

FRIDAY

8:15-9:30 Dr. Guy Hornsby & Dr. Andrew Layne

"The Days Go Slow, the Years Go Fast: 20 Years of Sport Science at ETSU"

9:30-10:30 Dr. Michael Stone

"Statistics and Sport Science: Are We To Dependent? An Opinion"

10:45-12 Dr. Jacob Goodin

"Embedded Sport Science: Building an Athlete Monitoring Program from the Ground Up-Lessons after Seven Years"

1:30-3 Dr. Kyle Pierce, Dr. Satoshi Miziguchi, & Leo Totten

"Lessons From the Weightlifting World"

3:15-4:15 Howard Gray

"Careers in performance: 2025 and beyond"

4:15-5:15 Shana McKeever

"Considerations for Training the Female Athlete"

Saturday

8:15-9:30

Dr. Michael Stone &

Students

"2025 Research Studies"

Dr. Marco Duca & Students

"2025 Research Studies"

9:45-11 Dr. Tim Suchomel "Developing and training task-specific

muscular strength: Theory and application

11-12:15 Dr. Hugh Lamont

"Utilizing PAP/PAPE Methods with Athletes, the How, the What, the Why"

1:15-2:30 Dr. Robert Sausaman

"Preparing for a Career in High Performance Sport"

2:30-3:30 Dr. Nick Goode

"Building a Sport Science Monitoring System

ETSU is an Equal Opportunity Educational Institution/Employer. ETSU-MQ