

**MISSIONARY  
DISCIPLE-  
MAKERS  
DEVOTION**



**DNA GROUP  
STARTER GUIDE 1**

# 6 TRAITS OF A HEALTHY DISCIPLE

**SACRIFICE**

01 DEVOTION: CONSTANTLY CULTIVATING A HEART THAT PURSUES GOD ABOVE ALL ELSE

02 STUDY: THE ABILITY TO PERCEIVE THE INTENDED MEANING OF GOD'S VIEWPOINT THROUGH HIS WORD

**COMMIT**

03 ACTION: USING WHO WE ARE AND WHAT WE HAVE TO PROACTIVELY MEET THE NEEDS OF OTHERS

04 COMMUNICATION: THE ABILITY TO PROFESS THE HOPE OF THE GOSPEL IN AN UNDERSTANDABLE WAY

**LOVE**

05 LOVE: BEING AUTHENTIC IN WHO WE ARE SO THOSE AROUND US MAY SEE THE LOVE OF CHRIST THROUGH OUR EFFORTS, INTENTIONS AND ACTIONS TOWARD ONE ANOTHER

06 COMMUNITY: PARTNERING IN AUTHENTIC RELATIONSHIPS TO FULFILL GOD'S PURPOSES

## Discipleship is more than meeting for coffee

"And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

**Matthew 28:18-20**

Jesus is a Rabbi, a teacher who trained his first disciples to be just like Him. He left us an example, inviting us to follow Him, but also to follow other disciples who are further along in their training with Rabbi Jesus.

### Missionary Disciple-Makers

A DNA Group is a small group of two or three believers of the same gender who commit to meet up to:

- **Discover:** *Hear* from God's Word and *Obey* what you have learned
- **Nurture:** *Repent* of sin and *Believe* the gospel together
- **Act:** *Consider* opportunities we have to share Christ and *Pray* by name for lost people

Our hope is that this group will help you and your group begin measuring depth by obedience, rather than simply knowledge.

This booklet is a guide for discussions on the Bible to grow in the 6 Traits of a Healthy Disciple. If you meet every other week, each booklet will take you 2 months. At that pace, you can complete the 6 Traits in one year. At the end, each group member will be ready to lead someone else through the 6 Traits. This is how we become **disciple-making disciples**.

As we follow our Rabbi Jesus together:

- I want my life to look like Jesus
- I want to learn and obey the Word of God
- I want to pass this on to someone else

We commit to:

- Meet regularly to study the Word together
- Spend time together in our daily lives
- Intentionally check in with each other
- Complete this booklet

My DNA Group Members:

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My Signature:

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Our first meeting will be: \_\_\_\_\_

# COMMITMENT

DATE \_\_\_\_\_

LOCATION \_\_\_\_\_

# DEVOTION

## **PURSUING GOD ABOVE ALL ELSE** **MATTHEW 16:24-28**

Catch up with each other

Pray that God would reveal Himself in this time and in His Word

### **DISCOVER** Hear from God's Word and Obey what you've learned

Read the passage out loud together

- *Observe*: What does the passage say?
- *Interpret*: What did this mean to the original hearers?
- *Apply*: What does this mean for us in our community today?

### **NURTURE** Repent of sin and Believe the gospel together

What are some ways you fell short of living out this passage or God's standard this week?

Remind each other of the truth of the gospel. "Therefore, confess your sins to one another and pray for one another, that you may be healed." James 5:16

### **ACT** Consider opportunities to share Christ and Pray by name for lost people

Act Step: What is one thing I can do this week to obey God from this passage?

**I'M PRAYING FOR** \_\_\_\_\_ **TO KNOW JESUS**

Anything else you want to share or pray for?

Pray for each other and your lost friends

**OUR NEXT MEETING DATE** \_\_\_\_\_

DATE \_\_\_\_\_

LOCATION \_\_\_\_\_

# DEVOTION

**HOW TO PRAY**  
**LUKE 11:1-13**

Catch up with each other and your **Act** step from last week  
Pray that God would reveal Himself in this time and in His Word

**DISCOVER** Hear from God's Word and **Obey** what you've learned  
Read the passage out loud together

- *Observe:* What does the passage say?
- *Interpret:* What did this mean to the original hearers?
- *Apply:* What does this mean for us in our community today?

**NURTURE** Repent of sin and **Believe** the gospel together  
What are some ways you fell short of living out this passage or God's standard this week?

Remind each other of the truth of the gospel. "Therefore, confess your sins to one another and pray for one another, that you may be healed." James 5:16

**ACT** Consider opportunities to share Christ and **Pray** by name for lost people  
Act Step: What is one thing I can do this week to obey God from this passage?

**I'M PRAYING FOR** \_\_\_\_\_ **TO KNOW JESUS**

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**OUR NEXT MEETING DATE** \_\_\_\_\_

# DEVOTION

**FURTHER READING**  
**JEREMIAH 17:5-18**

\_\_\_\_\_ **DATE**

\_\_\_\_\_ **LOCATION**

## **OUR AFFECTIONS AND DESIRES**

**PSALM 63:1-8**

Catch up with each other and your **Act** step from last week

Pray that God would reveal Himself in this time and in His Word

**DISCOVER** Hear from God's Word and Obey what you've learned

Read the passage out loud together

- *Observe*: What does the passage say?
- *Interpret*: What did this mean to the original hearers?
- *Apply*: What does this mean for us in our community today?

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Act Step: What is one thing I can do this week to obey God from this passage?

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**OUR NEXT MEETING DATE** \_\_\_\_\_

## LIFE OF WORSHIP

### ROMANS 12:1-2

DATE \_\_\_\_\_

LOCATION \_\_\_\_\_

Catch up with each other and your **Act** step from last week  
Pray that God would reveal Himself in this time and in His Word

**DISCOVER** Hear from God's Word and **Obey** what you've learned  
Read the passage out loud together

- *Observe*: What does the passage say?
- *Interpret*: What did this mean to the original hearers?
- *Apply*: What does this mean for us in our community today?

**NURTURE** Repent of sin and **Believe** the gospel together  
What are some ways you fell short of living out this passage or God's standard this week?

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**ACT** Consider opportunities to share Christ and **Pray** by name for lost people  
Act Step: What is one thing I can do this week to obey God from this passage?

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Anything else you want to share or pray for?  
Pray for each other and your lost friends

**OUR NEXT MEETING DATE**

\_\_\_\_\_

# DEVOTION

# CONGRATS!

Your DNA group finished Devotion, the first Trait of a Healthy Disciple! Decide with your group if you'll continue on to the next book.

## *WHAT'S NEXT?*

- Study: Perceiving the meaning of God's Word
- Action: Meeting needs
- Communication: Speaking the gospel
- Love: Seeking authentic relationships
- Community: Partnering to fulfill God's purposes