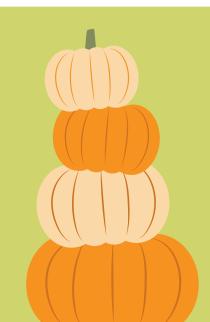


October Focus: health and wellness literacy

- read and interpret simple nutrition labels
- create a healthy meal plan with a grocery list
- practice recognizing keywords on medicine bottles or first aid instruction
- wear your bloom shirt



## 2025

Weekly Theme	Monday	Tuesday	Wednesday
spirit week	6 crazy hair bowling, nutrition	7 superhero day cleaning, FBWC	8 neon day dance party, Moxie Burger celebrate Warren's Birthday
fall fun	music therapy, Roswell Mill	Champion Kids, nutrition	Trader Joe's, SHINE workout Parker's Birthday
pumpkins	20 Gather & Bloom	21 pumpkin patch,	bowling,

pumpkins	Gather & Bloom SHINE workout	pumpkin patch karaoke
	27	28
Halloween	games, Spirit Halloween Store	Champion Kids cleaning,

28	
Champion Kids,	
cleaning,	
centers	

29 Walmart, music, art

art

bowling, Halloween centers David's Birthday

**Thursday** 

sports day

Dupree Park,

nutrition

Emma's Birthday

**Burnt Hickory** 

Church

library,

music, dance

party

16

23

31 Halloween centers. Trunk-or-Treat Nich's Birthday

Friday

17

24

Life Skills Focus

pj day 10 read and Kroger, art interpret simple nutrition labels

> create a healthy bowling, meal plan with a cooking grocery list

practice GiGi's recognizing Playhouse, keywords on karaoke medicine bottles

> practice recognizing keywords on first aid kit

confidence 36 creativity 36 community