

When locs are stressed and not maintained well, they dry out, thin, fall out, occupy buildup, acquire odor and massive amounts of dandruff. All the things you are afraid your locs will do if you are unable to understand the loc journey. You just expect them to magically form into locs without doing any maintenance or minimal. Not saying I am sure every person will need to do a ton of work to keep their locs in perfect condition all the time. But from my experience with maintaining them for other people and my own children, in the beginning stages for them to form correctly requires work and patience for sure which does not come easy!

For starter locs, it is safe not to wash them for the first 4-6 weeks or at least until you start to see them locking up. If the buildup or itching gets real, I recommend placing a stocking cap on and letting warm water run on your head and towel drying with the cap on until dry. For those weeks they are in the starting stages, keep them tied up in some cornrow braids, barrel twist or two-strand twist. If they are short to where you cannot braid, twist, barrel, I recommend a stocking cap to keep them in place until you are able to tie them down.

For all locs, it's best to use some type of oil drops 2-3 times per week and daily hydration spray to keep them from drying out and retain the moisture they need to be nourished. After locs are pretty much locked in, keeping them maintained with a locician or shampooing them while showering or otherwise and towel drying helps a lot too! It helps withdraw old products and dandruff so fresh products can be added at the time of retwist and not cause a heavy buildup. Brushing your locs are good, it keeps lint and dandruff low as well!

So again, for the best-looking locs, it is required that you maintain your own routine for the treatment of your locs consistent! Whether it be daily, weekly, monthly or all. Your locs need you to help them stay maintained, they can't do it by themselves! It should not be only for the locician to maintain your locs. If you don't, by the time you get to the locician your locs need to be pulled apart (this really hurts), they're dry, full of lint and dandruff, they stink, and/or your scalp has sores, just not a good look!

Please do the best you can to take care of your crown, or you will find yourself growing all that hair to be bald!