



AUTHOR BIO

Karen Owen-Lee, M.S.

THE SENIOR CARE EXPERT

Karen Owen-Lee caught her desire to work with seniors from her mother, a professor who started the first accredited major of Gerontology (the study of aging) in Pennsylvania. Karen went on to complete her Masters in Gerontology. She and her mother traveled internationally to observe how other cultures respect, and care for their elders. In 1980, they attended the International Gerontological Conference in Tokyo, Japan, meeting professionals in the field from all over the world.

Karen moved to Colorado in 1981 to work with seniors in 40 retirement communities in 5 states. From there, she founded four companies before starting Housing Options for Seniors, a company that placed thousands of seniors in over 300 assisted living and memory care communities. She was the founder of Colorado Real Estate Lady for Seniors and Creative Results, a marketing firm for senior-related businesses, a store for senior supplies and a real estate agent for seniors and their designated executor.

In Karen's 30-year career, she has become one of the best-known Senior Specialists in the country. Her keynote speeches to Fortune 500 companies are serious topics on aging presented with a light-hearted approach. Attendees with aging parents have been overwhelmingly enthusiastic about her practical approaches.

Karen has appeared on Colorado & Company on KUSA in Denver and has had articles on senior issues published in newspapers including The Denver Post, L.A. Daily Times, The Inland Valley Daily Bulletin in Ontario, Canada, and the Sterling Journal-Advocate in Sterling, Colorado.

Karen's first book, *The Caring Code: What Boomers Need to Know About Seniors*, has received a Five Star rating on Amazon e-books. It is a systematic guide for baby boomer children with aging loved ones. Karen's latest book is *Caregiving While Keeping Your Job*, a guide for working families with an aging loved one in declining health.



KarenOwenLee.com

Visit Karen's website for information, Blog, links and other helpful resources.

