









ALL AGES, GENDERS & ABILITIES	Hours per program	COST PER PLAYER PER HOUR	Save \$12 with a monthly upgrade	Physical Therapy Class	BASKETBALL TRAINING	EMOTIONAL HEALTH	T-shirt	\$50 PGC COUPON	e-Recruited Discount	BD Fitness Discount
SATURDAY MONTHLY CLINIC	1 time per month for 2 hours	\$25 *Minimum 5 players		X	X	\$3 discount		X	X	X
STUDENT ATHLETE TRAINING PROGRAM	1 hour per week	\$13 for 6-10 players	\$40 per month		X	\$3 discount		X	х	Х
	1 hour per week	\$18 for 5 players	\$60 per month							
	1 hour per week	\$38 for 2-4 players	\$140 per month							
	1 hour per week	\$23 offsite 10+ players								
BASKETBALL FUNDAMENTALS SCHOOL	4 hours per month	\$93 monthly membership *Minimum of 5 players			X	\$3 discount	X	Х	x	Х











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ALL AGES, GENDERS & ABILITIES	Hours per program	COST PER PLAYER PER HOUR	\$10 upgrade for 60 minute class	Physical Therapy Class	BASKETBALL TRAINING	EMOTIONAL HEALTH	T-shirt	\$50 PGC COUPON	e-Recruited Discount	BD Fitness Discount
INTEGRAL BASKETBALL PROGRAM	4 hours per month	\$100 monthly membership *Minimum 5 players		X	X	Assessment included	Х	X	X	X
Move Better, Play Better Class	45 minute class \$10 upgrade option for a 60 minute class	\$40 for 3 member group	optional	<b>X</b>		\$3 discount		X	X	X
		\$30 for 4-6 member group	optional	X						
		\$20 for 7-8 member group	optional	X						
BD FITNESS CLASS	1 hour	\$13 child/youth				\$3 discount		x	х	
		\$18 Adults								