



JULY 2026

Our Mission at Vista de la Montaña United Methodist Church

To make disciples of Jesus Christ for the transformation of the world, and to reach out to others, help them, welcome them into our family of faith as we gather for worship, fellowship, education, and service.



Happy July!!!

Fellowship Focus - July 2026

On Vacation – will return in August!

Random Acts of Kindness You Can Do Every Day

by Sharon Scanlan

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." — Galatians 5:22–23

Recently a SaddleBrooke resident published an article entitled "Greasing the Wheels of Civility" in the SaddleBrooke monthly newspaper. I couldn't agree more and his excellent article sparked my interest in what each of us can do every day. In our recent study of Adam Hamilton's book, "The Holy Spirit", he discusses the same idea in the last chapter.

Kindness doesn't require grand gestures. It lives in the everyday moments we so easily overlook. These are some of my ideas – what are yours?

My mother always said that "saying thank you is free" – thank anyone who does something nice for you.

- Keep thank you notes on hand to send to someone who has done something nice for you.
- Keep Thinking of You cards on hand to send to someone having a hard time or who is lonely.
- Thank the grocery store clerk, other servers and volunteers that you encounter.
- When you are in the checkout line, if someone behind you has just a few items and you have many, let them go ahead of you.
- Thank the patrol in your neighborhood for their support.
- On your morning walk, greet everyone you meet – including their dogs.
- Donate your books and magazines to your local libraries.
- Donate clothes that you don't need to Impact for the free closet they provide for residents who need the clothes.
- Share your leftovers with those who are alone and may not cook. (Some of us have been bringing individual servings of leftovers on Sundays to give to some very grateful widows and widowers who are alone.)
- Be respectful of walkers and bicyclists when you drive in your neighborhood.
- Hold the door open for someone who is behind you.
- If you see someone in the grocery store parking lot who is struggling to empty their cart, help them – and return the cart for them.
- When you disagree, have respect for the other person's opinion.



*Be a part of the
lifesaving cause.*

redcrossblood.org | 1-800-RED CROSS



**American
Red Cross**

Community of Giving



**American
Red Cross**

Blood Drive

**Vista de la Montaña United
Methodist Church**

Elizabeth Room
3001 E Miravista Ln
Tucson, AZ 85739

**Friday, July 10, 2026
9:00 a.m. to 1:00 p.m.**

To make an appointment,
scan this QR code.



OPPORTUNITIES TO CONNECT, SERVE & SUPPORT

Communion Servers: If you are interested in being part of this ministry, please contact Linda Galka lindagalka65@gmail.com or speak with me at church and I will add you to the list. We need two servers the first Sunday of each month to serve bread and juice alongside Pastor Mary and the Liturgist. All elements are gluten free! No advance training is required!

Landscaping

The Landscaping crew are now meeting on Thursdays at 7:00 instead of 8:00, due to the increase in temperatures. The guys are always seeking others to join them, and sometimes there are even donuts provided for those who show up, such a deal!

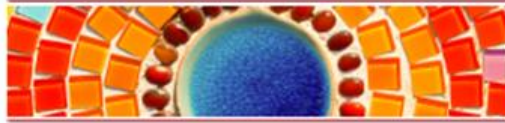
Complimentary Prayer Beads are available in the Narthex and in the Library.

Upper Room booklets are available in the Narthex and the church office for \$2.00 each or online at upperroom.org. It is free to sign up for a daily devotional email.

A wheelchair is available during services in the Narthex.

JULY CALENDAR

Wednesday 07.01.26	10:00am	Adult Ed – Disciples & Other Sinners
Wednesday 07.01.26	1:00pm	Choir Practice
Thursday 07.02.26	7:00am	Landscaping
Friday 07.03.26	10:00am	Prayer Beads
Saturday 07.04.26	8:00am	Vista Men
Saturday 07.04.26	10:00am	Chair Yoga
Sunday 07.05.26	10:00am	Worship
Tuesday 07.07.26	1:30pm	SPRC
Tuesday 07.07.26	5:00pm	Trustees
Wednesday 07.08.26	10:00am	Adult Ed – Disciples & Other Sinners
Wednesday 07.08.26	1:00pm	Choir Practice
Thursday 07.09.26	7:00am	Landscaping
Thursday 07.09.26	10:00am	Women's Lectionary
Saturday 07.11.26	10:00am	Chair Yoga
Sunday 07.12.26	10:00am	Worship
Tuesday 07.14.26	8:00am	Breakfast with Pastor Sunnyside Up Café
Wednesday 07.15.26	10:00am	Adult Ed – Disciples & Other Sinners
Wednesday 07.15.26	1:00pm	Choir Practice
Thursday 07.16.26	7:00am	Landscaping
Thursday 07.16.26	1:00pm	Stephen Ministry
Saturday 07.18.26	10:00am	Chair Yoga
Sunday 07.19.26	10:00am	Worship
Tuesday 07.21.26	3:00pm	Council Meeting
Wednesday 07.22.26	1:00pm	Choir Practice
Thursday 07.23.26	7:00am	Landscaping
Saturday 07.25.26	10:00am	Chair Yoga
Sunday 07.26.26	10:00am	Worship
Wednesday 07.29.26	10:00am	Adult Ed – Disciples & Other Sinners
Wednesday 07.29.26	1:00pm	Choir Practice
Thursday 07.30.26	7:00am	Landscaping
Saturday 08.01.26	8:00am	Vista Men
Saturday 08.01.26	10:00am	Chair Yoga
Sunday 08.02.26	10:00am	Worship



Prayers for Healing

Pete Rice, Ben Millard, Eileen Carender,
Dottie Lou Colby,
Margaret Overman, Mary Louise Roberson, Marilyn
Rutkowski, Ed Jensen, Linda Phillips
(Jan Bohe's daughter)

Prayers for our South District Churches

Bishop & Staff of the Desert Southwest Conference,
Staff & Churches of the: East District, North District
and West District

Home Bound

Mary Louise Roberson,
Jerry Browning, Orland Burbey, Jan Crown,
Rev. Alan and Kathy Campbell, Lynn Duenkel,
Jerry Eshelman, Bill Gureck, Marsha Hartz,
Jo Ann Hubbard, Ken and Diane Podlasek,
and Sharon Poole

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Admin@vistaUMC.org

Rev. Mary Dotson, Pastor

Pastor@vistaUMC.org cell:702-786-4985

NOTES FROM THE OFFICE

To ensure adequate time for review and planning, all requests for announcements must be received by the office no later than Tuesday morning.

Please note that all announcements are subject to approval by Pastor Mary.

We appreciate your cooperation in following this process. Announcements received after the Tuesday morning deadline cannot be guaranteed and will not be included.

If you accidentally damage any property, or notice something that has been damaged, please notify the church office or Ken Zebal as soon as possible so that appropriate repairs can be arranged. By working together and reporting issues promptly, we can help keep our campus safe, well-maintained, and looking its best for everyone. Thank you for your cooperation and care of our

✗ facilities. ✗



**VOLUNTEERS ARE
NEEDED TO
OPEN AND CLOSE
OUR FACILITY ON
SUNDAYS**

Please call or email
the office if interested
520.825.1985 or
admin@vistaUMC.org

ADULT EDUCATION

Disciples and Other Sinners - fictional accounts of
New Testament People by Ronn Kerr.

Jim & Linda Galka will present:
Every Wednesday until 07/29 at 10 a.m.
in the Elizabeth Rm.

Each week you will meet someone who knew Jesus;
someone who had a unique connection with Jesus.
The six stories, while fictional, are grounded in gospel
teachings, historical detail, and rich tradition.

Each week stands alone, so join as your schedule
permits. (no book is needed)

Final Update on Agua Prieta

Farewell Fuente de Vida Church:

Thank you Vista members and friends for your generous donation to the AP School Mission Project. We gave Pastor Gela a check for \$4,603 to buy school supplies for this fall and next school year. Pastor Gela was overwhelmed by this gift of Education opportunity and love.

ECHOES EMAIL

Please send all Echoes articles, events and photos to

mamayob@gmail.com

Subject line: ECHOES

THANKS!!!