 45..

Holworthy Walk & Talk group report continued from page 44....

which tends to get us wondering about the differing bird song we can hear and frequently not see the songsters. The water levels in both Roadford Lake and Meldon Reservoir were 93% at the time of our visits.

If you would like to join us on any of our walks to visit local places, meet new people and enjoy the benefits of walking our current programme of walks is available. Walks start at 10.30 and are **FREE**. Membership forms are available from our Volunteer Walk Leaders prior to the start of the walk. Our website has lots of up-to-date information, together with our current programme of walks, with the details below.

Our JUNE Programme of walks:

WALKING



Level 2 & 3 walks are every Friday at 10.30am.

All these walks aim to be completed in about 90 minutes.

JUNE Walks: Walk starting points as indicated below:

Friday 5th June – Level 2: Roadford Lake, starting at Roadford Free car park. Leaders: Mike & Paul. EX20 4QT

Level 3: Sheepwash, starting at the Village Square. Leaders: Jan & Jacqui. EX21 5NE.

Friday 12th June – Level 2: Lower Tamar Lake. Starting at Lower Tamar car park. Leaders: Jacqui & Barbara. EX22 7LB.

Level 3: Chilsworthy, starting at the Parish Hall car park. Leaders: Paul & Sue. EX22 7BB.

Friday 19th June - Level 2: Rydon Lane, starting at Holworthy Museum car park. Leaders: Gill & Mike. EX22 6DJ.

Level 3: - Bude/Efford Down, starting at Bude TIC car park. Leaders: Michael & Cheryl. EX23 8LE.

Friday 26th June - Level 2: Halwill Junction, starting at Parish Hall car park. Leaders: Eric & Paul. EX21 5XW.

Level 3: Halwill Junction, starting at Parish Hall car park. Leaders: Kim & Barbara. EX21 5XW.

Holworthy Walk & Talk Group contact details:

Our website has lots of up-to-date information, together with our current programme of walks, details below:

holworthywalkandtalk@gmail.com
<http://holworthywalkandtalk.co.uk>

Phone numbers:

Gillian Aston 07854677784 or
Mike Jackson 01409 261196 or
Paul Davies 07731 626594.

Trivia

When does a Sardine become a Pilchard?

When 6" in length.

What date is every horse's birthday?

1st January.

When does a lamb become a sheep/mutton?

1yr of age.

Dates for your diary are on page 58 this month.

JUNE ANNIVERSARIES:

70th Anniversary, 3rd June 1956 – British Rail renamed its Third-Class service as Second Class. Second Class had been abolished in 1875, leaving First Class and Third Class. Second Class was renamed Standard Class in 1987.

78th Anniversary, 22nd June 1948 - the anniversary of the HMT Empire Windrush arriving at Tilbury Docks, marking the beginning of the post-war Caribbean migration wave to the UK.

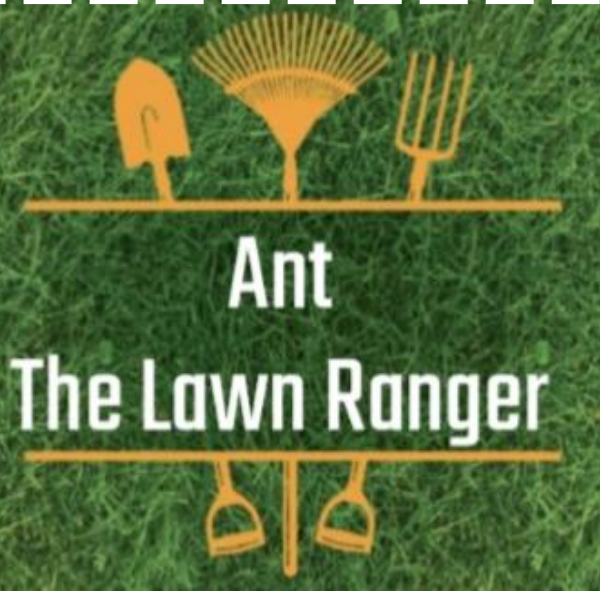
80th Anniversary, 17th June 1946 – The first mobile phone service in the USA was inaugurated in St. Louis, Missouri. SW Bell's service used radio telephones installed in cars, allowing them to connect to the landline network. The equipment weighed around 80 pounds (36 kg).

82nd Anniversary, 6th June 1944
World War II: Operation Overlord, the largest amphibious military operation in history, began with Allied troops landing on the beaches of Normandy in France.

175th Anniversary, 2nd June 1851 - Victoria and Albert Bridges at Datchet over the Thames opened (Thomas Page, engineer).

300th Anniversary, 20th June 1726 – the first significant step towards a publicly managed fire service in England, where the council formally appointed and paid men to operate and maintain fire equipment, is opened in Beverley, Yorkshire.

1233rd Anniversary, 8th June 793 - the first Viking raid on Lindisfarne.



For grass cutting & garden maintenance call:

Antony Jarvis

Mobile: 07990016467

Email:

antony2191@googlemail.com

Update from our local hedgehog family



Hi Humans!

Yep! We've all been out doing our very best to fight the battle against slugs and nasties for your newly planted borders etc. Been a little brisk on occasion, which has made the bristles stand up! Just on the off chance that you happen to come across one of the tribe in the daytime, please keep the individual warm, dry and quiet with fresh water available and a ration of dog/cat food alongside. Then release young "spiny" back again in the evening.
Harry & Henrietta.

Save your stamps - see page 51.

John Sanders Park Trust

Lottery 2026

Lottery tickets for the Park Trust lottery 2026 are now on sale. If you would like to buy a lottery number, please **contact Jane Oliver on 07500 834620** and make a BACS payment of £10 to the Park Trust bank account adding your name as the reference. Our trustees will also be selling numbers as usual. The first draw will take place soon. There are ten draws throughout the year each with prizes of £30, £20 and £10, so lots of chances to win.

All profits go towards the upkeep and costs of Pyworthy Park.

Richard Thompson, secretary for the John Sanders Park Trust.

HOW TO BUY A £10 LOTTERY TICKET:

BACS Information:

If you wish to buy a draw ticket and wish to pay by BACS please do so, our Bank account details are below:

Barclays Bank Trustees Sanders Trust Pyworthy Playing Fields
Sort Code 20-04-59 Account number 10770388



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Creative Craft Club

The afternoon craft club takes place in Pyworthy Village Hall on the 2nd & 4th Thursday of each month, at 2.30pm until 4.30pm.

A donation of just £2 towards the hall is all it costs!

Come along and join us, just bring your own craft project to do, & see what others are doing. Plenty of help available, if you have a problem with your craft project.

Phone Marie on:
01409 254924

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Coming to the Village Hall on
TUESDAY 16th JUNE!

REMINDER - Potters Fish 'n' Things

By popular request, Potters have agreed to set up shop in the Village Hall Car Park, **4.30pm-7.00pm** every 3rd TUESDAY of each month, for the foreseeable future.

To pre order, head to their website:

www.pottersfishnthings.co.uk

OR alternately just turn up on the night.



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food
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Decorating & Property Maintenance Julian Lapham 07765626069
Driving Tuition Evelyn Sharman 01409 259848/07885352082
Double Glazing M.A.G. Double Glazing Repairs 07969 234161
Electrical Contractors..... Algo Electrical Contractors01409 254595
Electrical Contractor Mike Daniel 01288 381342/07977 596772
Estate Agents Kivells 01409 253888
Fruit, Veg, Flowers & more Trigon Farm, Derriton – Al, 07988484069
Funeral Directors Arthur W. Bryant Funeral Service 01409 253000
Funeral ServicesDenise Wellington Funeral Services 01288 359277
Foot Care Kate Lord: 07557379099 Email: katescompletfeet1@gmail.com
General Builder James Mansell - General Builder 07896945889
Grass cutting & garden maintenance Antony Jarvis, 07990016467
Gun Club (Airgun) West Devon Airgun Club, Nigel Palmer: 07488339351
Heating Engineer Greg 01409 478198
British Hedgehog Preservation Society.....Bob Gelder, 01409-253791
Herbalist Diana Lee, Registered Medical Herbalist 01409 254450
Holiday Accommodation ... 01288 381272 email: jay@glebehousecottages.co.uk
Holsworthy Private Dental Care 01409 255525
Holsworthy Golf Club.....01409 253177
Holsworthy Library 01409 253514
Holsworthy Medical Centre 01409 253692 **District nurses** 01409 255134
Holsworthy Post office & Sorting Office 01409 253608/01409 253236
Holsworthy Rural Community Transport team ... 01409 259001
Holsworthy Walk & Talk Group ...Gill Aston 07854677784
John Sanders Park Trust Jane Oliver on 07500 834620
Line Dancing Group Brenda Martin 01409 253015
MOT & Garage Services ...Pyworthy MOT Ltd, Simon Martin 01409 254275
National Grid (report a problem line) National Grid is on 0800 032 0311
Oil Fired boilers & tanks/service & installations Greg 01409 478198
Police Non-urgent phone calls 101/email devon-cornwall.police.uk
Pyworthy Village Hall Bookings: Marie Heard 01409 254924
Organic Farm, Trigon Farm selling fruit & veg etc phone Al on 07988484069
Renewable Energy/replacement windows Renew SW Ltd, 01409 253533
Round Baling Stan Hopper 01409 253412
Stove SupplierCBL Stoves, call Carl on 01288381852 www.cblstoves.co.uk
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Torrige District Council www.torrige.gov.uk 01237 428700

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Mobile: 07534 804101

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Tower Computer Systems for OAPs in Need!

I have a small quantity of refurbished tower computers with Windows 11 installed. I will gift these to OAP's experiencing financial difficulties free of charge (this offer does not include keyboard, mouse or monitors).

The conditions are primarily that they should be sponsored, and if delivering, installing and transferring data a small charge will be made to cover basic costs.

Phone Brian Meadows:

Tel: 01288 381061.

Save Your Used Stamps for the Hedgehogs!



British Hedgehog Preservation Society

Macmillan no longer sells used stamps, but Bob has found another very worthwhile charity, who can make use of our stamps.

Please Save your used Postage Stamps!

Used National & International stamps can be recycled.

They will be used to generate income for the

British Hedgehog Preservation Society.

Simply pop stamps into an envelope

and drop off at:

**9 Shortlands, Pyworthy or
Sunnymead, Pyworthy.**

Thank you!



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PYWORTHY PARISH COUNCIL

Here are the contact telephone numbers for our Parish

Councillors:

Ros Skinner: Chair

01409 254159 or 07800667842

Andrew Parrish: Vice Chair

01409 254303

Nick Lock: 01288 381529

or 07989595372

Rob Moores: 01409 254192

Angela Skinner: 07794 344117

Martin Brennan: 01409 691096

Andrew Beaven: 01409 253509

(after 7pm).

For general enquires phone:

Simon Davies, Clerk to the council on: 07989747416.

Email address:

pyworthy@yahoo.co.uk

Due to unavoidable circumstances, the next meeting has been rescheduled to
THURSDAY 4th JUNE at 7.30pm
in the Village Hall.

Pyworthy Village Hall

SPRING CLEANING



Brenda is looking for a team of enthusiastic volunteers to help her clean the inside of our village hall. A very worthwhile cause.

Refreshments will be provided.

Contact Brenda: 07779695433

Saturday

6th June

Starting at 10am.

**JUNE
2026**



Nature Notes

By Bryony Rylett

“Because a community is more than just people”

This month’s Nature Notes, is the first in a two-part series travelling back in time, some 400 million years, to the Devonian Period and forward, through millenia, to the Victorian ‘Age Of Empire’ before arriving in the present day ‘Pyworthy Period’.

As well as time-travelling, Nature Notes will journey around the world, from the Hawaiian Islands of Kauai and Oahu, to Australia and New Zealand and back, via the U.K’s Temperate Rainforests, to much-loved, public and private gardens.

We are sharing our world with descendants of some of the earliest plants to appear on Earth; plants, such as **Polypodiopsida**, ferns and fern allies, food of the giant lizards of the Jurassic Period (201 to 145 million years ago) including herds of long-necked, small-brained and vegetarian Diplodocus.

Diplodocus, weighing over 10 metric tonnes, had to graze continually to survive, consuming upwards of 500 kg of plants a day. They used their 42, narrow teeth to strip leaves from ferns

Email address: pyworthy@post.com Telephone number: 01409 478294 Page 54

and trees and were able to replace a worn tooth every 35 days.

Ferns are classed as Polypodiopsida: non-flowering, herbaceous, vascular plants with roots, stems and leaves that reproduce by spores. The scientific classification of ferns has four subclasses, including Equisetidae (Horsetails) and Ophioglossidae (Adder’s Tongues) 11 orders and 48 families.

Over 10,000 ferns have been identified worldwide, with tropical Costa Rica having 900 recorded species, twice the number found in the United States, with many growing as **epiphytes**, on or being supported by another plant.



Above: The frond of a Male Fern



Continued on page 55....

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Thirty eight ferns are found commonly in the U.K. many of which flourish in Temperate Rainforests, otherwise known as Atlantic Rainforests or Celtic Woodlands, so named as the majority exist beside or near Atlantic-facing west coasts.

Science and conservation bodies have only recently acknowledged the importance of temperate rainforests as these habitats, defined as damp and humid woodland influenced by sea air and high rainfall, supporting ancient plants, including ferns, mosses, lichens and liverworts, some found nowhere else.

Projects are underway by conservation bodies such as the Devon Wildlife Trust to preserve and increase land covered by these precious woodlands that are examples of **heterogeneous** habitats due to the diversity of plants supported.

Pyworthy and surrounding parishes host parcels of damp and humid woodland where ferns, lichens and bryophytes (mosses, liverworts and hornworts) flourish in low, dappled light, carpet the floor and grow on the trunks and branches of trees in scenes reminiscent of the Jurassic Park films.

Ferns are living fossils; they existed 250 million years before flowering plants. Today's ferns, evolved from pre-historic species, have only existed for some 70 million years.

During the Carboniferous period (325 million years ago) decaying plant material, mainly from vascular plants, was laid down creating the world's major coal seams.

Ferns, unlike other plants, don't produce seeds, instead they release spores.

Look at the underside of the green fronds of a fern and you should be able to see tiny, brown, circular structures called **Sori**.

Sori contains **sporangia** that produce minute spores that disperse in the air and on landing, in a suitable spot, start to grow into small, green, heart-shaped plants, called **gametophytes** containing both male and female structures enabling reproduction to occur.

If conditions are right gametophytes can travel through water to meet an egg in the same or another gametophyte and from this a recognisable fern grows from the female part which then dies.

This life cycle has evolved over millions of years and boosts the chances of successful reproduction as the male and female parts are close together.

Fern fronds are triangular in shape with a central stem. Leaflets grow on each side of the stem. Ferns can be grouped according to how these fronds divide, once, twice or not at all.

Dividing once are: **Maidenhair Spleenwort** (*Asplenium trichomanes*), tiny delicate ferns often found growing on old walls and **Hart's Tongue Fern** (*Asplenium scolopendrium* - meaning centipede) identified by its shiny and smooth leaves; also found on walls, on earth banks and in hedges.

Dividing twice are **Lady Ferns** (*Athyrium filix-femina*). These grow to one metre in height and have shuttlecock shaped fronds sprouting from a single **continued on page 56..**

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point in the ground. As they grow the fronds splay outwards. They are most often found alongside streams and in wet places.

This group also includes the **Male Fern** (*Dryopteris filix-mas* - meaning feather in Greek) a deciduous fern with lance-like, bright green fronds growing up to 1.5m tall.

Male Ferns are hardy and can cope with dry weather, direct sunlight or shade. They form clumps and are often seen in hedges.

A familiar characteristic of many ferns are the tightly furled emerging fronds known as **crozier**, so called for their resemblance to the hooked staff, of the same name, carried by bishops. Alternate names include shepherd's crooks and fiddle heads.



Left: Young Polystichum showing croziers

Bracken (*Pteridium aquilinum*) is Britain's most common fern. It is a tough, long-lived fern spreading up to 2.5m. Its long fronds are made up of a woody central stem from which many small leaves sprout.

Bracken is principally a plant of heaths and moorland. It dies back in winter when its fronds turn russet brown.

Our ancestors had many uses for bracken. Today some consider it to be a nuisance due to its vigorous spread, via its vast network of rhizomes (underground, spreading stems), creating sterile, mono-cultures and for its resistance to eradication in places where it is not wanted.

Bracken was originally a woodland plant but it has had to adapt due to the clearance of forests and woods that limited its growth. Woodland shade, competition for space and nutrients previously kept it in check.

Harvesting bracken also limited its spread. Our ancestors used it as animal bedding, to protect over wintering crops, as packaging, for thatching and flooring and to produce potash for the glass manufacture.

In the past the presence of bracken was considered an indicator of good quality soil, particularly in upland areas, giving rise to the saying: "Where there's bracken, there's gold."

A photo of young bracken can be found on page 57.

Some research has identified that bracken spores could be carcinogenic and while bracken is a valuable habitat for birds and insects, in particular the Fritillary Butterfly, it also harbours ticks, parasitic arachnids, some of which carry Lyme Disease a bacterial **continued on page 57..**

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Left: Young Bracken on a roadside hedgebank

harmful to humans.

Other research is looking into growing bracken as a commercial crop to be used as bracken briquettes and a fuel for anaerobic digestion plants. Bracken may also help with carbon sequestration.

To protect its young, tender fronds from browsing animals, Bracken can release poisonous Hydrogen Cyanide.

In folklore anyone obtaining a fern 'seed' and keeping it about their person on the Eve of St. John The Baptist's Feast Day, June 24th, could gain invisibility.

Some witches distrusted and avoided Bracken as cutting the stem revealed the Greek letter X, a symbol of Christ.

In Ireland it was known as the fern of

God as it was said that when the fibrous stem was cut at three points, each point displayed a letter spelling the word GOD. The Scots believed the plant left an impression of the Devil's foot.

Next month Nature Notes explores more ferns and related plants, including those in art, literature, film and gardening.

Feeding Wild Birds

Seasonal advice on how to feed our local birds, can be found by visiting the RSPB website for more detailed information.

Website: rspb.org.uk.



A Father's Day poem by an anonymous poet



Simply Being You

*For listening and caring,
For giving and sharing,
For understanding, too...
For always being there,
When I needed you.*

*Thank you, Dad,
For just being you!*



The paper will go to print on:
Thursday the 25th June! Please
make sure your input is received
before this date, thanks.

Diary dates this month:

(Dates & events were correct at the time of printing)

Holsworthy Walk & Talk group enjoy a walk every Friday, see their programme on pages 44 & 45. Also, members take a short walk in Stanhope Park on Mondays.

Thursday 4th June – Pyworthy Parish Council meeting in the Village Hall, starting at 7.30pm.

Thursday 4th June – Saturday 6th June – Royal Cornwall Show at Wadebridge.

Friday 5th June - World Environment Day

Saturday 6th June – Spring cleaning morning at the Village Hall starting at 10am.

Saturday 6th June – Farmers Market in Launceston Town Square 10am -2pm.

Sunday 7th June – Beach clean at Crooklets beach, Bude 10am – 11.30am.

Sunday 7th June – Open Farm Sunday, more information of page 32.

Monday 8th June – Evelyn's Walks group will set off from Tetcott Village Hall at 10am. New members are welcome.

Wednesday 10th June – Pyworthy Village Hall meeting, starting at 7.30pm.

Thursday 11th June – Holsworthy History Society presents a talk on Nelson Mandela in the Manor Suite of the Holsworthy Memorial Hall, starting at 7pm.

Saturday & Sunday 13th and 14th June – Pyworthy country Show, more details on page 2.

Friday 19th June – Men's FIFA World cup

Saturday 20th June – Summer Solstice Feast at Trigon Farm. See website for information. Longest day of the year.

Saturday 20th June – King's official birthday & Trooping of the Colour in London.

Sunday 21st June – Father's Day

Sunday 21st June – West Devon Airgun competition, day event at Hopworthy.

Sunday 21st June – Flower Arranging Workshop at Trigon Farm. See website for information.

Check the: [wherewecanwego](#) website, for the dates and details of open gardens to visit in the area. There are quite a few gardens which are open to the public in June.

Forthcoming Events in 2026:

Saturday 4th July – Children's Craft Session in the Village Hall.

Sunday 5th July - An afternoon with ALL@C UKULELE BAND in the Village Hall.

Saturday & Sunday 18th & 19th July - St Swithun's Church Patronal Festival.

Saturday 25th July – Mid Devon Show at Tiverton

Thursday 6th August – North Devon Show at Umberleigh.

Thursday 13th August – Okehampton Show

Thursday 27th August – Holsworthy & Stratton Show

Saturday 24th October – Children's Halloween Craft Session in the Village Hall.

Saturday 21st November – Children's Christmas Craft Session in the Village Hall.

Saturday 5th December - NOT THE COWBOYS, will be entertaining in the Hall.

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Take part this summer

in the Scarecrow Trail



Pyworthy Village Hall are organising a Parish Scarecrow Trail to run from 22nd August until 5th September 2026.

We would love to see scarecrows taking residence in Pyworthy, Derril and Derriton.

Please email angelaskinner27@hotmail.co.uk by 31st July with your name and address if you would like to take part, so that a route can be planned through the Parish.

Alternatively, drop a note into Pennikwik, Derriton Road, Pyworthy with your details.

N.B. Your name will remain confidential and not publicised.



The Village Show will be held on Saturday the 5th September.

Village Show programmes will go on sale on the 1st July!

Scarecrow Entry Form

Drop into Pennikwik,
Derriton Road, Pyworthy.

Closing date – 31st July 2026.

I/we would like to enter to Scarecrow Trail this summer.

Please print name:

.....

Address:

.....

.....

Your Local
Team



“ Kivells have served Holsworthy, the surrounding area and its community since 1885 and we are passionate about property. We know our local areas intimately and our dedicated staff strive to offer the best customer service in the industry.



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Valuer



Mark Kivell
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MNAEA
Director



William Braunton
Sales Negotiator



Enya Garrett
Property Secretary

