

STEPHANIE PETERSEN



Resilient. Compassionate. Empathetic. Advocate.

Stephanie Petersen, a Sarasota native with a profound passion for serving others, enlisted in the Marine Corps during her first semester of college. She was stationed in Okinawa, Japan and deployed to Afghanistan twice in support of Operation Enduring Freedom. Overcoming severe mental health struggles spanning a decade, marked by multiple hospitalizations, Stephanie found her healing through holistic means and a multidimensional approach. Today, she's a fierce advocate for women veterans, founding Fidelity Wellness to support military women affected by military sexual trauma. Additionally, as a Licensed Massage Therapist and former holistic mental health telehealth provider, Stephanie empowers her community through holistic healing modalities, and through radical self-love.